



# PROCLAMATION

## WALK MONTH

**WHEREAS**, walking is an enjoyable, safe, and sustainable form of transportation that supports healthier people, a healthier environment, and a more connected community; and

**WHEREAS**, walking can help reduce traffic congestion and conserve energy, while also benefiting both employees and employers through improved physical and mental health, reduced commuting stress, and lower parking costs; and

**WHEREAS**, Arlington County is home to an expansive walking network, including some of the region's most popular trails, and continues to invest in pedestrian safety, sidewalks, and other infrastructure improvements through Vision Zero and County and regional transportation projects; and

**WHEREAS**, Arlington is committed to creating equitable opportunities for education, encouragement, and engagement around walking and active transportation Countywide, and residents continue to help shape transportation and community policies that support more walkable places and more people walking; and

**WHEREAS**, Arlington is recognized as a Platinum-Level Walk Friendly Community by the national Walk Friendly Communities program and continues to strive for improvement in making walking safer, easier, and more accessible for all; and

**WHEREAS**, the American Heart Association has proclaimed April 2, 2026, as National Walking Day, providing an opportunity to recognize the many benefits of walking and encourage greater participation throughout the month; and

**NOW THEREFORE**, the County Board of Arlington, Virginia, does hereby proclaim **May 2026**, as **WALK MONTH** in Arlington County and urge all residents to support and participate in activities that contribute to the health of the community and the environment.



A handwritten signature in black ink that reads "Matthew de Ferranti".

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Matt de Ferranti  
Chair, Arlington County Board