

## Arlington Partnership for Children, Youth and Families

### Meeting Minutes

Sept 27 2023

**Attendance (ONLINE):** Appointed members: Janetta Brewer, David Carlson, Megan Mack, Stephanie Browne, Rick Strobach, Karen Herrling, Jackson? Staff: Deborah Warren, Michael Swisher, Kimberly Baldini, Linh Nghe, Mark Perez, Guests: Rashida Clarke, Judy Hadden, Iglesias, John Andelin

### MONTHLY MEETING AGENDA

#### **Welcome + Introductions:**

Notes from Partnership meeting 10/25/2023

This was an online meeting. We began with introductions and noted : lots of new participants.

TOPICS for discussion

1. Partnership's planning for the coming Arlington All In conference (see details below)
  - a. There will be some fundraising we need to do, and thankfully there will be some funding available through DHS
2. MEMBERSHIP is growing. Reminder to the Partnership about our goal of equity
  - a. Diversity in our membership continues to be a goal and a challenge.
  - b. Having Spanish-Speaking and Hispanic participants would be great
  - c. Membership committee and will work to fill the last spaces. Linh noted how enthusiastic our group is with new members who are very competent. In our retreat, 5 areas of focus were identified.
    - i. Drop-in center for youth
    - ii. Increase representation in membership in group and in our work, reaching all communities, especially the most vulnerable. Collaboration from the targeted communities during the Arlington All In is an opportunity for co creating. We can pull in community members to get their input and participation. This is a need.
    - iii. Mental health and Wellness awareness—Youth substance abuse—DHS has experience opening activities with communities in is Spring into Wellness. May-June are fatherhood events and MH activities (full list?)
3. ARLINGTON ALL IN—Conference in May 2024
  - a. There is a large team that is pulling off large event throughout the spring. MS can coordinate events for Arlington All In/State prevention funding can also be leveraged—we can buy T -shirts, food, etc. We can move forward now with developing the infrastructure for the day

- b. INPUT, ideas and thoughts about the event—
  - i. Involve youth in input and planning—Also CR2, behavioral health
  - ii. A 5-6-hour event with breakfast food, breakout sessions and training. The training would train participants and leaders from the identified communities. Provide these people with some resources for them to have at their disposal as they carry the initiative into the future
  - iii. Is there an involvement from Parents and Teenagers with disabilities? Yes- help with this
  - iv. There is a goal of 200 participants? Even 300-400
  - v. May—TNB and Parks and Rec can work together—Develop positive message and activities
  - vi. What if we thread together events throughout winter and spring and have arc and or an organizing theme, with events big and small that promote the All In event and message. (HOPE came us later as a theme)
  - vii. Emphasizing a positive message is a great way to present data and highlight strengths. Linh used the term positive social norming. The want the event to bring hope and approach community’s significant concerns from a positive strength-based perspective
  - viii. Who are our partners? who can also reach out and use relationship with the community? Libraries are ready to support. County agencies and partners can share resources at the conference
  - ix. What about an “Asset Mapping approach”??
  - x. Groups have come together around the Fentanyl crisis. They can participate in the event. Need robust engagement. Businesses can provide work opportunities for hope to provide job or internship experiences. incorporate soccer tournament?
  - xi. Posters with QR codes to be posted everywhere for youth to learn about what is out there, about the event, and available services
  - xii. Is youth our focus, or is it broader? Thought from group:
    - 1. All in should focus on children and families
    - 2. Opioid Crisis is a big driver at the moment.
    - 3. One group that is important is parents of young children, and/or disabled children who are just starting their journey.
    - 4. We can offer mini “mental health 101” sessions that can be tailored to particular ethnic or cultural communities. DHS has already done such sessions
    - 5. Session on ACES and trauma
    - 6. Session on trends on substance abuse in youth. Share info the new services in schools nowadays.
    - 7. Do Narcan training and hand out Narcan

8. Sessions on housing and opportunities for assistance programs. Housing crisis impacts stress. DHS Housing staff can attend and share information. Arlington gives out millions of dollars in assistance. \$40,000 week in eviction prevention. DHS does an annual housing fair.
  9. —Community immunization event? Schools will be getting ready for vaccines in the school year. Linh noted that this was tried in Green Valley with a capacity problem from public health-valuable.
  10. Make a big effort to make sure that people register for the event, which really helps with planning. EventBrite is a good platform to do this. planning for interpreting. need a way for people to attend without registering if that is a barrier.
  11. We'll need a location with multiple classrooms. Space for a resource and vendor fair is a good idea.
4. Ideas for next month's meeting, which will be a hybrid meeting on 11/29
- a. Looking for ideas for topics for Nov. meeting
    - i. Have fun, have regular meeting,
    - ii. Break down into work groups during meeting time
  - b. Use time between meetings to make connections, do planning, and pull in some of the hoped-for community members to actually get involved from the very beginning
  - c. Michael has old agenda and planning matrixes he's used for past events, can create a timeline, that goes backward from the day we set for the meeting. See his role as driving the event forward, checking in with others, logistics, helping people figure out how to move their area of responsibility forward
    - i. He will condense things into a major task list asking—where do you need to be? People need to sign up. Pull this together in an electronic document and send it out; what may be missing?
    - ii. Each person needs to reach out to others now—youth, language groups, BIPOC, get the word out to contacts is the ASK.
    - iii. Think about using the day to help people understand where they can get help after the conference. launch partnerships and connections and affinity groups to work together to move new things forward past conference. Important to think about how to keep people connected after event
    - iv. What will people walk away with?
      1. Brochures, information forms, a product that people can take away. keeping things updated is tough, but there are groups and resources that we can share. the resource fair would give participants the opportunity to directly speak with providers

2. The word “HOPE” needs to permeate the conference as something that is really needed.
3. need to remember to use “wellness” as a POSITIVE focus. Linh—communication group will craft the language thoughtfully to emphasize that
5. This will be a big exciting event with advertising—lots of ways: a sneak peek to the event, a quick campaign through devices, a PSA about ACES. Lots of great energy and the Prevention Team has lots of things in place to pull this off.
6. We’ve got the people and the resources for this event. Come back in November with cookies and tell us what you’ve got. We’ll go into breakout groups.
7. two general goals/ideas— A. awareness and education, with a primary focus on MH B. actions to address issues in the community.

#### **Additional Items**

- **Partnership Coordinator position is tentative**
- **Planning and Development needs to meet before Dec meeting.**