

Arlington Children and Youth Well-Being Plan

**A Plan to Ensure Youth Have
the Opportunity to Thrive**



ARLINGTON
VIRGINIA



Arlington
Public
Schools

Welcome!

Anita Friedman

Director, Arlington County Dept. of Human Services

Diane Kresh

Director, Arlington County Libraries

Earl Conklin

Director, Arlington County Court Services

Jane Rudolph

Director, Arlington County Parks and Recreation

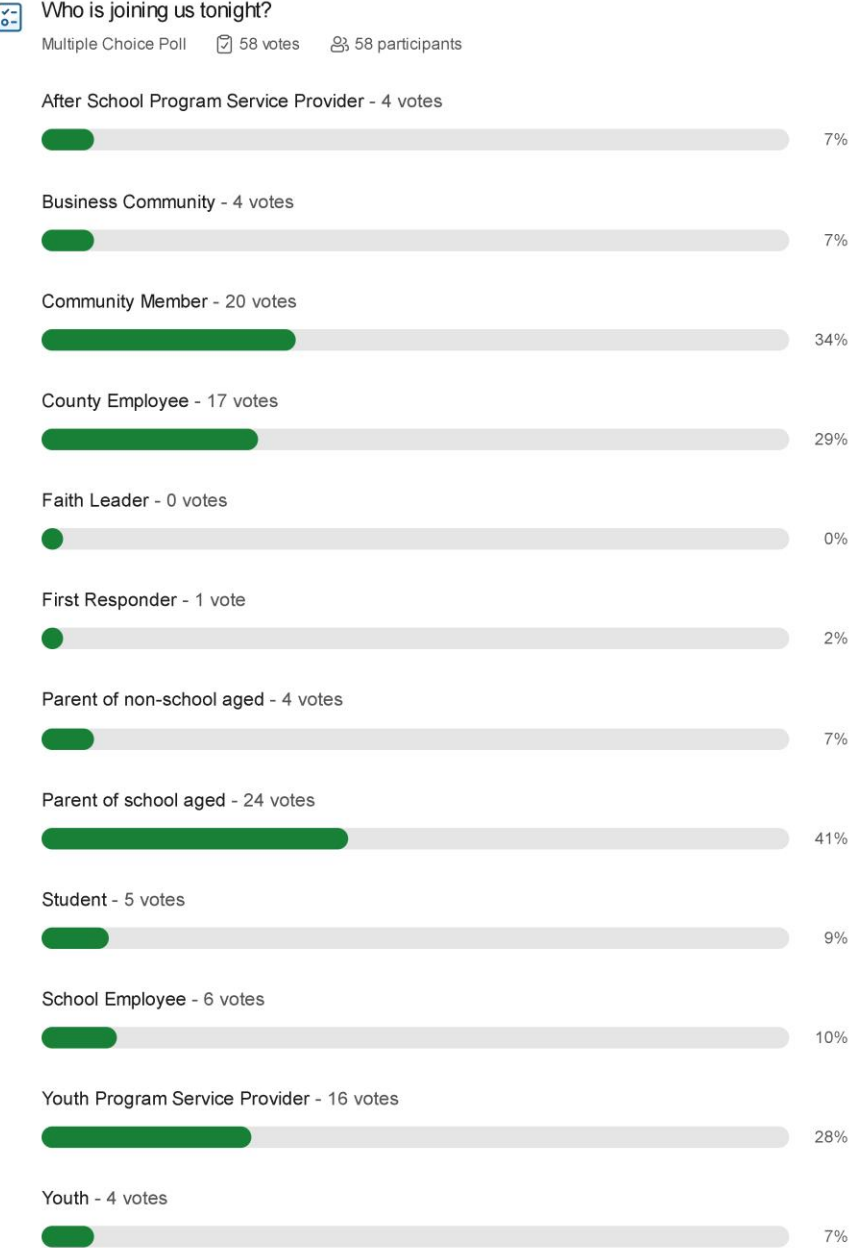
Dr. Julie Crawford

Chief, Diversity, Equity, Inclusion and Student Supports, Arlington Public Schools

