



## Grief Support Resources

### **Haven of Northern Virginia**

Grief counseling groups and seminars.

Web: <http://www.havenofnova.org/>

E-mail: [havenofnova@verizon.net](mailto:havenofnova@verizon.net)

Phone: 703-941-7000

### **The Compassionate Friends**

Support for families after the death of a child. Arlington Chapter meets at Trinity Presbyterian Church (Lewis Room), 5533 16th Street North, Arlington VA 22205-2749.

Web: <http://www.tcfarlington.org>

Email: [heidiawagner@gmail.com](mailto:heidiawagner@gmail.com)

Phone: Heidi Haggerty Wagner 571-216-5909

### **Virginia Navigator**

Directory of grief support and other services throughout Virginia.

Web: <https://virginiannavigator.org/>

### **Psychology Today Directory**

Listings for local therapists who provide grief therapy and related services.

<https://www.psychologytoday.com/us/therapists/va/arlington?category=grief>

### **Capital Caring**

Grief support services are available to anyone in the community who has experienced the death of a loved one.

Web: <https://www.capitalcaring.org/get-help/our-services/grief-support/>

Phone: 844-447-4383

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This resource list is for informational purposes and does not constitute an affiliation with or endorsement of organizations or service providers.



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Human Services