

ARLINGTON COUNTY COMMUNITY SERVICES BOARD
Mental Health Committee

10/26/16

Approved 11/30/16

Committee Members Present: Wayne Bert (Co-chair), Judy Deane (Co-chair, by telephone), Tom Quinn, Anne Hermann, Debra Byrd, Cathy Lewis, Dori Mitchell, John Mitchell, Dayna Belfiore, Sam Howlett

Committee Members Absent: Lee Long, Betsy Greer, Brian Berke, Sue Lowry, John Blount, Judy Lynn, Scott Brannon, Jarrod Nagurka, Leslie Gosling, Tamara Theiler

Staff Present: Alan Orenstein, Lizabeth Schuch

Recovery Center: Visit: The Committee met at the Arlington Peers Helping Peers in Recovery (APHPR) recovery center located at 3219 Columbia Pike, Suite 101 at 3 pm. Jerome Hughes, Executive Director, provided an overview of the program and a tour of the space. Mr. Hughes described the center as a safe, stigma-free place for those experiencing mental illness, substance abuse and homelessness. It is operated by Recovery Program Solutions of Virginia, a peer-run organization under contract with DHS. Funding is primarily via a regional recovery grant. The center operates Monday through Thursday 10 am to 3:00 pm. It provides a wide range of activities including: peer support groups, dual recovery meetings, WRAP workshops, computer training and access, daily lunch, peer counseling, and recreational and employment-related activities. In response to questions, Mr. Hughes also noted that about 30 people attend daily; they come from a variety of locations; and some are transported by the Center vehicle from specific locations such as the Arlington shelter. At 3:45 pm, the Committee adjourned to the Sequoia Building for the business meeting.

Call to Order: Mr. Bert called the business meeting to order at 4:10 pm

Approval of Minutes: The Committee approved the 9/28/16 minutes.

Budget Priority Review:

Dr. Orenstein distributed an updated listing of preliminary FY18 budget priorities including responses to questions from the last meeting. He also proposed a method of considering, rating and determining priorities and distributed the rating sheet. The Committee then proceeded to review and discuss each item. As added information, Dr. Orenstein noted the response of Dr. Palmieri to each item. After a discussion, the Committee members rated each proposed priority on a scale of 1 (high priority) to 10 (low priority).

Actions:

- Dr. Orenstein will send the CST staff proposal to Ms. Deane in response to her data request regarding increases in clients.
- Dr. Orenstein will receive the remaining rating forms from Mr. Bert and Ms. Deane and tally the ratings, note some comments, and distribute the findings to the membership and to Dr. Palmieri.

(For purposes of the minutes, the calculated priority order and average rating of the budget proposals is attached below)

Mental Health Director’s Report:

- **Announcements:** Dr. Orenstein announced that Dr. John Palmieri, who has served as the BHD Medical Director, was selected as new BHD Division Chief. In response to a question, Dr. Orenstein explained that this position will no longer serve both as BHD Division Chief and CSB Executive Director. The Executive Director’s functions will be assumed by the DHS Deputy Director when the position is filled. Dr. Orenstein also noted that the Mr. Harry Ayling was selected to serve as the SAMH Program Manager and Mary Marshall contract manager on Eileen Keane’s retirement.
- **Committee Schedule:** The Committee members discussed the agenda schedule for the coming year. It concluded with the following proposed presentations and visits: Intake presentation (November), Joint meeting with SA Committee (January for December), visit to Kensington group home (January), and SAMH (April). The February and March agenda items are still to be determined
Action: Dr. Orenstein will schedule the November presentation.

Chair’s Report and Announcements: None

Adjournment: The meeting adjourned at 5:45 pm.

Attachment

PROPOSED BUDGET PRIORITIES RATINGS (1 to 10)						
Items	Jail Diversion	Expand Beds	CST Case Man (a)	Young A Adult CM	Emerg Services	SAMH FTEs
# Raters	9	9	9	6	9	8
Average Rating	1.4	1.7	2.7	3.5	5.3	5.6
RANK	1	2	3	4	5	6

1. Jail Diversion: 1 MH Therapist to divert individuals at bond hearings (or work with the prospective MH docket) (\$86,000 plus benefits)
2. Expansion of adult MH residential beds (10 beds at \$17,000/bed estimated)
3. 1 MH Therapist case manager for the Community Support Teams (\$86,000 plus benefits)
4. 1 MH Therapist case manager for the young adult services (\$86,000 plus benefits)
5. 1 MH Therapist for Emergency Services (\$100,170 including benefits)
6. 1 MH Therapist and 1 Case Manager for ASD/SAMH to work at Mary Marshal (\$108,000 and \$82, 536 respectively including benefits, totaling \$190,536)

A proposed increase for the Recovery Center was removed (pending funding from the existing budget); and the proposed Clarendon House social club position and proposed advocate positions were withdrawn as these were procedural and not budget issues.