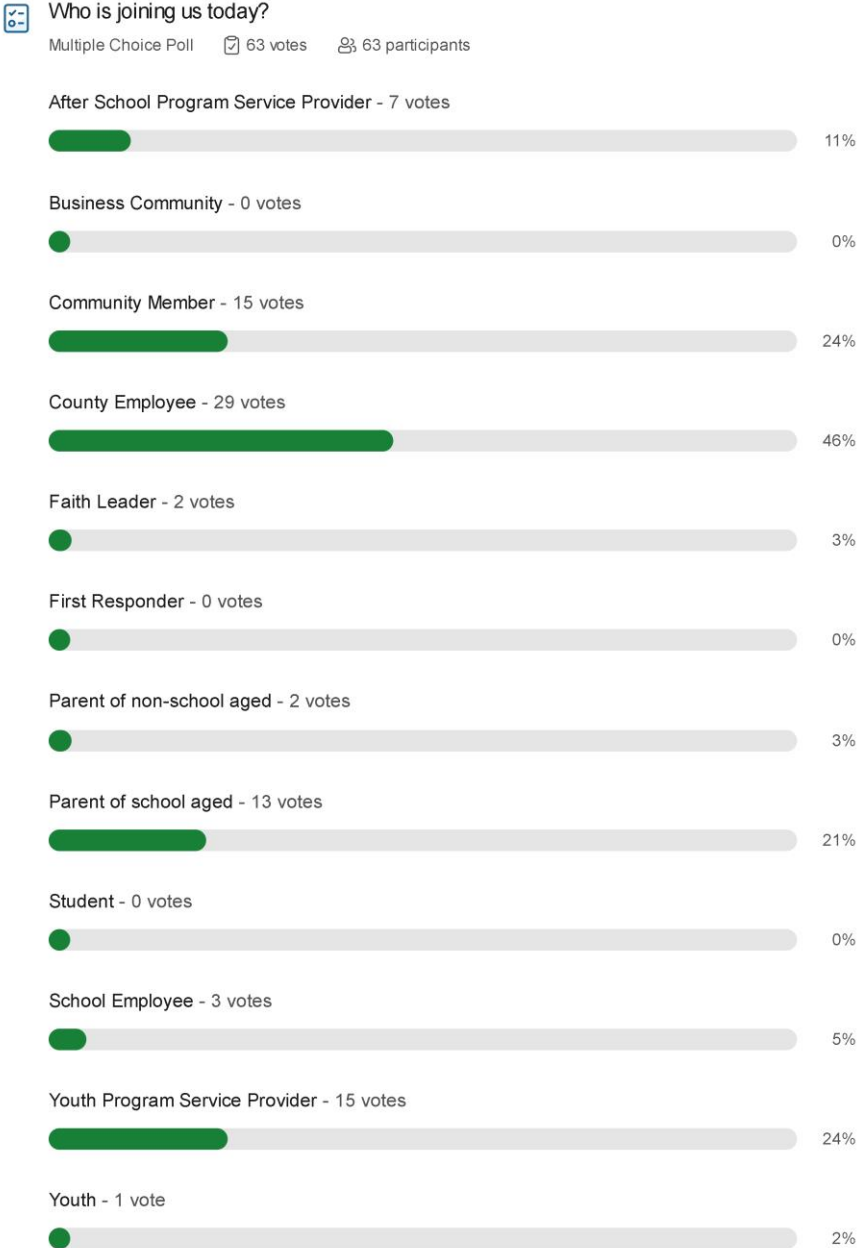


We asked participants who was joining us:

