

**STRATEGIC PLAN**

**Focus areas**

1. **Prevention** (community education & awareness, data sharing w/ community, trainings, narcan)
2. **Treatment** (increase access, expand availability, diversion programs, enhance recovery supports, overdose response)
3. **Supply reduction** (DTB, med disposal & storage, decrease prescriptions/medical community engagement)

**FOCUS AREA 1: Utilize Prevention and Education Efforts to Reduce Substance Misuse and its Harmful Effects**

GOALS	STRATEGIES	OUTCOMES
Increase community’s understanding of substance use disorders and opioid epidemic	-Offer community trainings/webinars -Partner with schools to provide prevention related education to students and families -Participate in tabling events at community gatherings (festivals, farmers markets, etc) -Use PSAs, bus ads, online advertising to increase awareness of AARI & spread AARI prevention messages	-6 community trainings/webinars a year -At least two events/publications with school community a year  -12 tabling events a year (when pandemic ends)  -At least 3 prevention campaigns a year. -An increase of website/Facebook traffic when prevention campaigns are active.
Increase use of SBIRT to support secondary prevention	-Evaluate current SBIRT program and resources needed to expand -Identify community partners interested in SBIRT	-An increase in SBIRT screenings being completed by current community partners -Implement SBIRT with one new community partner a year
Prevent overdoses	-Educate community on risks of overdose -Provide overdose reversal education (REVIVE & abridged NARCAN) -Reach into identified areas of need (high rise complexes, business community, barber shops, etc.) to distribute Narcan -Provide education on risks of unused medications in the home -Provide education on treatment resources available to individuals who are currently experiencing addiction	-REVIVE trainings 2x month. At least quarterly training should be offered to general public <ul style="list-style-type: none"> <li>- # of narcan doses distributed</li> <li>- Zip codes of narcan distribution should match high OD zip codes</li> <li>- At least 3 educational programs or publications/year related to risk of unused medications</li> <li>- At least 3 educational programs/publications related to treatment resources a year.</li> </ul>

**Focus Area 2: Enhance Treatment Options to Promote Long Term Substance Use Recovery**

GOALS	STRATEGIES	METRIC
Increase availability of long-term sober housing	<ul style="list-style-type: none"> <li>-Explore options that exist</li> <li>-Seek grant funding</li> </ul>	Number of people assisted in sober living. Amount of money spent for sober living. Percentage of these participants who stayed in sober living for the next three months after funding.
Expand Drug Court Treatment Program	<ul style="list-style-type: none"> <li>-complete internal assessment of current drug court</li> <li>-expand eligibility criteria in Arlington that stays within VA code</li> <li>-educate inmates to dispel myths about drug court</li> </ul>	Number of people assessed vs. accepted into DCTP Increase in number of participants
Enhance diversion programs	<ul style="list-style-type: none"> <li>-intoxicated individuals brought to DHS rather than jail</li> <li>- increase diversion options at intercept 0</li> <li>-Rewrite Safe Station policies to encourage participation</li> </ul>	<ul style="list-style-type: none"> <li>- increase in number of individuals diverted into treatment</li> <li>-Number of people who use Safe station</li> </ul>
Increase alternatives to incarceration	<ul style="list-style-type: none"> <li>-jail-based staff will identify detainees that are more appropriate for SU treatment than incarceration</li> <li>-develop a system to present treatment plans at various junctions of the court process</li> <li>-link people to alternative programs</li> </ul>	<ul style="list-style-type: none"> <li>-number of people screened for alternatives to incarceration</li> <li>-successful completion rates of people referred through this program</li> </ul>
Full range of MAT options available in the jail	<ul style="list-style-type: none"> <li>-build on the Vivitrol Pre-Release Program to add other MAT</li> <li>-begin with soft detox and build up engagement/support                             <ul style="list-style-type: none"> <li>-utilize support from HIDTA and GMU</li> </ul> </li> <li>-offer Suboxone inductions</li> <li>-Eventually provide MAT in the jail</li> </ul>	<ul style="list-style-type: none"> <li>-people participating in MAT programs</li> <li>-VPR participants that transitioned to outpatient</li> <li>-identify champions in the jail</li> <li>- within a year offer soft detox</li> <li>-within 3 years offer MAT</li> </ul>
Enhance overdose response	<ul style="list-style-type: none"> <li>-OD outreach team will contact individuals within 24 hours of overdose</li> <li>-Offer NARCAN to OD victims and witnesses                             <ul style="list-style-type: none"> <li>-explore offering NARCAN at the scene of overdose and/or other resources</li> </ul> </li> <li>-Set up MOA with ACPD &amp; ACFD regarding OD response</li> <li>-Set-up OD response plan with VHC</li> <li>-Explore ways to collect accurate data of ODs/NARCAN use in Arlington</li> </ul>	<ul style="list-style-type: none"> <li>-100% compliance with goal</li> <li>-NARCAN to 60% of OD victims and/or witnesses</li> <li>-MOA in place within a year</li> <li>-Identify hospital champion. VHC OD response plan in action within 3 years</li> <li>-Increase in data sources for NARCAN use</li> </ul>

Focus Area 3: Supply Reduction

GOALS	STRATEGIES	METRIC
Reduce access to prescription medications	<ul style="list-style-type: none"> <li>-Maintain takeback boxes</li> <li>-Drug disposal &amp; storage education events/ads</li>   <li>-Tabling events with lock &amp; talk and medication deactivation bags</li> </ul>	<p>Number of pounds of medications collected at Drug Take Back boxes.</p> <p>Number of education events held</p> <p>Number of venues displaying signage, RE: medication disposal and storage</p> <p>Number of medication deactivation bags dispensed to public</p> <p>Number of medication lock boxes dispended to public via lock and talk</p>
Engage medical community, re: prescription practices & treatment options	<ul style="list-style-type: none"> <li>- Connect with medical community</li> <li>- Dispense safe opioid use bags to medical providers to share with their patients</li>   <li>- Share list of treatment resources w/ medical provider community</li> <li>- Develop signage for medical community to hang in their offices</li> </ul>	<p>-Identify a few champions in medical community</p> <p>-Number of medical providers dispensing opioid safe use bags being.</p> <p>-Number of bags dispensed by medical providers</p> <p>-number of medical providers sharing treatment resources</p> <p>-number of medical providers hanging signage in their offices</p>
Educate the community on non-opioid prescription options	<ul style="list-style-type: none"> <li>- Complete research to identify alternatives to opioid pain medication</li> <li>- Provide resources to the community</li> </ul>	<p>-Completed resource list</p> <p>-Resource list published on website &amp; Facebook</p>