



ARLINGTON COMMISSION ON AGING

c/o Agency on Aging, DHS
2100 Washington Blvd. Arlington, VA 22204
TEL: 703-228-1700 FAX: 703-228-1174 TTY: 703-228-1788
EMAIL: arlaaa@arlingtonva.us

**Meeting Summary
November 20, 2017**

PRESENT: Laurie Young, Gwendolyn Beck, Cheryl Beversdorf, Carl Brooks, Valerie Crotty, Linc Cummings, Jim Feaster, Cragg Hines, Mary Ann Johnson, Herschel Kanter, Sophie Shen, Duke Taylor, Martha Villanigro-Santiago, Martha Wilson, Julia Chun Legislative Assistant to Senator Barbara Favola

MEMBERS EXCUSED: Pamela Hawkins, Cynthia Schneider

STAFF: Jeanne Booth, Maimoona Bah-Duckenfield, Rachel Sparico

GUESTS: Erica Wood, Jim Morris, Angela Chadbourne, Cindi Miller, Jennifer Collins, Alex Hennessee, Hannah Withers, Wendy Zenker

I. Call to Order at 9:00 a.m.

II. Presentation by Amy Gotwals – Chief, Public Policy & External Affairs of National Association of Area Agencies on Aging (n4a)

See attached presentation. More information may be located at www.n4a.org.

There was a question about the data in the presentation; some of the data from the presentation was retrieved from the Center on Budget and Policy Priorities, <https://www.cbpp.org>. A question was asked about collaborations with other aging partners; n4a partners with organizations at every governing level, participates as one of 60 organizations in the Leadership Council on Aging, and encourages advocacy. Save the date for the 2018 Aging Policy Briefing in Washington D.C. and April 18-19, more information at <https://www.n4a.org/agingpolicybriefing>.

III. Approval of October’s Meeting Minutes

Minutes were approved unanimously.

IV. Chair’s Report

Laurie Young

- a. Chair Young reported her activities over the past month which include: attending Alexandria’s Age-Friendly workshop; meeting with local elected officials to promote the NVAN platform; and hosting the Legislative Forum. The next step for Arlington’s Age Friendly effort is to submit letters and request meetings with the Arlington County Board to promote this initiative.

V. ADSD Staff Reports

Maimoona Bah-Duckenfield

- a. Ms. Bah-Duckenfield provided an overview of the successful Arlington AAA audit by Virginia DARS, thanking Jennifer Collins and Department of Parks and Recreation (DPR) for their partnerships and contributions around Nutrition.
- b. Handouts include: [Upcoming Events](#) and an invitation to thank County Board member Jay Fisette on Wednesday, December 13th from 6:30-9pm at Unitarian Universalist Church of Arlington.
- c. Community Engagement Forum – we plan to live stream this annual event.

VI. Committee Reports

- a. **Budget** (Carl Brooks): County Manager Mark Schwartz met with Commission Chairs on September 27th to discuss County budget process. Commissioner Brooks met with Ms. Bah-Duckenfield and Mr. Jim Baker to discuss the budget process for County FY2019.

Follow up meetings will be scheduled throughout the months leading to the proposed County budget.

- b. **Legislative** (Laurie Young): see Chair's report. Chair Young encouraged individuals to inform family members and friends to contact their elected officials about the importance of legislation and budgetary items that impact older adults. Commissioner Taylor encouraged utilization of social media to connect with elected officials.
- c. **Long Term Care Residences** (Cyndy Schneider): The next meeting is December 13th at Regency Care of Arlington.
- d. **Membership** (Sophie Shen): No report.
- e. **Public Information & Outreach** (Gwendolyn Beck): The meetings moved to the second Wednesday of each month at 9:30am. Commissioner Beversdorf mentioned Aging Matters Minute a program on Tuesday morning that highlights upcoming aging events.
- f. **New Media/Technology** (Sophie Shen): Commissioner Shen and Chair Young will meet to transition this role. Chair Young posted photos from the Legislative Forum.
- g. **Senior Centers** (Vacant): see Senior Adult Council report.
- h. **Strategic Planning** (Laurie Young): No report.
- i. **Supportive Services and Housing** (Mary Ann Johnson): The committee is in the process of distributing the Universal Design video and plans to meet at a Realtor meeting at Sotheby's to promote Universal Design concepts. The committee is recruiting new members, especially volunteers to present on the Assistive Technology Suitcase.
- j. **Transportation** (Cragg Hines): The next meeting is tomorrow at 1pm to visit the Mobility Lab and learn about their recent Senior Transportation Outcomes Study.

