

AURORA HILLS 55+ CENTER ACTIVITY CALENDAR

April 2026

735 18th St. S
Arlington, VA 22202
703-228-5722

MONDAY	TUESDAY (Center Closed: Pre-registration required)	WEDNESDAY	THURSDAY	FRIDAY
		1 10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 11am-12pm Traditional Hatha Yoga** BR 1pm-2pm Hearing Loss Tech to the Rescue* MR 1-2pm Scrabble BR 2-2:45pm Spanish Conversation K	2	3 10am-12pm Mah Jongg K 10:15-11am Introduction to Beginner Line Dance MR 11:05am-12:05pm Line Dance Practice MR 11am-12am Pollinators and You* BR 12:30-2:30pm Movie at AH* MR 1pm-2pm SAIL* BR
6 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 10:15-11:15am SAIL* BR 1-2pm Corn Hole BR 1-2pm French Conversation K 2-2:45pm Tai Chi Practice BR	7 11am-12pm Gentle Hatha Yoga** TR	8 10am-12pm Foursome Bridge K 11am-12pm Traditional Hatha Yoga** BR 10am-12pm Hearts Club MR 1-2pm Stop Mumbling! I Can't Hear You! MR 1-2pm Scrabble BR 2-2:45pm Spanish Conversation K	9	10 9-10:30am Aurora Hills Walkers OS 10am-12pm Mah Jongg K 10:15-11am Introduction to Beginner Line Dance MR 11:05am-12:05pm Line Dance Practice MR 11-11:30am Intergenerational Storytime* BR 1-2:30pm Explore Mixed Media* BR 1pm-2pm SAIL* BR
13 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 10:15-11:15am SAIL* BR 1pm-2pm Travel Gurus: France* MR 1-2pm French Conversation K 2-2:45pm Tai Chi Practice BR	14 11am-12pm Gentle Hatha Yoga** TR	15 10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 11am-12pm Traditional Hatha Yoga** BR 1-2pm Scrabble BR 2-2:45pm Spanish Conversation K	16	17 10:15-11am Introduction to Beginner Line Dance MR 11:05am-12:05pm Line Dance Practice MR 10am-12pm Mah Jongg K 10:30am-12pm Explore Painting* BR 1-2pm SAIL* BR
20 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 10:15-11:15am SAIL* BR 1-2pm Retire Well, Live Well* MR 1-2pm French Conversation K 2-2:45pm Tai Chi Practice BR	21 11am-12pm Gentle Hatha Yoga** TR	22 10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 11am-12pm Traditional Hatha Yoga** BR 1-2:30pm Flappers and Speakeasies* MR 1-2pm Scrabble K 2-2:45pm Spanish Conversation K	23	24 9-10:30am Aurora Hills Walkers OS 10am-12pm Mah Jongg K 10:15-11am Introduction to Beginner Line Dance MR 11:05am-12:05pm Line Dance Practice MR 12:30-2:30pm Tea and a Movie* MR 1pm-2pm SAIL* BR
27 10am-12pm Yarn Crafters MR 10am-12pm Mah Jongg K 10:15-11:15am SAIL* BR 11:30-12:30pm AH Book Club BR 1pm-2:30pm Piano Lounge and Sing-Along* MR 1-2pm French Conversation K 2-2:45pm Tai Chi Practice BR	28 11am-12pm Gentle Hatha Yoga** TR	29 10am-12pm Foursome Bridge K 10am-12pm Hearts Club MR 1-2pm Scrabble BR 2-2:45pm Spanish Conversation K	30	

Calendar Key

* = registration required
^ = fee required

Bold = speakers/special events/etc.

NOTE: Programs without a symbol are Drop-In and do not require registration.

TR = Training/Meeting Room
MR = Main Room
OS = Outside
K = Kitchen