

June 2026

AURORA HILLS 55+ CENTER NEWSLETTER

735 18th St. S., Arlington, VA 22202

703-228-5722

CENTER HOURS

Monday, Wednesday,
Friday
10 a.m.-3 p.m.

CONTACT

55+ Office

55Plus@arlingtonva.us

Website:

arlingtonva.us/55Plus

Cory Cox
55+ Operations
Supervisor

ccox1@arlingtonva.us

703-228-5722

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Director's Note

Happy June! As we welcome the start of summer, we're excited to bring you another month full of opportunities to connect, learn and have fun together. From live music at *Acoustic Hour in the Park* to educational programs like *Women Artists of the 20th Century*, *Credit Score 101* and *Retire Well, Live Well*, there is something for everyone to enjoy this month.

We're also looking forward to ending the month on a high note with an afternoon of laughter, music and community at our June *Karaoke* event. Whether you're interested in lifelong learning, social connection or simply trying something new, we hope you'll join us for the many exciting programs ahead.



Aurora Hills 55+ Advisory Committee

Chair: Clare Bennett
Vice Chair: Marge Corletti
Treasurer: Benece Leavitt
Secretary: Eileen Garvin-Akers
Members: Fran DeLuca, Cathy Duthie, David Litman, Anya Gan, Ian Ories, Maura Bouillot, Joanne Kormos, Marge Ginsberg



Interested in becoming more involved with the Aurora Hills 55+ community? Please join us at one of our Advisory Committee meetings on the first Monday of each month.



Enjoy access to a world of fun, fitness, enrichment, travel and social connection with the Arlington 55+ Pass.

STEP 1 ► Choose Your Pass

There are two 55+ Pass options for you to consider: the 55+ Pass of the 55+ Gold Pass. See the chart on the right for detailed benefits and pricing information.

STEP 2 ► Sign Up

There are four ways to sign up:

- **ONLINE:** arlingtonva.us/55Plus
- **PHONE:** 703-228-4747 (Mon.-Fri., 8am-5pm)
- **MAIL:** 300 N. Park Drive 22203
(Get the 55+ Pass registration form online)
- **IN PERSON:** Visit one of the 55+ Centers during operating hours, or the Department of Parks & Recreation Administrative Services Office located at 300 N. Park Drive (Mon.-Fri., 8am-5pm).

STEP 3 ► Use Your Pass

With your 55+ Pass, you can register for programs, trips, and events. You must have a 55+ Pass to participate unless otherwise noted. Registration is not needed for drop-in programs, but a 55+ Pass is still required.

OPTION A

55+ Pass Benefits

- Opportunities to participate in engaging activities
- Discounted 55+ trips and classes

ANNUAL FEES

	55+ Pass	55+ Gold Pass
Arlington County resident	\$30	\$75
Arlington County household	\$40	\$105
Non-Arlington County resident	\$55	\$105
Non-Arlington County household	\$80	\$155

OPTION B

55+ Gold Pass Benefits

Enjoy all the benefits of the regular pass - PLUS access to Arlington County's fitness facilities (except Long Bridge Aquatics & Fitness Center) any time during fitness facilities community hours.

Contact us for more information:
 Call **703-228-4747** or visit arlingtonva.us/55Plus

JUNE PROGRAM HIGHLIGHTS AT AURORA HILLS

Women Artists of the 20th Century

Monday, June 1, 1-2:30 p.m.

Discover three exciting women artists who were innovative and creative figures of the twentieth century art world: American Impressionist Helen Turner, African American Artist Lois Mailou Jones and Scottish Colorist Anne Redpath. This presentation with art historian Joan Hart will provide an overview of their works of art, careers and personal lives.

Register: [#914302-01](#)

Acoustic Hour in the Park

Friday, June 5, 1-2:30 p.m.