June 29th, Virtual Meeting



June 30th, Hybrid Meeting



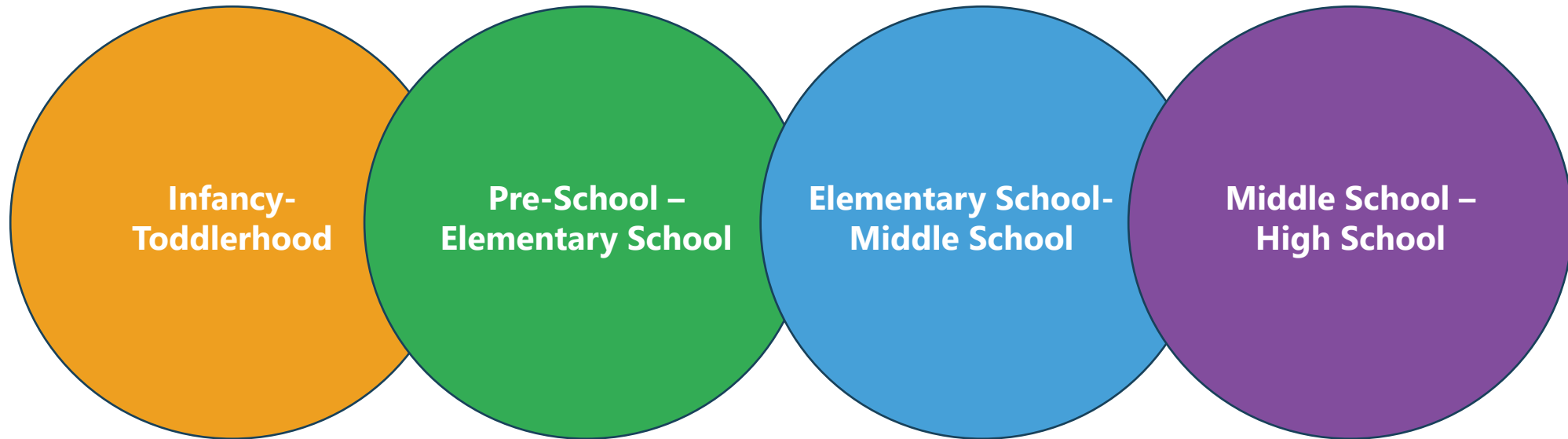
The goal of the Children and Youth Well-Being Plan is to create a vision and roadmap towards a community where all children and youth have the opportunity to thrive.



To meet this goal the Arlington Community will create and implement a Strategic Plan to ensure that:

- All children and youth have the resource and supports they need to build and strengthen protective factors;
- All parents and caregivers have the resources and tools they need to be a support for youth in their communities;
- Resources and supports meet the cultural and linguistic needs of the community;
- That equity is centered in our decision making. That we are consistently asking who is benefiting, who is burdened, who is missing and then doing something about it; and
- All Arlington County programs designed to support children, youth and families are comprehensive in their approach and knowledgeable about county resources.

Who is the plan for?



Experiences in early childhood oftentimes set the stage for the opportunities a young person has access to into their school years. While the emphasis will be on school age youth, the plan will include early childhood initiatives.

