



# Arlington County's Fitness Membership!

One membership allows access to many locations!

## MEMBERSHIP RATES (Effective July 1, 2024)

	<u>Arlington Residents</u>	<u>Non-Residents</u>
<b>Annual Adult</b> <small>(12 month) (18 – 54 years old)</small>	\$205 <small>(avg. \$17/month)</small>	\$266.50
<b>Senior Adult 55+ Gold Pass</b> <small>(12 month) (55 years old +)</small>	\$65 <small>(avg. \$5.25/month)</small>	\$95
<b>6 Month Adult</b>	\$110	\$143
<b>3 Month Adult</b>	\$60	\$78
<b>High School/College Student Pass</b> <small>(18 – 25 years old)</small>	\$55 <small>(less than \$5/month) <u>Available to Arlington Residents only</u></small>	
<b>Teen Fitness Challenge Pass</b> <small>(Required for Youth 13 -17 years old who want to use the Fitness Equipment. Pass good until 18<sup>th</sup> birthday)</small>	\$10 <small>(must complete 1 hour training class)</small>	\$13
<b>Teens under 18</b>	Free <small>(use of facilities ONLY, no fitness equipment)</small>	
<b>Youth 9-12</b>	Free <small>(use of facilities and gymnasiums only, no fitness centers)</small>	
<b>Daily Guest Pass</b> <small>(18 – 54 years old)</small>	\$6	\$7.75
<b>Guest Pass Seniors</b> <small>(55 years old +)</small>	\$4	\$7.75

Are you 55 or older? The Gold Pass also gives you access to free and discounted programs and trips with the Arlington County Office of Senior Adults. Learn more at [parks.arlingtonva.us](http://parks.arlingtonva.us), search 55+.

Are you a swimmer? Long Bridge Aquatics & Fitness Center memberships are available. Located at 333 Long Bridge Dr. (22202). Call (703)228-3338 or learn more at [parks.arlingtonva.us](http://parks.arlingtonva.us).

## Fitness Center Membership allows access to these locations!

<b>Lubber Run Community Center</b> 300 N. Park Dr. (22203)	(703)228-4712
<b>Arlington Mill Community Center</b> 909 S. Dinwiddie St. (22204)	(703)228-7790
<b>Barcroft Sports &amp; Fitness Center</b> 4200 S. Four Mile Run Dr. (22204)	(703)228-0701
<b>Thomas Jefferson Community Center</b> 3501 S. 2 <sup>nd</sup> Street (22204)	(703)228-5920
<b>Fairlington Community Center</b> 3308 S. Stafford Street (22206)	(703)228-6588
<b>Langston-Brown Community Center</b> 2121 Culpeper Street (22207)	(703)228-5210
<b>Madison Community Center</b> 3829 N. Stafford St. (22207)	(703)228-5310
<b>Gunston Community Center</b> 2700 S. Lang St. (22206)	(703)228-6980

Cash, check, and credit card purchases (Visa, MC, Discover) may be made, fees may apply.

Go to [www.arlingtonva.us](http://www.arlingtonva.us) for hours of operation at each fitness center.

### **AMENITIES**

Cardiovascular machines, selectorized strength training equipment, free weights, dumbbells, and other fitness equipment (varies by location).

### **Lockers**

Available for daily use at Arlington Mill, Barcroft, Thomas Jefferson, Fairlington and Lubber Run.

### **RULES OF THE MEMBERSHIP**

- ★ Youth between the ages of 13–17 years old are welcome to work out in DPR fitness centers with a teen pass, after completing an orientation.
- ★ Memberships are non-transferable.
- ★ Reduced membership rates are available based on income and household size. Please ask for additional information at the center desk, call 703-228-4747, or go to [www.arlingtonva.us/dpr](http://www.arlingtonva.us/dpr), keyword: fee reduction.
- ★ Arlington County can provide upon request reasonable accommodations for people with disabilities. Two weeks advance notice is preferred. *Call 703-228-4740 or TTY 703-228-4743.*
- ★ Membership cards must be presented during each visit. When purchasing a daily Guest Pass or a Membership you must present proof of residency.
- ★ At times, special events dictate that fitness room schedules be modified. Notices will be posted when this happens. Please remember that your membership is available at multiple locations to serve your fitness needs.
- ★ Refund policy- Members who request a refund will receive a pro-rated refund upon request minus a \$20 service charge. A refund takes 2 - 8 weeks for processing and a check is mailed to the household address on file if payment was not made by credit card.