VII. Liaison Reports

- a. **Alexandria Commission on Aging** (Mitch Opalski/Linc Cummings): Commissioner Cummings attended the November meeting.
- b. **Accessory Dwelling Workgroup** (Martha Villanigro-Santiago): The group continues to raise awareness leading up to County Board action on November 18th. A copy of the letter to the County Board was included in Commissioner's packet.
- c. **Alliance for Senior Programs/Senior Adult Council** (Cindi Miller): Last week, Virginia DARS conducted an audit of the Congregate Nutrition program – the Walter Reed Social 60+ Café which resulted in no findings. OSAP staff is updating new volunteer training programs to include Customer Service, Ethics and Diversity. The development of the [Long Bridge Aquatics and Fitness Center](#) is moving forward. More information may be located [here](#).
- d. **Commonwealth Council on Aging** (Erica Wood): The next meeting is December 20th. Their legislative platform is posted and being distributed to partners and advocates.
- e. **Interchurch Community Health Initiative** (Pamela Hawkins): No report.
- f. **Disability Advisory Commission** (Mary Ann Johnson): The next meeting is November 21, 2017. More information about the committee may be located [here](#).
- g. **Arlington Neighborhood Village** (Vacant): Wendy Zenker, Interim Executive Director, provided an update on the organization of more than 200 members. Ms. Zenker's background includes extensive experience with the National Council on Aging.
- h. **Community Development Citizens Advisory Council** (Linc Cummings): The council reviewed all applications and will render decisions shortly.
- i. **Emergency Preparedness Advisory Commission** (Valerie Crotty): Commissioner Crotty shared that OEM staff Sarah Kessler is offering outreach to interested groups. More information about the committee may be located [here](#).
- j. **Pedestrian Advisory Committee** (Jim Feaster): Met with County staff to review the document that developers submit to review the traffic plans at new developments. More information about the committee may be located [here](#).

- k. **Steering Committee/Older Persons** (Gwendolyn Beck): The group heard a presentation from Marsha Greenfield, Mark Gottlieb and Joe Schwartz discussing Medicare and Medicaid. The next meeting is Friday, January 19, 2018 and will focus on Alzheimer's and Dementia.
- l. **Transit Advisory Committee** (Hershel Kanter): The recent meeting focused on public transit including bus routes. Commissioner Kanter's term will end in December. More information about the committee may be located [here](#).
- m. **Coalition to Improve Advanced Care (CIAC)** (Joan McDermott): On October 24th, eight people were trained in Respecting Choices and certified as Advanced Directive Facilitators. The next meeting is November 21st at 3:30 at Capital Caring Halquist Center.

VIII. Old Business

- a. Copies of the letters submitted to the Arlington County Board were included in each Commissioner's packet:
 - i. Declined support for the Residential Parking Working Group recommendations
 - ii. Support of Accessory Dwelling Working Group recommendations

IX. New Business

- a. Commissioner Beck shared that Virginia Hospital Center (VHC) had an event focusing on Emergency Preparedness last month and an upcoming workshop on Sleep, December 15th. Upcoming events and classes at the hospital may be found on their [website](#).

X. Announcements and Public Comment

- a. Mr. Morris shared AARP Arlington is hosting Gwendolyn Beck to discuss Falls Prevention on Wednesday at 1pm at Central Library. He also encouraged members to review the most recent AARP Bulletin, free copies are available at local libraries.

XI. Adjournment at 11:06 a.m.

Next Meeting: Monday, December 18th, 2017 at 9am at Culpepper Garden, 4435 N. Pershing Dr. Arlington, VA