

**ARLINGTON COUNTY COMMUNITY SERVICES BOARD**  
**Mental Health Committee**

5/2/15

Approved 5/25/16

**Committee Members Present:** Wayne Bert (Co-chair), Judy Deane (Co-chair), John Blount, Betsy Greer, Tom Quinn, Anne Hermann, Cathy Lewis, Dayna Belfiore, Scott Brannon, Caroline Bragdon

**Committee Members Absent:** Lee Long, Richard Smith, Sam Howlett, Jarrod Nagurka, Joseph Briglia, Debra Byrd, Leslie Gosling, Marguerite Tomasek, Brian Berke, Sue Lowry

**Presenters:** Sandy Clark, Jessica Sleep

**Staff:** Alan Orenstein

**Joint Meeting with Child and Family Committee:**

Kacey Sistare presented a brief description of her role as the Child and Family Youth Transition case manager. She has about 18 youth who are aging out and she is in the process of preparing them to continue services. Approximately 5- 10 are transfer to adult services each year, since many of the youth go on to college or are not interested in services. Committee members had a number of questions and comments. These related to: the number of youth she works with, how they are prepared to transition to adult services, the source of referrals, the type and diagnoses of youth served, collaboration with adult mental health services, and knowledge of the outcomes of youth who did not follow-up with services after aging out.

Sandy Clark introduced an overview of the young adult MH services, by providing a brief history of the program which began with one case manager in 2005. She described the program's growth, staffing and services. Ms. Sleep, the new Clinical Coordinator, provided an overview of new developments. These included establishing and filling the new Clinical Coordinator position; increased outreach to County high schools; regular Young Adult Team meetings; increased collaboration with Intake including discussion of outreach; the addition of a full-time peer specialist in the FY17 budget beginning 1/1/18; expansion of the program age range to include services to 16-17 year olds with first episode psychosis, the continued admission of all SMI young adults aged 18-24, and the continuation of services to all clients until aged 30; and the drafting of a new program brochure. She also described recent collaboration with Child and Family Behavioral Health Services, including streamlining the transfer process and the attendance of the C&F Youth Transition case manager at monthly meetings.

Ms. Sleep also summarized activities related to the RAISE model including: consultation with Lisa Dixon (the OnTrack RAISE program in the New York area) last July and her recommendations to strengthen the team with a clinical coordinator and regular team meetings. The Young Adult transition team also started the REORDER model to orient new families and increase their involvement in the young adult's services. Shen noted a recent visit to the Fairfax RAISE program. Ms. Sleep also noted the new name for the program, "First STEP".

Ms. Sleep summarized some service and outcome data. In FY15 the program served 155 young adults. Eighteen were found jobs by Job Avenue and 15 were assisted in their education at colleges, GED programs, PC training. Fourteen 18-24 year-olds were placed in Permanent Supported Housing and 5 aged 25-29 were placed; 93% of the former sustained their housing at least 2 years as did 80% of the latter, compared to 70% of residents 30 and over.

**Call to Order:** Ms. Deane called the business meeting to order at 6:30 pm

**Approval of Minutes:** The Committee approved the 3/2316 minutes without correction.

**Mental Health Director's Report:**

- Dr. Orenstein drafted an orientation curriculum with the review of several Committee members and sought confirmation that he should schedule an orientation in September, as planned. There was Committee consensus to proceed as planned.
- Dr. Orenstein noted that we would begin discussion of the FY18 budget recommendations the next meeting (5/29/15) which could continue in a June meeting. To prompt some thought about priorities, he distributed a list of the Committee's FY17 priorities. He described that the FY17 approved budget will include 4 peer positions, one each for Emergency Services, SA, and Clarendon House, all of which are now contracted for a year with one-time funds. Recruitment can begin when we get an allocation memo, about July. In addition, there will be a full time young adult service peer beginning in January. ACTION: Dr. Orenstein will prepare a listing and description of the FY17 priorities for the next meeting.
- Dr. Orenstein noted he would be on leave when the June meeting is scheduled and suggested the meeting date be changed. After a brief discussion, it was decided to reschedule the June meeting from June 22 to June 8.
- As requested by Ms. Deane, Dr. Orenstein with Dayna Belfiore described the SAMHSA grant RFP for Assisted Outpatient Treatment (AOT) (in Virginia it is called Mandated Outpatient Treatment (MOT)). The grant is to pilot the initiation of AOT and requires that there is not AOT procedure already in place. They also described how MOT is implemented in Arlington. After discussion with Leslie Weisman, Dr. Orenstein described how we may not be eligible, do not have many MOT clients, and the current MOT procedure is voluntary. Therefore, we are not interested in the grant application, even if we were eligible.

**Chair's Report:**

Ms. Deane noted that the PACT picnic is scheduled for 6/22/16. This year it will also include Clarendon House clients and group home residents. It will be held 11:30am to 1:00 pm at Barcroft park. Mr. Bert noted that the first meeting of the new Employment Committee was held as planned.

**Announcements:**

Ms. Greer announced that the annual Clarendon House "pot luck" diner will be 6/15 at 6 pm at the Clarendon House program.

**Adjournment:** The meeting adjourned at 8:00 pm.