

## Partner/SHIFT's Mission

The Arlington County Partner/SHIFT Program aims to eliminate intimate partner violence in the Arlington community by providing educational and supportive group sessions to address unsafe relationship behaviors for those who have used violence and/or abusive with a dating, intimate partner, or spouse.

### Partner/SHIFT Services

#### Fathers for Change:

16-24 weeks, hourly individual sessions.

Participants receive one-on-one therapy to address unsafe and unhealthy relationship behaviors with a focus on strengthening parenting skills.

Cost: \$0-\$180/ per session. \*

#### SHIFT Groups:\*\*

18-weeks, 2 hr./ class.

Participants are provided support and education in a group setting with a focus on building skills to have safe and healthy relationships. Additional therapeutic support available upon request.

Cost for program: \$0-25/per class. \*

**Partner/SHIFT does not offer Domestic Violence Services for Non-Intimate Partners or Anger Management Services.**

\*Service fees are on a sliding scale, based on income.  
\*\*SHIFT Groups meet the requirement for VA State Certified Batterers Intervention Programs.

## Referral Process

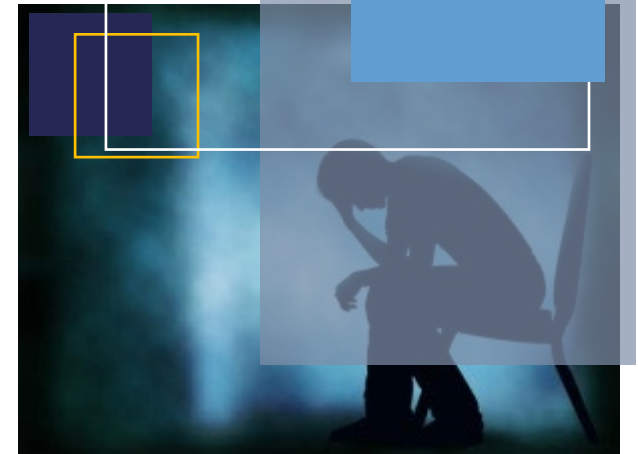
**To make a referral, ask questions, or request additional information, please contact:**

LeDell K. Miller, MA, LPC,  
Call: 703-228-1513  
Email: LKMiller@arlingtonva.us

**Para información o para registrarse en Español llame al 703-228-1513 y solicite un intérprete.**



# WHAT YOU SHOULD KNOW ABOUT PARTNER/SHIFT SERVICES



## Arlington County's Partner/SHIFT

Shaping Healthy Interactions For Tomorrow

*(Formerly the Abuser Intervention Program- AIP)*



## How to enroll?

- Start the enrollment process:  
Call Partner/SHIFT to get started today! Partner/SHIFT will need some personal information as well as any information about any court involvement.
- Complete Documentation:  
Documentation will be sent to participants via email or can be picked up from The Partner/SHIFT office. All paperwork must be complete, signed, and returned.
- Complete Financial Assessment: \*  
Partner/SHIFT Customer Account Specialist will complete a financial assessment to determine the program fee. Participants will be asked to provide a photo ID, and current address, and proof of income or unemployment.
- Schedule an Intake:  
Partner/SHIFT intake appointments take one hour, can be virtual, and are usually scheduled Mon – Thurs, between 10am -4pm. Slight day and time adjustments are available, upon request.
- Make Program Payment: \*  
To complete enrollment and begin class, participants must pay for their intake and the first half of the program (first 9 sessions).

\* Service fees are on a sliding scale, based on income.

## Partner/SHIFT interventions for those who have harmed...

- Attend group or individual support for 18-24 weeks in a row.
- Participants must verbally express their responsibility for violence or abuse they have used.
- Participants must share within the group their unhealthy or unsafe relationship behaviors.
- Participants must actively engage in skills building exercise to improve communication skills, exhibit their understanding and ability to respect boundaries, and complete assigned task to successfully complete the program.

## For the person being harmed:

You have the right to a safe, healthy, relationship, free of violence and abuse.

You can ask us for help at any time. Partner/SHIFT can assist with providing you with information and connecting you with resources in the community.

**Call 703-228-1513 to learn more. For immediate support call the Doorways hotline 24/7 at 703-237-0881.**

## What is Partner/SHIFT?

The Arlington Partner/SHIFT Program serves people in need of therapeutic intervention to address their use of abuse or violence against an intimate partner. While this program is intended change violent, unhealthy and/or abusive behavior, success is dependent on how participants engage with the program and allow for change in their lives. Partner/SHIFT services are provided to all adults, in any type of intimate relationships.

