

**ARLINGTON COMMUNITY SERVICES BOARD**

**SUBSTANCE ABUSE COMMITTEE  
MINUTES**

**April 23, 2012**

**Members Present:** Jim Mack, Jenette O'Keefe, Shaun Buckner, Craig Dabney, Charlie Baughman

**Members Excused:** Wes Sanchez, Bharati Patel, Keith Whyte

**BHD Staff:** Nancie Connolly

**I. DEMETER HOUSE PROGRAM SITE VISIT**

MS. Kelly Rankin, Program Director of the Demeter House, provided an overview of services and a tour of the facility. Demeter House is a residential substance abuse treatment program specially designed to address the multiple problems of drug dependent women. The 20-bed program accepts women, pregnant women or women accompanied by a child; there is onsite child care provided by a child care specialist. The program's duration is from thirty days to six month duration depending upon insurance coverage or referral by a public agency. Treatment includes substance abuse education and counseling; orientation to Alcoholics Anonymous and Narcotics Anonymous self-help groups; parenting, communication and life skills development; vocational preparation; and specific issues related to women early recovery on in their recovery process.

Following the facility tour, two Arlington residents currently receiving treatment in the Demeter House program shared their experiences from a client perspective with committee members. Committee members were able to interact with the clients and process a variety of questions. Ms. Nancie Connolly also provided an overall summary of how the SA Bureau links and monitors Arlington CSB clients admitted to the Demeter House.

**NOTE:** The next SA Committee meeting will be held on **May 21, 2012 at 7:00 pm** in the George Mason Center Conference Room next to the Drewry Building- room 232.