

Intellectual Disabilities Committee of the Arlington Community Services Board

Minutes for Meeting on September 5, 2012

Call to order: The meeting was called to order at 6:35 p.m. by Committee Co-Chair Barbara Jones

Introductions: Barbara Jones and Moira Saucedo, Co-Chairs; CSB member Brian DeAtley, and CSB member and CSB Ad-Hoc Communications and Employment Committee Chairman Keith Whyte; ID committee members and families Donna Budway, Gay Harrington, David O'Connor, Carol Skelly, Ann Kelly, Alex Yellin, and Casey Youman; provider staff members Kathy Wellington and Norman Hill of Community Residences, Arthur Lerman of RIVA, and April Pinch-Keeler of MVLE; The Arc of Northern Virginia staff member Lucy Beadnell; IDDS staff members Don Conley and Jennifer McKinney Acheson

Approval of minutes: Committee members reviewed the draft minutes and hand-outs from their July 11, 2012 meeting. The minutes were approved as read and will be submitted to the full CSB.

CSB Sub-Committee on Employment & Communications

Keith Whyte distributed a hand-out (see attached):

- *CSB Ad-Hoc Communications & Employment Committee*, a memo by Keith Whyte to individuals interested in disability employment issues.

Keith Whyte, Executive Director for the National Council on Problem Gambling introduced himself as the chair for the newly formed CSB Ad-Hoc Communications & Employment Committee. Keith shared a brief history of the Employment Committee. He hopes the focus of the new committee will be less broad than in the past. He wants to establish communication with the private business sector that will open up job opportunities beyond the current food service and cleaning industries. Keith suggested establishing public relations with the business community through speaking engagements at the Chamber of Commerce, Rotary Clubs, Kiwanis, etc. This would be an opportunity to present success stories and relate the value provided by workers with disabilities.

CSB member and NISH staff person Brian DeAtley recommended looking at the individual before looking at the company. He said that it was important to meet the people within the company that do the hiring and talk to them. Brian agreed to participate on the committee.

April Pinch-Keeler of MVLE announced that the nonprofit vocational vendors have recently qualified to be certified as Small, Women- and Minority-owned businesses. She stated that SWaM certification will open new opportunity to bid on State and County jobs and contracts.

Department of Justice Settlement Agreement with the Commonwealth of Virginia

Barbara Jones and Moira Saucedo distributed a hand-out (see attached):

- *DBHDS Settlement Agreement Stakeholder Group Meeting July 9, 2012* which was a PowerPoint presentation by Heidi Dix, Assistant Commissioner for Developmental Services, DBHDS.

Moira reported that Judge Gibney approved the consent decree. Individuals do not have to give up living in a Training Center if they choose to do so, but do not have the right to choose the location of the Training Center.

There was concern expressed that the current ID Waiver rates would not be sufficient to meet the needs of individuals exiting the Training Centers. April Pinch-Keeler stated that the Virginia Association of Community Rehabilitation Programs (vaACCSES) has conducted a study of pricing in the Northern Virginia area that will become available in the next few days. She will provide the study to the committee. The study will be put on the agenda for the next meeting to discuss providing recommendations.

Arthur Lerman, Director of Development for Resources for Independence of Virginia, Inc. (RIVA) offered to provide the committee with model budgets for Arlington.

Housing and Residential Updates

Jennifer McKinney Acheson distributed two hand-outs (see attached):

- *Virginia Micro-board Association (VMA)* is the fact sheet explaining the mission, vision, and the abc's of establishing a micro-board
- *Home Tour – Arlington – L'Arche* announced the opportunity to tour the L'Arche 6th Street House on October 6, 2012 from 10:00 – 11:00 AM

Tours

Jennifer shared a flyer with L'Arche's upcoming open house information. Open houses will be held for their (2) Arlington homes on Sunday, November 4 from 2:00 – 4:00pm. Please contact L'Arche for the address and directions: 202-232-4539.

Brain Foundation/Pathway Homes meeting

The Brain Foundation and Pathway Homes met with CSB members and staff on 8/30/12 to talk about their operations and partnership. Trudy Harsh established The Brain Foundation (TBF) in 2003 in order to educate the public about brain diseases and provide housing to those affected. TBF established itself as a 501(c)3 nonprofit organization and opened their first home in November 2006. They now have six homes in the Northern Virginia area. The Brain Foundation partners with Pathway Homes, a 501(c)3 nonprofit agency, to provide residential services to adults who are experiencing mental health and co-occurring disorders. Jennifer shared TBF's Annual Report (7/1/10 – 6/30/11) that goes into greater detail about their mission, activities and accomplishments.

VA Micro-board Association

Jennifer shared a handout from the Virginia Micro-board Association on behalf of Pam Gannon, DHS housing specialist. Lucy Beadnell of The Arc spoke about their meeting at the Arc Convention on 8/9/12. Lucy talked about the Northern Virginia micro-board workgroup and talked about the support needs assessment being developed.

