

BEHAVIORAL HEALTHCARE DIVISION

CRISIS INTERVENTION TEAM (CIT)

Program Overview

Providing first responders with the skills to respond more effectively to individuals experiencing mental health crises and increase the number of individuals with mental illness receiving treatment in lieu of incarceration.

Training occurs over 40 consecutive hours. It is comprised of didactic, experiential, and practical components to ensure trainees are equipped with the knowledge and ability to apply crisis de-escalation techniques and active listening skills.



The sequential intercept model seeks to divert individuals from incarceration at key points of their interaction with the criminal justice system. CIT Training occurs in Intercept 1.

Who We Serve

- Community Partners trained include Arlington County Police Department, Arlington County Sheriff's Office, Arlington County Fire Department, and Metro Washington Airports Authority Police.
- Other agencies trained in our program include the Pentagon Force Protection Agency Police, Central Intelligence Agency Police, Defense Intelligence Police, National Geospatial Agency Police, Defense Logistics Agency Police, Animal Welfare League of Arlington, United States Marshals Service, Federal Bureau of Investigations, VHC Security Services and SOS Security Services.

Persons Served in Lieu of Arrest

In FY18: 116 individuals were brought to the Crisis Intervention Center instead of arrest at a combined cost savings (jail bed day and psychiatric medication cost) of \$763,616.00.



Officer Injuries

Officer/Individual injuries have decreased. In FY2018, there were 470 police involved interventions and only 5 injuries were reported.



Additional Trainings

Train the Trainer enhances faculty expertise and ensures trainer uniformity. The advanced CIT course will be offered to community partners for more extensive training.



619 People Trained

Since 2009, 619 law enforcement/fire personnel, magistrates, dispatchers, private security, DHS staff, and Probation/Parole have been trained in CIT.



Percentage of ACPD

For FY2018: 76% of the patrol division has been trained and it is projected to increase to 78% in FY2019.



Contact Us

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