Relax and enjoy live acoustic music by PhEd-Up with Phriends (Phil Rosen, Ed Girovasi, Judy McVerry & Cameron Fletcher) and fellowship with 55+ friends on the plaza at Virginia Highlands Park. Bring your own blanket or chair. In the event of inclement weather, this event will be held indoors at Aurora Hills 55+ Center.

Register: [#914301-01](#)

Credit Score 101

Monday, June 8, 1-2 p.m.

Your credit score can shape your financial future. This session with Tanise Bing, financial counselor with Arlington Community Federal Credit Union, breaks down how credit scores are calculated, how they're used and what you can do to improve them.

Register: [#914400-03](#)

Retire Well, Live Well

Monday, June 15, 1-2 p.m.

This series, presented by Wealth Advisor Brian Fyock with Evermay Wealth Management, invites retirees and those nearing retirement to explore what comes next with confidence. No 55+ Pass required.

Register: [#914404-01](#)

Karaoke

Monday, June 29, 1:30-2:30 p.m.

Join us for some fun-filled Karaoke! Whether you're a seasoned performer or just want to enjoy the show, this event is all about having a good time with friends and community. Sing your heart out to your favorite tunes, cheer on fellow participants and enjoy music, laughter and unforgettable memories.

Register: [#914304-15](#)

Help Desk for Computer & Cell Phone Technology Needs

Supported by a grant from Arlington County, the Alliance for Arlington Senior Programs is now offering free technology help desk sessions at three Arlington 55+ Centers where you can get your questions answered.

Bring your laptop, cell phone, or other digital device and get assistance from a trained professional with apps, removing computer viruses or malware, storing pictures and files, and other technology questions.

Please sign up for a session in advance – each appointment lasts 30 minutes. To sign up, email 55plus@arlingtonva.us or call 703-228-4769.

**Langston-Brown:
Thursdays, 10 a.m.-12 p.m.**

**Arlington Mill:
Thursdays, 1-3 p.m.**

**Lubber Run:
Fridays, 10 a.m.-12 p.m.**

MONDAY	TUESDAY (Center Closed: Pre-registration required)	WEDNESDAY
<p style="text-align: right;">1</p> <p>10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2pm French Conversation K 1-2:30pm Women Artists of the 20th Century* MR 2-2:45pm Tai Chi Practice BR</p>	<p style="text-align: right;">2</p> <p>Support the 55+ Program at the Rocklands Barbeque Fundraiser! 3471 Washington Blvd. Arlington, VA 11 a.m.-9:30 p.m.</p>	<p style="text-align: right;">3</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 1-2pm Cornhole BR 2-2:45pm Spanish Conversation K</p>
<p style="text-align: right;">8</p> <p>10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2pm French Conversation K 1-2:00pm Credit Score 101* MR 2-2:45pm Tai Chi Practice BR</p>	<p style="text-align: right;">9</p> <p>11am-12pm Gentle Hatha Yoga** TR</p>	<p style="text-align: right;">10</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 11am-12pm Traditional Hatha Yoga** BR 10am-12:15pm Mac, iPhone, iPad* MR 1-2pm Cornhole BR 2-2:45pm Spanish Conversation K</p>
<p style="text-align: right;">15</p> <p>10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2pm French Conversation K 1-2pm Retire Well, Live Well* MR 2-2:45pm Tai Chi Practice BR</p>	<p style="text-align: right;">16</p> <p>11am-12pm Gentle Hatha Yoga** TR</p>	<p style="text-align: right;">17</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 11am-12pm Traditional Hatha Yoga** BR 10am-12:15pm Mac, iPhone, iPad* MR 1-2:30pm Piano Lounge & Sing-Along* MR 1-2pm Cornhole BR 2-2:45pm Spanish Conversation K</p>
<p style="text-align: right;">22</p> <p>10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 1-2pm French Conversation K 1-2:30pm Patriotic Rock Painting* MR 2-2:45pm Tai Chi Practice BR</p>	<p style="text-align: right;">23</p> <p>11am-12pm Gentle Hatha Yoga** TR</p>	<p style="text-align: right;">24</p> <p>10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 11am-12pm Traditional Hatha Yoga** BR 10am-12:15pm Mac, iPhone, iPad* MR 1-2pm Cornhole BR 2-2:45pm Spanish Conversation K</p>
<p style="text-align: right;">29</p> <p>10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 11:30am-12:45pm Book Club BR 1-2pm French Conversation K 1:30-2:30pm Karaoke* MR 2-2:45pm Tai Chi Practice BR</p>	<p style="text-align: right;">30</p> <p>11am-12pm Gentle Hatha Yoga** TR</p>	

