DEVELOPMENTAL SERVICES

NEWSLETTE

On any given day, Ben wakes up around 6:00 am to prepare for one of his many clubs, practices, or work; he loves getting out in the community. In his free time he loves to row, swim laps, and host book clubs. He works for a small organization collecting recyclables from neighbors and surrounding businesses; rain or shine, he never misses a day!

Ben lives in an inclusive community that has helped him establish social connections while living independently. His natural supports include his childhood best friends who are also his neighbors. His independent living skills have grown since living on his own; each week he makes his grocery list and goes shopping with a friend or family member, he can access all the amenities in his apartment building where he's built a community and a home.



- February is Black History Month! The Youth, Teen, and Family Unit presents an interactive Black History photo scavenger hunt around Arlington! Each week use the clues to visit a different historic landmark location and snap a selfie! Clues and an interactive map can be found <u>HERE</u>.
 Join now through February 29, 2024!
- Therapeutic Recreation's Family Night's Out is pleased to announce, in celebration of Black History Month, this month's project is inspired by the works of Meta Vaux Warrick Fuller, an African-American sculptor, poet, and theatre designer whose work is considered central to the Harlem Renaissance. To find out more, click <u>HERE</u>.
- March is Celebrating Individuals with Developmental
 Disabilities Month! Join Arlington Developmental Services
 on March 21, 2024, at 6:00 pm at Central Library for pizza
 and a movie, I am ABLE. Please register for the event
 HERE.
- Arlington's Annual Teen Employment fair will be held on April 6, 2024, at the Thomas Jefferson Community Center from 10:00 am to 1:00 pm. Register HERE.



Our Stomping Ground (OSG) is a nonprofit organization that partners with affordable housing developers, community organizations, and neighbors to create affordable, inclusive communities for individuals with developmental disabilities.

The organization has created several communities in multiple Arlington neighborhoods, including at the Gilliam Place, Queens Court, and Cadence apartments. Our Stomping Ground offers a variety of free or low-cost programs, including book clubs, games nights, art therapy, fitness classes, and more. All OSG events are open to everyone, and getting started is as simple as registering for and attending an event!

To learn more, click **HERE**.



The Developmental Services (DS) Newsletter is a source of connection to the wider Arlington community, with opportunities for individuals of all ages and abilities. Scan the QR code to keep up with all the exciting things happening throughout the County!