Report on current group homes and ICFs

The ID Committee had some environmental questions about the ICFs and group homes in Arlington.

Q: How many residents have to share a bathroom?

A: ICF average = 2.4 residents per bathroom; Group Home average= 2 residents per bathroom; Combined 2.2 residents per bathroom

Q: How many homes have outdoor space?

A: 100% of the homes have a deck, stone patio, yards, etc...

Q: How many homes have common areas beyond the typical kitchen, living room, dining room, etc....?

A: Eight of the 15 ICFs and group homes have additional common areas, such as a recreation room, finished basement, meditation space, etc...

IDDS residential waiting list information

Jennifer shared residential waiting list numbers and broke it down as to who is ready now and who wants placement in the future, based on residential needs surveys that were returned so far this year. Of the surveys mailed to families, 76% were returned. Five of those who returned surveys began receiving residential services last fiscal year. Twenty-eight percent (28%) were not interested in residential placement. Sixty-five percent (65%) want services now or later. See below for details about these:

- ICF/ID placement= 13 ready for placement now; 10 desiring placement later
- GH placement= 4 now; 13 later
- Supervised apartment placement= 0 now; 7 later
- In-home services= no one currently waiting

Residential provider follow-up to May housing forum

Resources for Independence of Virginia's (RIVA) Arthur Lerman, Director of Development, shared that RIVA is currently looking at real estate in Arlington in order to open their first ICF/ID in Virginia. Ideally they are looking for a home on a big lot that has room to expand for accessibility purposes. He shared RIVA's experience with individuals with significant behavioral and medical needs. They operate 5 group homes in Fairfax County with 6 individuals in each and they support about 50 individuals through in-home residential services. RIVA is an affiliate of the Sunrise Group (not to be confused with Sunrise Nursing Homes) and they have the ability and resources to purchase homes. They are headquartered in Miami and have operated in 7 states as a nonprofit for over 40 years. Arthur passed out RIVA's brochure, as well as his business card.

Community Residences Inc's (CRI) Kathy Wellington, Vice President of Clinical Services, shared that they are in the process of applying for affordable housing funds from Arlington's Community Planning, Housing and Development (CPHD) Department. They are in the process of completing preliminary assessments on referrals they have from Arlington from those in the community, as well as training center residents ready to be discharged. CRI is planning on constructing (2) 4-bed ICFs which share common kitchen space. Their plan would be to serve (4) individuals with 24-hour nursing needs and (4) individuals with intensive behavioral needs. Kathy also discussed CRI's current mission of assessing everyone currently in their services to see if they are in the best placement to meet their needs. She

shared that they are currently moving one of their homes into clustered apartments and that movements all over the agency will open up spaces for higher needs individuals needing placement.

ID Committee Recommendations for CSB FY14 Budget Priorities

Barbara and Moira distributed a flyer announcing the DHS/CSB Public Hearing on the Budget. They invited committee members to attend this public forum on FY14 budget priorities on September 6, 2012 at 6:30 pm in the Sequoia Auditorium.

The ID Committee submitted two items as FY 2014 priorities:

- Two additional support coordinator positions for IDDS to allow for coverage of additional individuals and duties due to the closure of Training Centers.
- \$200,000 for one time Group Home renovations.

IDDS Staff Report

Staff vacancies and hiring

Don reported on current staff vacancies and hiring. One support coordinator came on board in August. Another support coordinator will begin on September 10th. There are two vacancies for support coordinators in IDDS. The vacancies have been posted. At last check Joanna Barnes had reviewed nine applications for the positions and she anticipated being able to fill the vacancies with the current applicant pool.

IDDS call screening data January – June 2012

Don distributed a hand-out (see attached):

- *CSB Call Screening Data: January to July 2012* reported on the 62 individuals screened during the reporting period.

Don reported that there were 62 referrals during the period. Fifty of the referrals were children and 12 were adults. Fifty of the referrals are either in eligibility determination or already in services. The remaining individuals were referred elsewhere as reported in the handout.

NVTC chart reviews

Don reported that he, Joanna, and Jennifer had completed the Northern Virginia Training Center chart reviews. The findings were consistent with the charts that Joanna had previously reported on. No significant adverse events were revealed during the review. Joanna and Don will be traveling to Lynchburg in October to review the records of Arlington individuals residing at Central Virginia Training Center.

Upcoming Meetings

The next meeting will be October 3, 2012 from 6:30 – 8:30 p.m. It will be held in room 400 on the fourth floor of the DHS building in the Sequoia Complex, 2100 S. Washington Blvd, Arlington VA 22204.

Adjournment

The meeting was adjourned by Co-Chair Barbara Jones at 9:00 p.m.

Approval of Minutes

These minutes were approved as written and as read by committee members at the October 3, 2012 meeting. The minutes will now be submitted to the full CSB.