AURORA HILLS 55+ CENTER ACTIVITY CALENDAR

June 2026

735 18th St. S
Arlington, VA 22202
703-228-5722

THURSDAY	FRIDAY
4	5 10am-12pm Mah Jongg K 10:15-11am Introduction to Beginner Line Dance MR 11-11:30am Intergenerational Story Time* BR 11:05am-12:05pm Line Dance Practice MR 1-2:30pm Acoustic Hour in the Park* OS
11	12 9-10:30am Aurora Hills Walkers OS 10am-12pm Mah Jongg K 10am-12pm Park and Play* OS 10:15-11am Introduction to Beginner Line Dance MR 11:05am-12:05pm Line Dance Practice MR 12:30-2:30pm Tea and a Movie* MR 7-10pm Pride Senior Prom at Central Library*
18	19 55+ Centers Closed
25	26 9-10:30am Aurora Hills Walkers OS 10am-12pm Mah Jongg K 10:15-11am Introduction to Beginner Line Dance MR 11:05am-12:05pm Line Dance Practice MR 12:30-2:30pm Movies at Aurora Hills* MR
	<div style="border: 2px solid green; border-radius: 15px; padding: 10px; text-align: center;"> <p>Play All Day VA Saturday, June 20 Visit arlingtonva.us/PADVA To find out how you can participate in the longest day of play!</p> </div>

Calendar Key

* = registration required
^ = fee required

Bold = speakers/special events/etc.

NOTE: Programs without a symbol are Drop-In and do not require registration.

BR = Training/Meeting Room
MR = Main Room
OS = Outside
K = Kitchen

55+^{ARLINGTON COUNTY} VIRTUAL PROGRAMS

In addition to our extensive catalog of in-person programs, we are happy to announce that 55+ participants can now take part in our programs from the comfort of home! 55+ Virtual Programs offer a variety of activities that can be accessed from anywhere: all you need is internet access and a computer, smartphone, or tablet. To access these programs, just visit [youtube.com/virtualprograms](https://www.youtube.com/virtualprograms) and browse through hours of online content. Exercise videos, art classes, cooking, familiar faces and much more are waiting for you!



The Alliance for Arlington Senior Programs (AASP) supports 55+ Program activities such as 55+ Fitness Day, Acoustic Café and the new Internet Access for Arlington Seniors Project. Our fundraising has understandably fallen off during the COVID-19 pandemic. Now that we are starting to get back to our normal activities, we need your help more than ever. Whether you are a past donor or have never given before, we depend on your support. Visit [friendsofthealliance.org](https://www.friendsofthealliance.org) to donate or send a check to: The Alliance for Arlington Senior Programs, P.O. Box 5184, Arlington, VA 22205

Acoustic Hour in the Park

Friday, June 5, 1-2:30 p.m. at Virginia Highlands Park

Relax and enjoy live acoustic music by PhEd-Up with Phriends (Phil Rosen, Ed Girovasi, Judy McVerry & Cameron Fletcher) and fellowship with 55+ friends on the plaza at Virginia Highlands Park.

Bring your own blanket or chair.

In the event of inclement weather, this event will be held indoors at Aurora Hills 55+ Center.



