

## Arlington Community Services Board – Children and Youth Committee

November 5, 2012

Committee Present: Shauna Alonge (on phone), Janine Finnell, Betsy Greer, Linda Staheli, Marguerite Tomasek, Naomi Verdugo

Staff: Tom Wallace (minutes)

Guest: Kacey Sistare, Youth Transition Case Manager

1. Call to order: meeting called to order at 5:05 p.m. by Naomi Verdugo.
2. Minutes review and approval: The October minutes were circulated, reviewed and approved.
3. Monthly statistics: Tom Wallace circulated the monthly statistics for September. Several highlights, including the ongoing increase in numbers of youth served by emergency services, were discussed. The Children's Behavioral Healthcare Bureau receives daily reports of clients seen by emergency services, and reaches out to families of children seen. Several young people seen by emergency services in recent months are not Arlington residents, and several are current clients whose caseworkers are informed when they are seen by emergency services.
4. Agenda planning: The Committee discussed agendas for upcoming meetings, and developed a plan for a series of meetings in 2013 to focus on juvenile-justice issues. The planning calendar has been updated and is attached to these minutes for review and comment by the committee. The document will remain in draft form as agendas are developed and adjusted.
5. Youth transition services: Kacey Sistare, Youth Transition Case Manager in the Children's Behavioral Healthcare Bureau, gave a presentation on her services. Ms. Sistare provided an outline of the types of clients seen, caseload size, collaboration with schools and community agencies, the community-based nature of her services (including service provision in schools, in client homes, at community sites), and the logistics of transferring clients to adult services when they age out of children's services. Ms. Sistare talked about the successful "transition club" that took place last summer, and her plans to launch another one in 2013. She answered questions from committee members, and, in response to a question about what Ms. Sistare would like to see for transition-age youth, she described a "transition center" that can assist transition-age youth with all of the life domains that require attention as they move toward adulthood. This concept resonated with the committee, and inspired some discussion about how to get such a center in place, collaborating with the schools and other county programs (employment center, parks and recreation) to turn the concept into a reality.
6. New business: Naomi Verdugo reported on the CSB retreat, held in October, at which Libby Garvey, County Board member and designated Board liaison to the CSB, gave a talk. The committee agreed that it would be beneficial for the CSB to develop an attention-getting presentation for Ms. Garvey, to introduce her to our services and help her learn about what we

do. Tom Wallace is going to develop some ideas and share them with the committee at the December meeting.

Ms. Garvey encouraged outreach to the Interfaith Council, and Naomi Verdugo has been in touch with Jim Burke of the Council. A meeting is to be arranged as the process of introducing them to CSB services begins.

Virginia Association of CSBs Child Council: Tom Wallace attends these meetings, which occur on a quarterly basis. The next one is December 7. The committee agrees that the association does not prioritize the youth population. At the next C&Y meeting, Mr. Wallace will brief the committee about the December 7 meeting.

8. Old business: the Behavioral Healthcare Bureau brochure is to be circulated to the committee for comment before new copies are printed.

9. Announcement: Betsy Greer has a listing of the Access Community Lecture Series programs running through June. The topics are relevant to families dealing with special needs and disabilities. A copy of the listing will be circulated to the committee.

Meeting adjourned at 6:30 p.m.

Next meeting: Monday, December 10, at 4:00 p.m., in lower level room C at 2100 Washington Blvd. Darcy Gruttadaro from NAMI will be presenting. Invitations will be extended to school transition staff, the school mental-health cadre, Alan Orenstein from Adult Behavioral Healthcare, and Cindy Kemp, Executive Director of the CSB.

**Data Reporting to C&Y Committee  
FY 2013**

Measure	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun
Number of youth served in children's behavioral healthcare programs	328	311	300	312	304							
Number of youth served in detention center	12	14	11	12	13							
Number of youth/families on waiting list for MHSA services	0	0	0	0	0							
Number of psychiatric hospitalizations	2	2	4	4	3							
Number of youth served by emergency services	9	11	23	23	7							
Number of youth served by court liaison	24	27	17	22	21							
Number receiving psychiatric services	55	74	51	61	73							
Number of youth in residential care	7	7	7	10	10							
Number of new unduplicated intakes	11	13	22	16	19							
Number of VICAPs completed	4	3	2	4	0							
Number of behavioral health presentations provided to the community	0	0	0	0	0							
Age breakdown												
Birth-5	19	19	18	10	11							
6-11	88	86	89	86	81							
12-15	116	110	108	108	103							
16-18	99	91	87	99	97							
19+	8	9	4	11	14							