Student Assistants

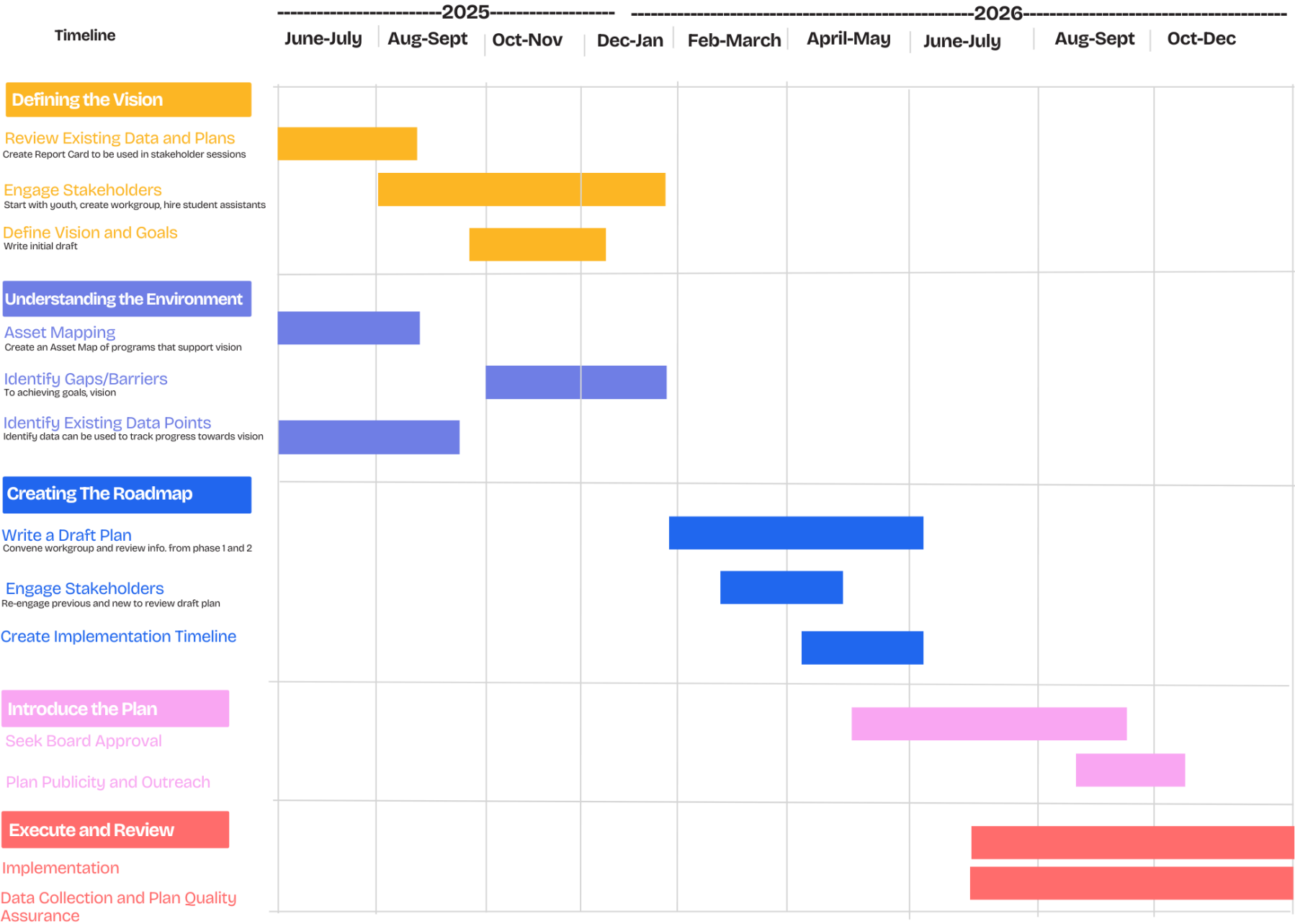
Ensure the Centering of Youth Voices as a Teen Ambassador

Student Assistants (Teen Ambassadors):

- Co-Facilitate workgroups;
- Co-Facilitate community meetings where we are seeking input;
- Create youth outreach materials;
- Lead the plans social media engagement;
- Ensure representation from across the county;
- Ensure diverse representation of life experiences; and
- Be paid hourly
- Commitment of at least one (1) academic year



Children and Youth Well-Being Plan Timeline



An Informed and Cohesive Approach



We will evaluate processes and programs as we progress.

- Develop formal and informal ways to gather data including quantitative and qualitative analysis.
- Use the Equity Lens throughout the process.
- Engage and listen to the community at every step.

Potential Data Sources

- Arlington Public School (APS) surveys, including the Virginia Youth Survey, Social Emotional Learning (SEL) Survey, and Your Voice Matters.
- Dept. Of Human Services (DHS) Childcare Risk and Reach Study
- Parks and Recreation Youth Program Quality Survey
- Website Analytics

Existing Countywide Plans

- Arlington County Capital Improvement Plan (CIP)
- Arlington Public Schools Strategic Plan
- Arlington Public Schools CIP
- DHS Plans (ACEs, Strategic, Childcare, etc.)
- Arlington Partnership for Children for Youth and Families Charter/Plans
- Library Plans
- Parks and Recreation Plans
- Virginia Hospital Center Wellness Plan

How people will participate



County & School
Leadership

Group Objective
Provides ongoing guidance to the Arlington Youth Collaborative. Approves unified vision. Meets quarterly.

Suggested Members:
County and School Leadership across departments to include Racial Equity Officers.



Arlington Youth
Well-Being Network
(new community wide collaboration)

Group Objective
Manages timeline and progress of plan. Leads creation of unified vision. Meets bi-monthly.

Suggested Members:
Leaders from stakeholder groups including nonprofits, youth organizations, parents, schools and county.



Community Voices

Group Objective
Provides feedback, insight, and ideas on the plan at various iterations. Supports creation of unified vision. Meets regularly as needed.

