

ARLINGTON COMMISSION ON LONG-TERM CARE RESIDENCES

c/o Agency on Aging, DHS

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MEETING SUMMARY

June 10, 2015

PRESENT: Lisa Moore, George Kelly, Teri Brzenski, Joe Briglia, Cyndy Schneider, Joy Nathan, Stephen Carfora, Claire Jacobsen, Alice Paxton, Hale Montgomery, Susan Xu, Nels Anderson (COA Ex Officio), Steve Jennings

ABSENT: Judith Villaseñor*

*Excused

STAFF: Maimoona Bah-Duckenfield, Meredith Eisenhart

I. Call to Order 6:38 p.m.

Ms. Schneider welcomed and introduced speakers.

II. Presentation: Woodland Hills Presentation and Tour - Veronica Chapman, Property Manager and Nachele Slaughter, Support Services Coordinator.

Ms. Chapman reported Woodland Hills is a 235-apartment senior independent living community. It is currently at 95% capacity and expects to be full within two months. It has efficiencies, one bedroom and two bedroom apartments. Woodland Hills has a diverse population. Residents speak Korean, Vietnamese, Farsi, Russian, and Chinese. Staff use a telephone interpretation service to assist with translation. Woodland Hills recently completed renovations of the entire building, including revitalized community room, game room, exercise room, and library and computer lab. An emergency alert system was also recently installed. Woodland Hills is part of the Senior Loop program which provides once a week trips to local grocery stores. There will also be a summer Senior Loop to farmer's markets that provides roundtrips. AFAC program also comes every Tuesday. Residents also use STAR and Metro Access and many have cars. Residents utilize the game room and have an exercise class twice a week. Some residents also attend Senior Center activities. Staff assist with service applications and assisting with insurance issues such as Commonwealth Coordinated Care. Two residents spoke briefly about their experience at Woodland Hills.

III. Minutes Approval

Minutes were approved with no changes.

IV. Staff Reports

A. EMS (Anne Marsh) – No report.

B. ADSD (Maimoona Bah-Duckenfield)

- a. APS and Ombudsman Reports were distributed.
- b. June 15 is World Elder Abuse Awareness Day. Elder Abuse article in the most recent Senior Beacon highlighted work of Arlington Adult Protective Services with an interview by APS Supervisor. The article explores financial exploitation including a case with a successful resolution.

- c. Ms. Bah-Duckenfield is hiring for the Management Analyst position and expects to fill it this summer.
- d. Ms. Bah-Duckenfield continues to meet with Cherrydale Administrator monthly. They are focusing on development of the Community Advisory Board (CAB) and have interviewed members from community to participate. The CAB will have its first meeting in August.
- e. Senior Farmer's Market is administered through Area Agency on Aging and is available at several Arlington farmer's markets. The program will be able to serve up to 630 individuals. Funding is through US Department of Agriculture.
- f. Joint Commission meeting will be held on June 23, 2015 at 6:30 pm in Conference Room D. The Long-Term Care Residences Outreach Committee will present its PowerPoint presentation.

V. Voting for Chair and Vice Chair

- A. Alice Paxton nominated Joy Nathan for Vice Chair. Steve Carfora nominated Cyndy Schneider for Chair. The Commission voted unanimously to appoint them.

VI. Chair's Report (Cyndy Schneider)

- A. Ms. Schneider welcomed the three new members of the Commission recently appointed by the County Board: Lisa Moore, Teri Brzenski, and George Kelly.
- B. Commission will recruit to fill the position vacated by Lynda Carlson.
- C. Ms. Schneider and Ms. Bah-Duckenfield reviewed the 2015 Arlington Demographic Profile which was recently posted on the County website. It contains information on the Arlington population such as households, transportation, population migration, and average income. It shows a slight decrease in the older adult population.
- D. Ms. Schneider and Ms. Paxton reviewed the Outreach Committee's presentation. It will be presented at the Joint Commission meeting in June.
- E. Commission was asked by County Board Chair, Mary Hynes, for input on what the County should be included as part of its 2016 legislative agenda. Ms. Schneider noted the budget will be tight during the 2016 legislative session and the Commission will need to consider financial implications of any potential proposals and identify two to three priority items. The County Board has supported the Northern Virginia Aging Network's (NVAN) legislative platform in prior years which focuses this year on paid sick days and living wage for long-term care workers and increased funding for state/regional Ombudsman program. Ms. Schneider noted that advocating for the state to establish patient-staff ratios at nursing homes and assisted living residences is a possibility, but facilities may pass the cost of more staff on to consumers. Provider groups have opposed these requirements in the past. Members discussed that the Auxiliary Grant program is limited with few Assisted Living Facilities in Northern Virginia accepting more than a small number of Auxiliary Grants at a given time. Ms. Schneider noted that this discussion will conclude next week at which time the Commission will decide items to submit to the County Board for consideration.

VII. Announcements and Public Comment

- A. None

VIII. Adjournment 8:38 p.m.