

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 11am-1pm Play Pickleball Gym
4 8am-12pm Social 60+ Café+* RM527 10-11:15am Line Dance Practice RM421 10am-12pm Open Game Time RM205 11am-1pm Play Pickleball Gym 11am-12pm Spanish Conversation RM404 12-2pm Mah Jongg RM205 5-6:15pm Hatha Yoga Basics** RM527	5 8am-12pm Social 60+ Café+* RM527 10:15-11am Tech Support with Ravi Dat* RM525 11am-1pm Play Pickleball Gym <b>1-2pm Effective Prompting for AI* RM527</b> 2-4pm Mah Jongg RM205 5-6pm Zumba Gold & Toning** RM527	6 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 10am-12pm 55+ Crafters RM205 11am-1pm Play Pickleball Gym RM205 5-7pm Mah Jongg	7 8am-12pm Social 60+ Café+* RM527 11am-1pm Play Pickleball Gym 12-2pm Mah Jongg RM205 1-2:15pm Line Dance Practice RM527 2-4pm Mah Jongg RM205	8 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 10am Qigong Pop-Up RM421 11am-1pm Play Pickleball Gym
11 8am-12pm Social 60+ Café+* RM527 10-11:15am Line Dance Practice RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Conversation RM404 12-2pm Mah Jongg RM205 5-6:15pm Hatha Yoga Basics** RM527	12 8am-12pm Social 60+ Café+* RM527 10:15-11am Tech Support with Ravi Dat* RM525 <b>1-2pm Women Who Fought for Their Community* RM 527</b> 2-4pm Mah Jongg RM205 5-6pm Zumba Gold & Toning** RM527	13 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 10am-12pm 55+ Crafters RM205 5-7pm Mah Jongg	14 8am-12pm Social 60+ Café+* RM527 12-2pm Mah Jongg RM205 1-2:15pm Line Dance Practice RM527 2-4pm Mah Jongg RM205	15 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205
18 8am-12pm Social 60+ Café+* RM527 10-11:15am Line Dance Practice RM421 10am-12pm Open Game Time RM205 11am-12pm Spanish Conversation RM404 12-2pm Mah Jongg RM205 5-6:15pm Hatha Yoga Basics** RM527	19 8am-12pm Social 60+ Café+* RM527 10:15-11am Tech Support with Ravi Dat* RM525 <b>1-2pm Dementia 101* RM527</b> 2-4pm Mah Jongg RM205 5-6pm Zumba Gold & Toning** RM527	20 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 10am-12pm 55+ Crafters RM205 5-7pm Mah Jongg	21 8am-12pm Social 60+ Café+* RM527 12-2pm Mah Jongg RM205 1-2:15pm Line Dance Practice RM527 2-4pm Mah Jongg RM205	22 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205
25 8am-12pm Social 60+ Café+* RM527 10-11:15am Line Dance Practice RM421 10am-12pm Open Game Time RM205 11am-1pm Play Pickleball Gym 11am-12pm Spanish Conversation RM404 12-2pm Mah Jongg RM205 5-6:15pm Hatha Yoga Basics** RM527	26 8am-12pm Social 60+ Café+* RM527 10:15-11am Tech Support with Ravi Dat* RM525 11am-1pm Play Pickleball Gym 2-4pm Mah Jongg RM205 5-6pm Zumba Gold & Toning** RM527	27 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 10am Qigong Pop-Up RM421 10am-12pm 55+ Crafters RM205 11am-1pm Play Pickleball Gym 5-7pm Mah Jongg <b>6-7pm Preparing Your Garden for Fall* RM527</b>	28 8am-12pm Social 60+ Café+* RM527 12-2pm Mah Jongg RM205 11am-1pm Play Pickleball Gym 1-2:15pm Line Dance Practice RM527 2-4pm Mah Jongg RM205	29 8am-12pm Social 60+ Café+* RM527 10am-12pm Open Art Studio RM205 11am-1pm Play Pickleball Gym

# Arlington Mill 55+ Center Calendar

August 2025

909 S. Dinwiddie St.,  
Arlington, VA 22204  
703-228-7369

## Key

\* = registration required

^ = fee required

+ = Social 60+ Café

**Bold** = speakers/special events/etc.

Check out the  
[weekly schedule](#) for  
Arlington Mill Community  
Center's gymnasium  
(updated as changes  
occur).

Credit and debit card  
payments made through  
the Arlington County  
Department of Parks and  
Recreation [registration  
system](#) include a  
convenience fee of up to  
3% paid directly to the  
credit card processor.  
Arlington County does not  
receive any portion of the  
fee.