Suggested Members:
Includes anyone who wants to add voice and ideas to the youth plan with an emphasis on youth, parents and caregivers and youth service providers.



Backbone Staff

Group Objective
Provides support at all levels.

Members:
Assistant to Deputy County Manager, DHS Assistant Director, Parks & Recreation Senior Teen Coordinator
Programs and Partnerships Librarian, Probation Supervisor, Director of Student Behavioral Health and Wellness, Student Assistants (new, need to hire)

Join Us!

This plan must reflect the needs and concerns of the community from all vantage points: Youth, Parents/Caregivers, Service Providers, School Staff, Coaches and those who work with youth and Community Members.

We hope you can join us in shaping the following:

- Creating a unified vision for youth well-being;
- Identifying what's working well in Arlington for children and youth; and
- Highlighting concerns and challenges facing healthy and positive well-being for children and youth in Arlington.

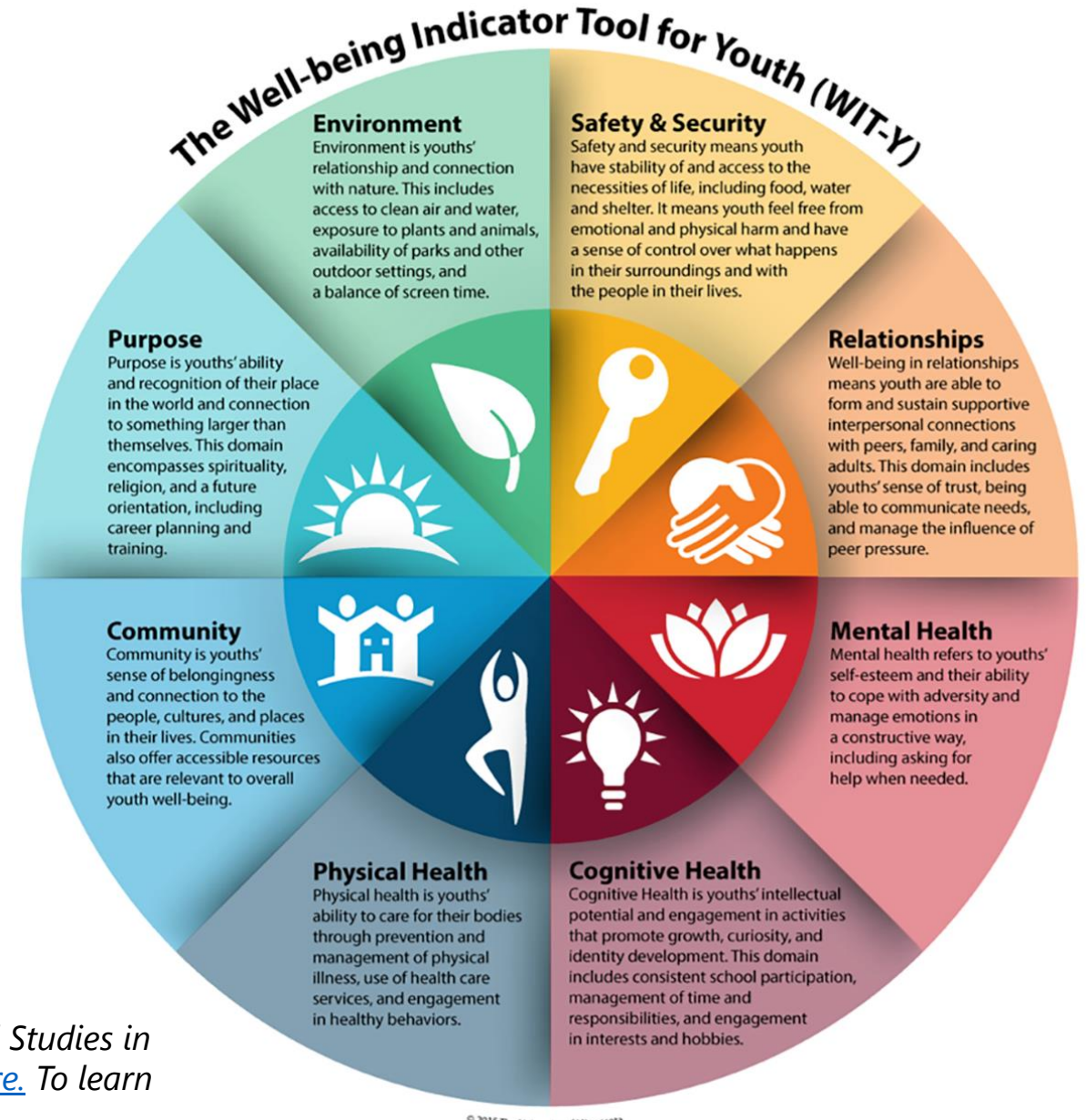


Starting Today

Small Group Discussion

Help us identify the areas of strength and growth for our community when it comes to supporting youth well-being.

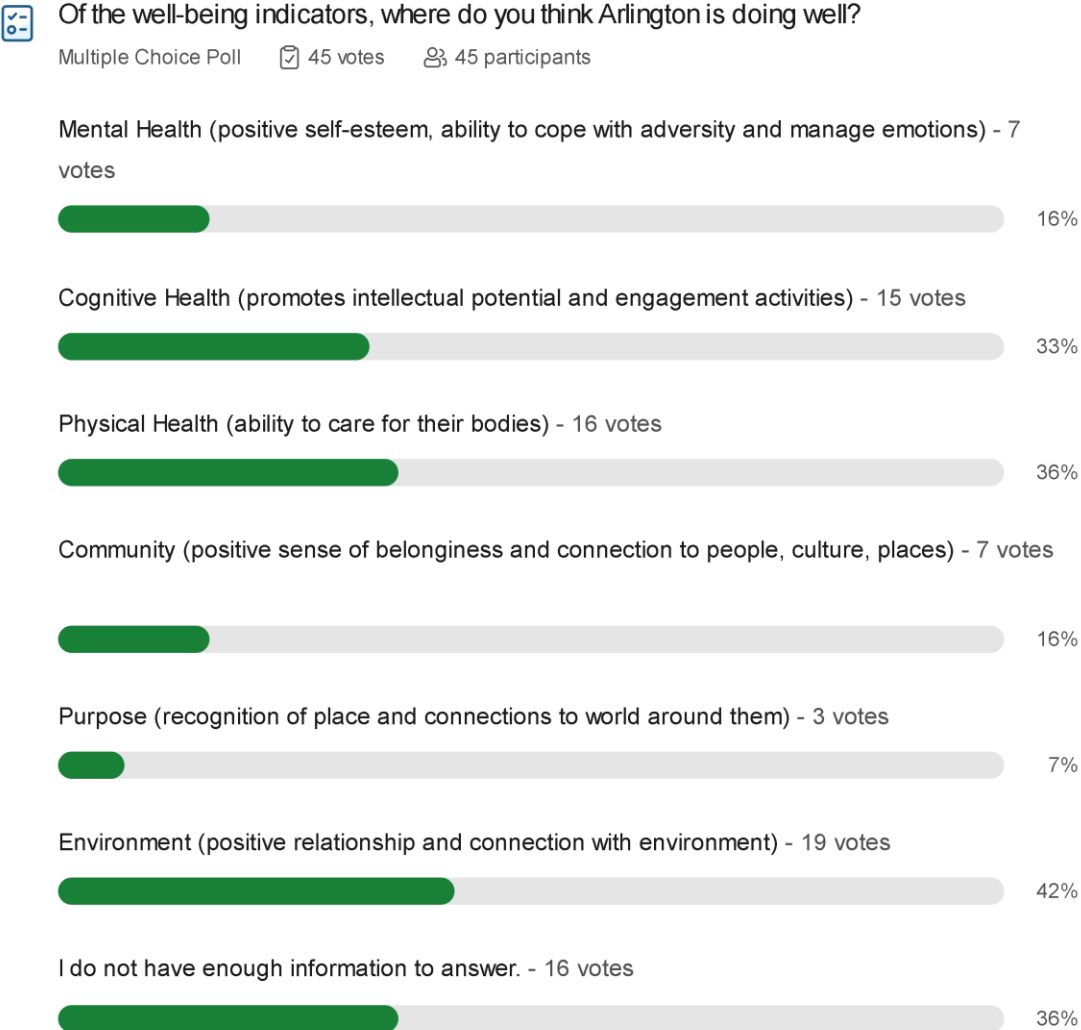
- Safety and Security
- Relationships
- Mental Health
- Cognitive Health
- Physical Health
- Community
- Purpose
- Environment