Register: [#914301-02](https://www.eventbrite.com/e/914301-02)



AURORA HILLS DROP-IN PROGRAMS

- **Mondays** - Yarn Crafters (10 a.m.-12 p.m.), Mah Jongg (10 a.m.-12 p.m.), Book Club (last Mondays, 11:30 a.m.-12:45 p.m.), French Conversation (1-2 p.m.), Tai Chi Practice (2-2:45 p.m.)
- **Wednesdays** - Foursome Bridge (10 a.m.-12 p.m.), Hearts Club (10 a.m.-12 p.m.), Spanish Conversation (2-2:45 p.m.)
- **Fridays** - Aurora Hills 55+ Walkers (second and last Fridays, 9-10:30 a.m.), Mah Jongg (10 a.m.-12 p.m.), Introduction to Beginner Line Dance (10:15-11 a.m.), Line Dance Practice (11:05 a.m.-12:05 p.m.)

The Aurora Hills Book Club

Meets on the last Monday of the month from 11:30 a.m.-12:45 p.m. If you would like more information, please contact Marge Corletti at corletti@aol.com.

Foursome Bridge & Hearts Club

Get a foursome together and play Bridge at Aurora Hills on Wednesdays from 10 a.m.-12 p.m. Hearts Club can have 3 or more players.

Calling all Mah Jongg players...

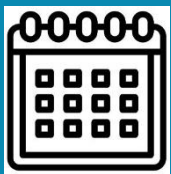
If you are interested in playing Mah Jongg on Mondays at Aurora Hills with 55+ friends, Susan Court has graciously volunteered to help coordinate this group. Please contact Susan at susanjcourt@gmail.com

Good To Know...

Summer 55+ Registration is Now Open!

Registration for Summer 55+ Programs began on **Tues., May 19 at 12 p.m.**

For Arlington County Residents and **Thurs., May 21 at 12 p.m.** For non-county residents



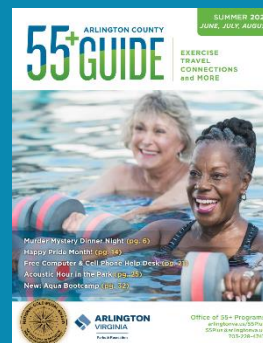
Please Note: Long Bridge Aquatics & Fitness Center senior memberships are not associated with the 55+ Program (including the 55+ Pass or 55+ Gold Pass).

Learn the difference between Long Bridge memberships and other Parks & Recreation memberships.



Would you like to volunteer to do a presentation, lead a discussion or special interest group, teach a hobby/skill or start a new program? Have you traveled to interesting places and would like to share your travel experiences with fellow 55+ participants in our Travel Gurus program?

If so, please email cco1@arlingtonva.us



Summer 55+ Guide: Register for Summer 55+ classes and programs today!

