



# SPEED FRIENDING



**TUESDAY**  
**OCTOBER 14<sup>TH</sup>**  
**1:00-3:00PM**

This October, Arlington's Project PEACE is partnering with The Carlin for a special Healthy Connections Mixer!

Join us for an afternoon of conversation, laughter, and connection designed just for older adults. Meet new people, build friendships, and maybe even spark a little romance.

We'll also celebrate the role community plays in fostering safe, supportive, and meaningful relationships. Resources for older adults will also be available.

- ✓ Speed Friending
- ✓ Resource Table
- ✓ Dessert Bar 



For more information call: 703-228-1678

