



Child & Youth Well-being Plan

October 2025 Update

The Plan

Thank you for your interest in the Arlington County Children & Youth Well-being Plan. This plan is an effort by Arlington County to identify the opportunities and services available, or needed, to ensure all children and youth in Arlington have the opportunity to thrive. Creating the plan is a yearlong, community driven effort. In this update, you will find information on where Arlington is in the creation of the plan in addition to links to resources, events and supports in the community.

Under the plan, the **Children and Youth Well-Being Network**, a new coalition of service providers and community members, has formed to lead the creation of the plan. Their first meeting, attended by 56 people, was held on Tuesday, August 28th. View the meeting on our website [here](#).

Join us! Ways to get involved:

- * **Join the Network.** The **next meeting is on Tuesday, October 28**, 4:30-6:00pm on Zoom. All are welcome to join. [Sign up to attend here.](#) [View prior meetings here.](#)
- * **Offer to host a focus group or listening session.** We want to hear from your community. Invite us to attend an upcoming meeting to engage your community in this work. Email YouthWellBeing@arlingtonva.us to invite.
- * **Stay updated by regularly checking our website.** All updates are posted on the county website: [Children and Youth Well-Being Plan.](#)

Upcoming Events

Community Health Fair (Kiwans Club of Arlington and VHC)

- * Sat., Oct., 18, at Carlin Springs School
- * Aimed at serving Arlington families with little to no access to health care
- * No entrance fee

Trunk or Treat (Parks and Recreation)

- * Saturday, October 18, 2:00-5:00pm at Lubber Run Community Center
- * All 600+ spots sold out in under 24 hours, and volunteers or organizations are needed to join us with decorated trunks
- * [Sign up here](#) to host a trunk!

Bridges to Success: Fall Education & Life Skills Program (Spaces By Impel)

- * Saturdays, Oct., 11th - Dec., 28th, 12-2pm at Shell Apartment
- * A free, enrichment program for teens, ages 14-17, to develop essential life skills through educational workshops and engaging activities.
- * To learn more email alvaro@spacesbyimpel.org

Financial Aid 101 (Center for Youth and Family Advocacy- CYFA)

- * Thurs., Oct., 16, 5:30-7:00pm at CYFA 2111 Wilson Blvd
- * [Register here](#) to learn about tools useful to making education affordable

Teen Trivia Night Challenge (CYFA)

- * Tuesday, October 21, 5:30-7:00pm, at [CYFA](#) 2111 Wilson Blvd

Helpful Links

Children & Youth Health Resources:

- * [County Health Services](#)
- * [County Behavioral Health Services](#)
- * [School Health Services](#)
- * [Arlington Addiction and Recovery](#)

Always something to do with:

[Parks and Recreation](#), [Libraries](#), [Schools](#), [Dept. Human Services](#), and [Arlingteens](#)

Recap of Last Network Meeting

The Network had their second meeting on Tuesday, September 30th with 38 attendees. At this meeting the Network broke into four work groups to work on the following:

- **Vision Group:** Used feedback from outreach events (County Fair, Hispanic Heritage Festival, Green Valley Day) and the first network meeting to begin drafting a vision.
- **Engagement Group:** Reviewed demographic data from Arlington County and demographic and survey data from Arlington Public Schools to define our populations and identify the who and how for engagement.
- **Asset/Service Mapping Group:** Used network meeting feedback and discussion to define what is needed to know about existing programs and services that support the well-being of children/youth. What exists and where the gaps, barriers are.
- **Spanish Language Group:** Used feedback from outreach events and feedback from the network meetings to define visioning, engagement and mapping.

For more information about the Child and Youth Well-being Plan or to be removed from this list please email youthwellbeing@arlingtonva.us or call 703-228-5003.