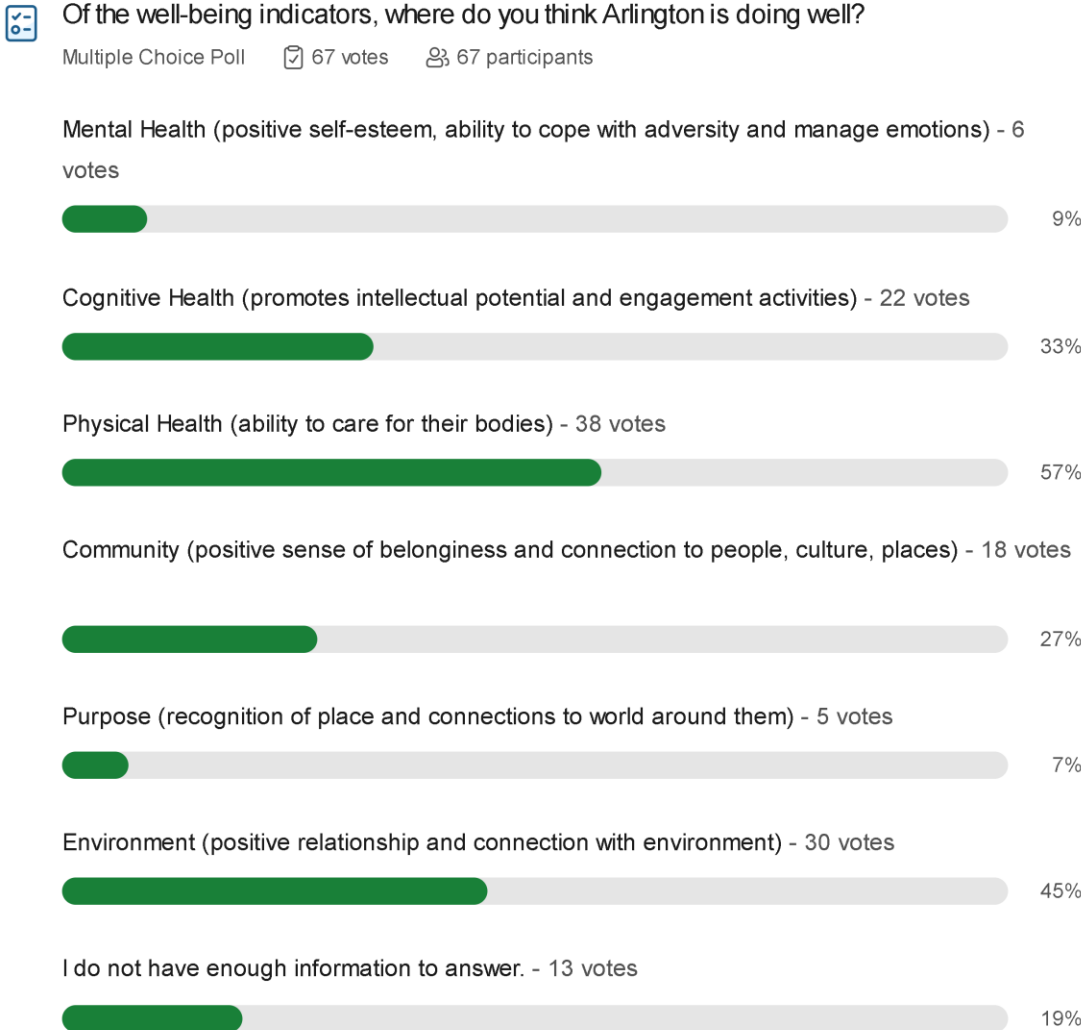
This well-being indicator tool was adapted by the Center for Advanced Studies in Child Welfare (CASCW) at the University of Minnesota. [Learn more here.](#) To learn more generally about the 8 Dimensions of Wellness, [click here.](#)

We asked attendees: of the well-being indicators, where do you think Arlington is doing well?

