



ARLINGTON COMMISSION ON AGING

c/o Agency on Aging, DHS
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**Meeting Summary
October 16, 2017**

PRESENT: Laurie Young, Gwendolyn Beck, Cheryl Beversdorf, Carl Brooks, Valerie Crotty, Linc Cummings, Jim Feaster, Pamela Hawkins, Cragg Hines, Mary Ann Johnson, Herschel Kanter, Cynthia Schneider, Sophie Shen, Duke Taylor, Martha Villanigro-Santiago, Martha Wilson, Julia Chun Legislative Assistant to Senator Barbara Favola

MEMBERS EXCUSED:

STAFF: Maimoona Bah-Duckenfield, Rachel Sparico

GUESTS: Susan Bell, Russell Danao-Schroeder, Mitch Opalski, Jim Morris, Angela Chadbourne, Linda Kelleher, Cindi Miller, Jennifer Collins, Alex Hennessa, Hannah Withers, Michael Goldberg, Aleksander Belinskiy, Bob Loftur-Thun (NVRC for Deaf and HOH)

- I. **Call to Order and Welcome New Commissioners at 9:00 a.m.**
- II. **Presentation on Residential Parking Workgroup Recommendations – Stephen Crim; and Presentation on Accessory Dwelling Units – Joel Franklin**

Residential Parking Workgroup Recommendations – see [attached presentation](#). More information may be located at the [Residential Parking Workgroup](#). Mr. Crim presented on Off-Street Parking Policy for Multi-Family Residential Projects. He shared the minimums are below recent demand to encourage use of public transportation as research indicates that parking supply influences parking demand and by setting the minimum it allows attraction for alternative transit solutions. Through 2030 the County predicts a growth of 19% (net new) development in the metro corridors; yet with more housing and less vehicles, it may expand the use of County and regional public transportation options. A concern was voiced about the rising cost and reliability of metro, increasing capacity, and the impact on older adults. Mr. Crim shared that the existing stock of housing is still available and the County does not anticipate new buildings where all of the parking would be off-site. It is about offering options. There was a concern about excess parking and traffic in neighborhoods that may be impacted; Mr. Crim encouraged this Commission to participate in the Residential Parking Permit review. This Commission will discuss these recommendations further and determine endorsement. County Board action is scheduled to occur at their regular meeting on November 18th.

Accessory Dwelling Units – see attached [presentation](#). More information may be located at <https://housing.arlingtonva.us/plans-reports/accessory-dwelling-ordinance-update/>. There was discussion about short-term residential units and Accessory Dwelling Units (ADUs) must still be the primary residence as defined in the zoning ordinance. A concern was voiced about the use of ADUs and the potential increase in using these units for short-term rental. There was a question about the number of approved ADUs annually and Mr. Franklin shared the number is fixed at 28 by the County Board following a review of other jurisdictions. There was also a concern about issues with renters for older adults who rent their homes. CPHD has a [Tenant-Landlord Rights](#) unit under the Housing Division to file complaints and resolve issues between renters/tenants. There was a suggestion to add a slide about what this policy offers compared to tear downs. County Board action is scheduled to occur at their regular meeting on November 18th.

III. Approval of September's Meeting Minutes

Minutes were approved unanimously.

IV. Chair's Report

Laurie Young

- a. Chair Young reports she attended the County Manager's Budget meeting with Commissioner Brooks, see Budget report.
- b. The Public Information and Outreach (PIO) committee needs a committee chair. Please let Chair Young know if you are interested.

V. ADSD Staff Reports

Maimoona Bah-Duckenfield

- a. Ms. Bah-Duckenfield welcomed new Commissioners and reminded them of the new member orientation on October 26th.
- b. The [Caregivers Conference](#) is scheduled for November 11th on Veteran's Day.
- c. Handouts include: [Upcoming Events](#) and the Northern Virginia Ombudsman report.

VI. Committee Reports

- a. **Budget** (Carl Brooks): County Manager Mark Schwartz met with Commission Chairs on September 27th to discuss County budget process. Commissioner Brooks will meet on October 25th at 3pm with Ms. Bah-Duckenfield and Mr. Jim Baker to discuss the budget process for County FY2019. Chair Young shared that advocacy is growing and other Commissions and Advisory groups mentioned Aging in Place along with items important to older adults.
- b. **Legislative** (Laurie Young): Chair Young and Commissioner Villanigro-Santiago will help co-chair this committee through the end of the year. The committee is meeting with elected officials to promote the NVAN platform at the 2018 General Assembly. The [Legislative Forum on Aging Issues](#) is scheduled for November 9th at the Fairlington Community Center.
- c. **Long Term Care Residences** (Cyndy Schneider): Met on October 11th and heard a presentation from Adult Protective Services Program Manager, Reginald Lawson, focused on investigations in Long-Term Care Residences settings. Mr. Lawson reported there may be an impact on the quality of care and staffing ratios. The next meeting is December 13th.
- d. **Membership** (Sophie Shen): No report.
- e. **Public Information & Outreach** (Vacant): The committee requires a new chair; a Commission member is required to chair this committee. Please contact Chair Young if you are interested in serving in this role.
- f. **New Media/Technology** (Sophie Shen): Commissioner Shen and Chair Young will meet to transition this role.
- g. **Senior Centers** (Vacant): see Senior Adult Council report.
- h. **Strategic Planning** (Laurie Young): No report.
- i. **Supportive Services and Housing** (Mary Ann Johnson): The committee is in the process of distributing the Universal Design video and meets next week to review priorities which may include: Zoning and Variances, Accessory Dwelling Units, Residential Parking, the Assistive Technology Suitcase, and adults with disabilities and the LGBTQ population.
- j. **Transportation** (Cragg Hines): The committee is in the process of scheduling a November meeting to review the Arlington Senior Transportation survey.