For more information, visit: arlingtonva.us/55plus

HOW TO REGISTER

ONLINE ► registration.arlingtonva.us

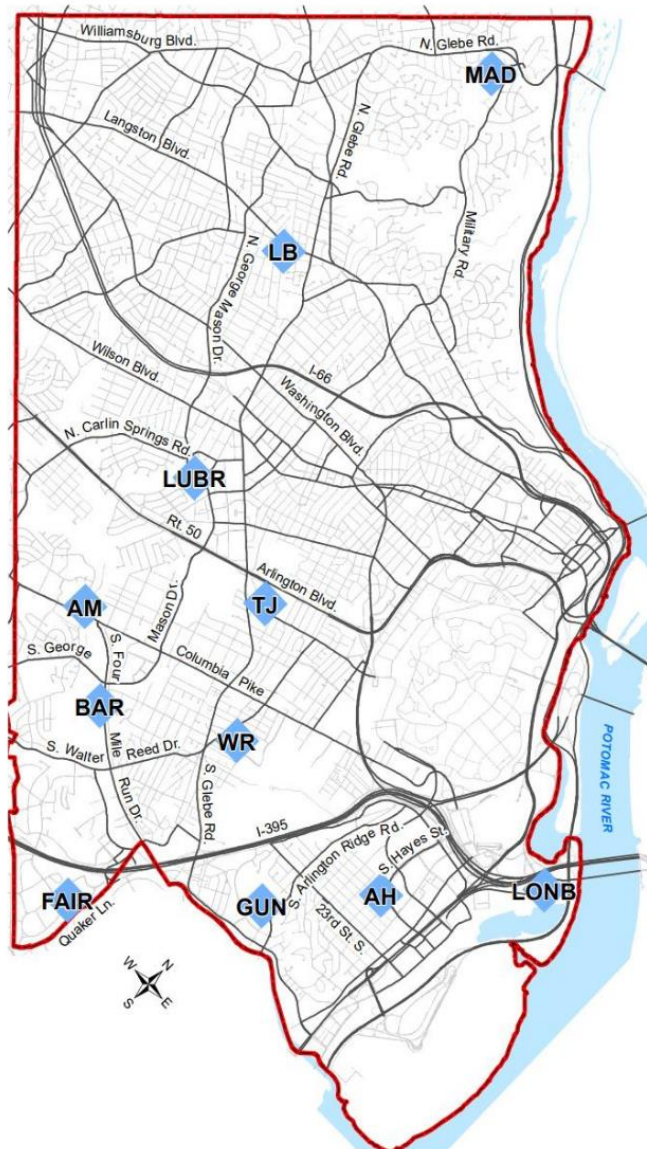
Online registration is available 24/7 (after registration opens) through our WebTrac system.

Connect through the digital 55+ Guide:

You can link directly to the online registration system when viewing the digital 55+ Guide. After registration has opened (see dates on calendar), click on the [blue registration number](#) for the program that you are interested in and a page will open in your Internet browser where you can review the class and register.

PHONE ► 703-228-4747

Call us to register: Monday - Friday, 8 a.m. - 5 p.m.



- 1 Go online to registration.arlingtonva.us
- 2 Enter your **Login ID** and **Password**.
 - A new page will appear after you login.
 - If this is your first time or you do not know your ID/password, call 703-228-4747
- 3 Click on "**55 Plus**," then click "**Register for Classes**."
- 4 Find the classes you are interested in, then click on the **green + sign** next to each class.
 - Your selections will appear in a green bar at the bottom of the page.
- 5 After selecting classes, click "**Add to Cart**" in the green bar at the bottom of the page. A new page will appear showing all the items in your cart.
 - For each class, select the person who you are registering.
- 6 Choose "**Continue Shopping**" or "**Checkout**."
 - Note: YOU MUST CHECKOUT in order to complete the registration process - even when you register for free classes and owe nothing.

55+ CENTERS

- AM*** **Arlington Mill**
909 S. Dinwiddie St., 22204
703-228-0951
Mona Farah: mofarah@arlingtonva.us
M-F: 9-3, some nights/wknds
- AH** **Aurora Hills**
735 S. 18th St., 22202
703-228-5722
Cory Cox: ccox1@arlingtonva.us
MWF: 10-3, T/TH as scheduled
- LB*** **Langston-Brown**
2121 N. Culpeper St., 22207
703-228-6300
Elizabeth Poole: epoole@arlingtonva.us
M-F: 9-3, some nights/wknds
- LUBR** **Lubber Run**
300 N Park Dr., 22203
703-228-4767
Ashley Gomez: agomez1@arlingtonva.us
M-F: 9-3, some nights/wknds
- WR*** **Walter Reed**
2909 S. 16th St., 22204
703-228-0955
Jennifer Weber: jweber1@arlingtonva.us
M-F: 9-3, some nights/wknds

*Indicates hot lunch daily

Arlington is committed to providing open and accessible programs. We can provide, upon request, reasonable modifications for disabilities or language interpretation. Call 703-228-4747 (TTY 711)