June 29th, Virtual Meeting

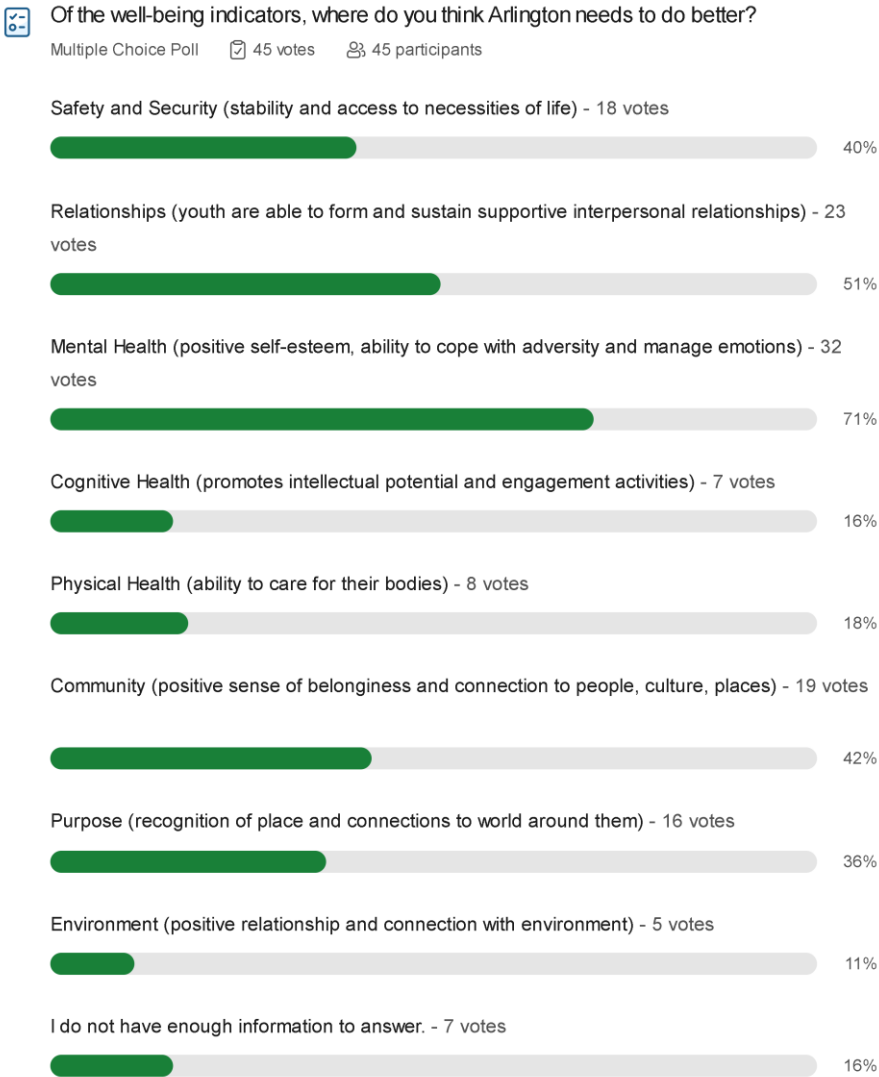


June 30th, Hybrid Meeting



We asked attendees: of the well-being indicators, where do you think Arlington needs to do better?

June 29th, Virtual Meeting



June 30th, Hybrid Meeting



Getting Started: Next Steps

Your Invitation to Join Us!

Tell us how you'd like to be involved! Take the survey to get on our mailing list and be invited to upcoming meetings and events by scanning the QR code below or [clicking here](#).

- Help us recruit Student Assistant.
- Help us identify engagement opportunities. Know of an event we can attend to get youth and community feedback? Let us know. Email youthwellbeing@arlingtonva.us
- **Join the Well-Being Network!**
 - The network plans to meet monthly on the fourth Tuesday of the month (next meeting, 8/24, take survey to determine time).
 - Meetings will be hybrid.
 - Meetings are open to anyone including youth, caregivers and parents! Know someone who should be invited? Please help us connect with them. Add their information on the survey, email us at youthwellbeing@arlingtonva.us or call 703-228-5003





Thank you!

The Children and Youth Well-Being Planning
Team