VII. Liaison Reports

- a. **Alexandria Commission on Aging** (Mitch Opalski/Linc Cummings): Mr. Opalski attended the Alexandria Commission on Aging meeting and learned about their participation in the Nationwide 911 program "Smart911", and shared that Sunrise Senior

- Living plans to expand an Assisted-Living facility in Old Town Alexandria, and the Commission and AARP will host an Age-Friendly stakeholder meeting on November 2nd.
- b. **Accessory Dwelling** (Martha Villanigro-Santiago): The group is raising awareness leading up to County Board action on November 18th. Commissioner Beck recognized this as an opportunity for older adults to increase income. Commissioner Taylor voiced concern about the ambiguity of short-term rentals and the potential expansion of AirBnB. Chair Young shared concern about transience on the neighborhood especially those with young children. Commissioner Villanigro-Santiago shared short term rentals will comply with the County's short-term rental policies and ADUs should not be used as short-term rentals. Commissioner Feaster shared this is a good issue to support, and consider adding language to voice protection against short-term rentals. Commissioner Crotty voiced concern about expansion of short-term rentals, and mentioned less oversight in a separate dwelling, along with restrictions to families.
 - c. **Alliance for Senior Programs/Senior Adult Council** (Cindi Miller): A new vendor was introduced to provide the food for the three Senior Center cafés. There will be a public meeting on 10/19 at 7pm to review design concepts for the Long Bridge Aquatics Center. There will be a Multicultural celebration at Langston Brown on 10/20. The Council is planning their annual New Year's Event party.
 - d. **Commonwealth Council on Aging** (Erica Wood): No report.
 - e. **Interchurch Community Health Initiative** (Pamela Hawkins): No report.
 - f. **Disability Advisory Commission** (Mary Ann Johnson): No report.
 - g. **Arlington Neighborhood Village** (Vacant): Mike Goldberg from ANV shared general information about the organization.
 - h. **Community Development Citizens Advisory Council** (Linc Cummings): The council is currently reviewing applications from non-profits that are seeking money.
 - i. **Emergency Preparedness Advisory Commission** (Valerie Crotty): Plans are underway to write a letter to WMATA (metro) focused on communication and replacement work completed under Fast Track. Commissioner Crotty voiced concern about vulnerable populations during and after disasters. Highlights were shared from the Emergency Preparedness event for vulnerable populations at Hunter's Park on September 28th in partnership with the Office of Emergency Management, Fire Department, Red Cross and Animal Welfare League.
 - j. **Pedestrian Advisory Committee** (Jim Feaster): Met with County staff to review the document that developers submit to review the traffic plans at new developments.
 - k. **Steering Committee/Older Persons** (Gwendolyn Beck): The group heard a presentation from Autumn Campbell of n4a on Federal Legislative and Budget updates. The next meeting is Friday, November 17th and will focus on Medicare and Medicaid updates.
 - l. **Transit Advisory Committee** (Hershel Kanter): The September meeting focused on the value of public transit in the Northern Virginia region and reviewed accessibility of bus stops on Lee Highway and Washington Blvd.
 - m. **Coalition to Improve Advanced Care (CIAC)** (Joan McDermott): Ms. McDermott submitted her report electronically to Chair Young. On October 24th, eight people will be trained in Respecting Choices and certified as Advanced Directive Facilitators. The next meeting is November 21st at 3:30 at Capital Caring Halquist Center.

VIII. Old Business

- a. Residential Parking Discussion – following Mr. Crim's presentation and a discussion, the Commission voted to not support the recommendations of the Residential Parking Working Group. The vote included two abstentions. The following motion was approved:
 - i. "The Commission, with regret, is unable to support the recommendations of the Residential Parking Working Group because we find that in too many regards they

are incompatible with the Commission's goal to make Arlington a place where seniors thrive. The Commission's concerns include, but are not limited to,

- The Working Group's apparent lack of full consideration of the recommendations' effects, especially regarding residential parking permits, on adjoining single-family neighborhoods, where many senior, long-term residents of Arlington live.
- The allowance of up to 100 percent of a new residential development's parking to be off-site, which has implications for seniors' mobility and safety, especially regarding weather and time of day.
- The seeming failure to include any but the best-case scenario regarding Metro's ongoing problems, including the general manager's recent refusal, at least in the short term, to consider increased frequency of trains or a reduction in fares.
- The substantial immediate decrease in parking requirements for new residential developments without a clear statement as to why a more incremental approach, which is so often part of the Arlington Way, was not considered.
- And, as the Commission has observed with regard to other major rule-making processes, the lack of significant senior input in development of the recommendations."

IX. New Business

- a. A motion to support Accessory Dwelling Units was approved. The following motion was approved unanimously: "To vote in favor of the recommendations to loosen building ADUs but to closely examine the use and increase of short-term rentals."

X. Announcements and Public Comment

- a. Mr. Morris referenced the Sun Gazette article recognizing Joan McDermott, an upcoming event at the Central Library about World War II [Code Girls](#), and the Fuerza Contra Alzheimer's and AARP Virginia event, [Celebrating Caregivers](#).
- b. Public Comment: Aleksander Belinskiy shared public comment about the residential parking, mentioning the restriction for the Market Rate apartments is aspirational and not expected to be built at such a low rate. The zero parking space will most likely not apply because it is unlikely that any location in this corridor will be built at that rate. He feels it should not be a provision if it will not apply. Developers will offer options and devise where residents should park.

XI. Adjournment at 11:27 a.m.

**Next Meeting: Monday, November 20th, 2017 at 9am at
DHS, 2100 Washington Blvd. Arlington VA 22204**