



PROCLAMATION

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MEN'S HEALTH WEEK

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public about the importance of how a healthy lifestyle and the early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are informed about the value of preventative health will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Arlington Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

WHEREAS, the citizens of Arlington are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

NOW, THEREFORE, I, Libby Garvey, Chair of the County Board of Arlington, Virginia, do hereby proclaim June 13, 2016 through June 19, 2016 as

MEN'S HEALTH WEEK

in Arlington, and encourage all of our citizens to pursue preventative health practices and early detection efforts.

Libby Garvey
Chair