

ARLINGTON COMMUNITY SERVICES BOARD

SUBSTANCE ABUSE COMMITTEE MINUTES

January 27, 2014

Members Present: Jim Mack, Jenette O'Keefe, Shawn Buckner, Charlie Baughman

Members Absent: Keith Whyte, Craig Dabney, Wes Sanchez

BHD Staff: Joe Bullock

Guest Staff: Dr. Mark Yapelli; Jocelyn Wilcox

- I. PROBLEM GAMBLING & GAMBLING ADDICTION:** Dr. Mark Yapelli and Ms. Jocelyn Wilcox provided the committee with an overview of Problem Gambling disorders tonight. Ms. Wilcox works for the National Council on Problem Gambling (NCPG) and reported that there are currently 36 state affiliates that provide local help for consumers. NCPG operates a national hotline that assists individuals with finding help for problem gambling. NCPG also sponsors a variety of public service announcements, outreach efforts and promotion of National Problem Gambling Awareness month each March. Dr. Yapelli, a local practicing psychologist with a specialty in gambling disorders treatment, also shared more specific information on the clinical aspects for diagnosing a problem gambling disorder, defining gambling addiction, predisposing factors, typical patterns known to early, middle and late stage gambling addiction, correlations with substance abuse and treatment. A variety of questions were processed to end this very interesting and well done presentation.
- II. SA COMMITTEE CHAIR REPORT:** Mr. Jim Mack provided the committee with an update regarding the FY 2015 budget process. Mr. Mack provided a few key highlights: the county manager has announced that reductions are not expected to be as significant as earlier projections; the CSB is continuing to work on revising/finalizing their priorities list; the state did not include any new funding for the regional peer recovery project in Northern Virginia; the county board will be visiting the Arlington Detention Facility to tour both the SA and MH programs in early February as both programs are included on the CSB priorities list. Ms. Jenette O'Keefe announced that Ms. Bharati Patel has announced her resignation from the CSB and SA Treatment committee. Ms. Patel sends her best regards to the SA Committee for the good work being done. Ms. O'Keefe informed Ms. Patel she is invited and welcome to attend any future committee meetings.
- III. SA DIRECTOR REPORT:** Dr. Bullock reported to the committee that the Arlington Drug Court program is approaching their first year anniversary. Dr. Bullock will keep the committee informed on any activities as planning for this event advances. Dr. Bullock also shared that the program currently has 7 participants with a maximum of ten clients possible in this first year. Dr. Bullock provided a reminder for recommending new committee members to join the SA Committee. Dr. Bullock stated that anyone interested can contact him directly.

NOTE: The next SA Committee meeting will be held on February 24, 2014 at 7:00 pm at the George Mason Center Building, 1801 N. George Mason Drive next to the Drewry building.