

2013 Youth Risk Behavior Survey - Grade 6 Arlington

Percent of grade 6 youth by risk behavior or characteristic.

<i>Individual Characteristics</i>			
YRBS Question Description	All	Male	Female
American Indian	4	5	4
African-American	17	16	18
Asian	14	14	15
Pacific Islander	3	2	4
White	60	60	60
Latino ethnicity	26	27	25
Sex		55	45
<i>Family, School and Community</i>			
YRBS Question Description	All	Male	Female
Lives with both parents	74	75	73
Mother graduated from college	53	51	55
Mostly A's and B's in school	84	80	89
Does at least 1 hour of homework per night	46	39	54
Willing to discuss serious issues with parents	82	82	82
Willing to discuss serious issues with other adults	66	69	64
Knows well three or more adult role models	64	59	69
Knows well three or more adults who do things that are wrong or dangerous	7	6	7
Agree, in my town I matter to people	49	45	53
Agree, in my town adults listen to me	48	43	53
<i>Physical Health</i>			
YRBS Question Description	All	Male	Female
In poor or fair health	6	6	5
Did not have physical in past year	34	32	36
In poor/fair health and did not have a physical	61	65	54
Sleeps less than 8 hours on school nights	24	25	23
<i>Mental Health</i>			
YRBS Question Description	All	Male	Female
Felt sad or hopeless for 2+weeks in past year	15	12	20
Suicide attempt, past year	3	3	3
Suicide attempt resulted in medical treatment, past year	1	1	1
<i>Safety</i>			
YRBS Question Description	All	Male	Female
Never or rarely wear seatbelt	4	5	3
Never or rarely wears helmet while riding a bike	28	31	25
Never or rarely wears helmet while skateboarding	40	46	32
Rode with a drinking driver, past year	13	13	14
<i>Internet Safety</i>			
YRBS Question Description	All	Male	Female
Has met strangers online	33	36	29
Had a scary/uncomfortable online experience	21	21	22
<i>Sunscreen</i>			
YRBS Question Description	All	Male	Female
Rarely/never use sunscreen (SPF 15 or higher) when outside for more than one hour on a sunny day	39	47	31

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<i>Bullying</i>			
YRBS Question Description	All	Male	Female
Victim of bullying, past year	26	28	24
Victim of bullying at school, past year	23	26	20
Victim of cyberbullying, past year	10	8	12
Agree, bullying is a serious problem at school	30	32	27
Agree, bullying is a serious problem in the neighborhood	13	15	11
Agree, adults try to help if told about bullying	76	75	76
Agree, adults think bullying is a small problem	18	18	19
<i>Violence & Weapons</i>			
YRBS Question Description	All	Male	Female
Carried a weapon, past month	5	7	3
Missed school due to safety concerns, past month	4	5	2
Threatened/injured with a weapon at school, past year	5	6	3
Victim of property crime at school, past year	19	20	18
In a physical fight, past year	25	34	14
In a physical fight and had to be treated by doctor or nurse, past year	4	4	3
In a physical fight at school, past year	13	20	5
<i>Tobacco Use</i>			
YRBS Question Description	All	Male	Female
Ever smoked cigarettes	3	2	3
Smoked a cigarette before age 13	1	0	1
Used cigarettes, past 30 days	0	0	<1
Moderate or great risk of harm from 1 ⁺ pack daily	84	84	85
Parents disapprove of teen smoking	99	99	100
Access, I got them myself	<1	1	<1
Access, someone else got/gave them to me	<1	<1	<1
<i>Alcohol Use</i>			
YRBS Question Description	All	Male	Female
Ever drank alcohol	7	8	6
Drank alcohol before age 13	7	8	6
Used alcohol, past 30 days	2	1	2
Agree, most/all young people my age use alcohol	<1	0	<1
Agree, alcohol is easy to get	14	15	13
Moderate or great risk of harm from 1-2 drinks daily	77	74	80
Moderate or great risk of harm from binge drinking (5+ drinks within 2 hours)	86	85	87
Parents disapprove of teen drinking	98	98	97
Access, I got it myself	1	1	1
Access, someone else got/gave it to me	1	1	2

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Marijuana Use			
YRBS Question Description	All	Male	Female
Ever used marijuana	1	1	2
Used marijuana before age 13	1	1	2
Used marijuana, past 30 days	1	1	1
Risk of harm from regular marijuana use	85	83	87
Parents disapprove of teen marijuana use	99	99	99
Ever used cigarettes, alcohol or marijuana	8	9	7
Inhalant & Other Drug Use			
YRBS Question Description	All	Male	Female
Ever used inhalants	7	7	7
Used inhalants before age 13	7	7	7
Used inhalants, past 30 days	2	2	2
Ever used other* illegal drugs	1	1	1
Ever used any** illegal drug	8	9	8
Ever used Steroids	2	2	2
Ever used prescription drugs without a doctor's prescription	1	1	2
Ever used over-the-counter drugs to get high	2	2	3
Was offered or sold drugs at school, past year	3	3	4
Weight Status			
YRBS Question Description	All	Male	Female
Describes self as overweight	20	20	20
Trying to lose weight	35	31	40
Obese based on Body Mass Index (BMI)***	8	10	6
At-risk for obesity based on BMI***	21	24	17
Use of Healthy Weight Loss Methods			
YRBS Question Description	All	Male	Female
Exercise	55	53	57
Reduce calories and/or fat	34	35	33
Use of Unhealthy Weight Loss Methods			
YRBS Question Description	All	Male	Female
Fasting	7	6	8
Diet pills or liquids without physician's advice	2	3	1
Vomiting or misuse of laxatives	3	3	3
Any unhealthy weight loss method	7	7	8
Diet			
YRBS Question Description	All	Male	Female
Less than 1 serving of 100% Fruit Juice per day, past week	66	64	68
No fruit, past week	4	5	2
Less than 1 daily serving of fruit, past week	31	36	25
5 or more servings of Fruits or Vegetables, past week	47	43	52
Drank no milk, past week	12	12	11
Fewer than 3 daily glasses of milk, past week	78	73	83
Two or more daily servings of soda, past week	6	7	5
Had breakfast fewer than 5 days, past week	14	13	16
Had breakfast 7 days past week	73	75	69

* Other than marijuana or inhalants

**Includes marijuana, inhalants, or any other illegal drugs.

***Student Body Mass Index (BMI) is calculated based on student self-reported height and weight.

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<i>Exercise & Activities</i>			
YRBS Question Description	All	Male	Female
Less than one hour of exercise per day on 5 or fewer days past week	34	31	37
Physically active 60 minutes, 7 days past week	35	41	29
Strength and toning exercise, 4+ times past week	56	62	50
Did not play on any sports teams, past year	23	17	31
Physically active outside one hour or more, per school day	61	66	55
Physically active outside 60 minutes, 7 days past week	31	35	27
Watching TV 2+ hours per school day	19	21	17
Playing computer or video games 2+ hours per school day	12	13	11
Using electronic devices 2+ hours per school day	20	18	21
Total screen time 2+ hours per school day	41	44	37
<i>Gangs</i>			
YRBS Question Description	All	Male	Female
Member of gang, past year	3	2	4
Friend(s) in a gang, past year	8	8	9
Gang members in neighborhood or school	15	17	14
Agree, you are safer in a gang	4	2	6
Agree, more likely to get hurt or get into trouble in a gang	78	75	82
Ever asked to join a gang	4	3	5