### **CRITERIA**

- ★ **Proof of Arlington Residency:** When applying for a new or renewal membership card please provide a photo ID along with one of the following:
  - A. Valid drivers license indicating Arlington County residence.
  - B. Current original lease of Arlington property with your name on it.
  - C. Current Arlington County Personal Property Tax, Real Estate Tax Receipt, Voter Registration Card, County Water or Sewer Bill, Valid Car Registration with Arlington Address.

**High School Students:** Arlington County Students who are 18 – 21 years old are eligible by providing an official school schedule, report card or letter from a school administrator confirming student status.

**College Students** (up to 25 years old): Arlington County Residents who are currently enrolled full-time (*at least 12 credit hours per semester*) in college. To be eligible students must provide a current school schedule.

**Active Military Personnel:** All active military personnel will be charged the resident rate when providing current military ID with photo.

#### **Arlington Businesses**

**Owner Individual Membership:** Anyone who owns a business in Arlington County and would like to purchase a membership will be charged the resident rate by providing a business license and photo ID.

**Arlington County Public Safety Officers:** Courtesy Visits are granted to Arlington County law enforcement, fire, and EMS uniformed employees with proper ID. Public safety professionals from other jurisdictions can pay the resident rate for membership.



# Arlington County's Fitness Membership!



**ARLINGTON  
VIRGINIA**  
Parks & Recreation

**One membership allows access to multiple locations!**

First Name	Last Name	Date of Birth (Mo/Day/Year)	
Address		Male	Female
City	STATE	Zip Code	
Home phone number ( )		Cell phone number ( )	
Emergency Contact Person		Emergency Contact Phone Number ( )	
<b>Staff Use Only</b>		<b>Staff Verification:</b> (Staff Initials)	Resident
Payment amount: \$ _____			Non-Resident
Payment type:	Check #: _____	Cash: \$ _____	CC: _____

## HOLD HARMLESS AGREEMENT

The undersigned is aware that there are certain inherent risks involved in participating in the Arlington County Department of Parks and Recreation programs, including but not limited to the risk of theft or damage to my property, and the risk of personal injury from participation in these programs. On behalf of myself and in consideration of my being granted permission to participate in these activities and use the facilities of the County and/or other activities and services provided by Arlington County Department of Parks and Recreation, its agents and employees, including food service, I, on behalf of myself, my executors, administrator, heirs, next of kin, and successors, hereby covenant to hold harmless and indemnify the County and all of its officers, departments, agencies, volunteers, agents, and employees from any and all claims, (except for claims based on malicious conduct by County officers and employees), lessees, damages, injuries, fines, penalties, and costs, (including court costs and attorney's fees) charges, liabilities, or exposures, however caused, resulting from, arising out of, or in any way connected to my or my family's participation in the program and/or use of a DPR facility. I understand that some of the fitness facilities are self-monitoring and do not have staff present. I also agree to follow posted equipment guidelines, rules, etiquette, and signage posted at each site. I have read and understand this HOLD HARMLESS AGREEMENT, and by my signature below agree to its terms.

**EMERGENCY TREATMENT:** Arlington County DPR has permission, in the event of an emergency, at my expense, to utilize the most convenient rescue squad or ambulance to transport me to the nearest hospital.

**E-mail Address:** Providing an e-mail address will add you to the county-wide ListServ that shares important emergency communications such as fitness center closings and membership renewal information. Occasional marketing e-mails and surveys may also be sent to this e-mail. You are welcome to unsubscribe to such e-mails at any time.

**E-mail address:** \_\_\_\_\_

**Note:** In order to help ensure the safety and security of our customers, pictures are required for DPR memberships.

Signature: \_\_\_\_\_  
Date: \_\_\_\_\_



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