

INTELLECTUAL DISABILITIES COMMITTEE OF THE ARLINGTON CSB

Minutes for April 3, 2013 Meeting

Call to order – The meeting was called to order at 6:30 p.m. by Co-Chair Barbara Jones.

Introductions – Barbara Jones and Moira Saucedo, CSB members and ID Committee Co-Chairs, CSB member Brian DeAtley; committee members and guests Chuck Adkins-Blanch, Ann Kelly, Carol Skelly, Dave and Nancy Tishman, Alex Yellin, and Casey Youman; provider staff members Kris Hollins and Anne Rule of Community Residences, Pat Vinson of Job Discovery, Inc., Hillary Caran of Linden Resources, Kenan Aden of MVLE, and Kaleigha Gray of ServiceSource; Lucy Beadnell of The Arc of No VA; County staff members Becky Suttell of Therapeutic Recreation and Joanna Wise Barnes of IDDS

Approval of minutes – The minutes of the February 6, 2013 meeting were reviewed and approved as read. These will be submitted to the full CSB at its next meeting. (The ID committee meeting scheduled for March was cancelled due to inclement weather.)

Agenda Items

Guest Speaker – Rock Shuler, Director of Development, Community Residences, Inc.

Mr. Shuler distributed two hand-outs, a PowerPoint titled *Small, Neighborhood-Based Intermediate Care Facilities- An Analysis of the Contemporary Market Environment and Prognosis for Future Development*, and a one-page document labeled *DMAS Reimbursement Calculator*. See attachments. Mr. Shuler stated that Community Residences continues to try to open a new intermediate care facility in Arlington, and continues to seek funding to do so. Shuler remarked on the positive aspects of Arlington's Department of Community Planning and Housing's AHIF loans available to providers. Community Residences has no funds to contribute to new projects, according to Shuler.

There was discussion and there were questions and answers related to funding for a home purchase and renovation as well as staffing it. The discussion touched on sources of federal, state and local funding. There were contrasts made between funding for and services in intermediate care facilities vs. group homes and supervised apartments. Regarding renovations, distinctions were made – with varying points of view - between what would be nice to have vs. what's necessary. There appeared to be consensus about the challenges of recruiting and retaining residential staff with commitment to the mission.

Updates:

The Arc of Northern Virginia – Lucy Beadnell

Ms. Beadnell distributed two hand-outs, one titled *April 2013 Legislative Update*, and a second titled *Don't Forget Your Summer 2013 Homework!* See attachments. Ms. Beadnell reported that the new ID Waiver slots coming on line in July 2013 will not be impacted by managed care. She referenced but did not distribute *Virginia's Plan to Increase Independent Living Options* authored by the Virginia

Department of Behavioral Health and Developmental Services and submitted on March 6, 2013 to Donald Fletcher, the independent reviewer of the settlement agreement between Virginia and the U.S. Department of Justice. She also referred to but did not distribute *A Review of Day and Employment Funding and Services Strategies: Final Report* prepared by TransCen, Inc. for the Fairfax-Falls Church Community Services Board on March 14, 2013.

IDD Proclamation De-briefing – Barbara Jones

Ms. Jones distributed left-over programs from the proclamation event to some who were unable to attend. The success of the event was reviewed, and there was a discussion about whether a new venue might be needed to accommodate the number of attendees. There were wide-spread congratulations to Ms. Jones for another good year, and for her continued efforts which are responsible for the event's success. At the next meeting of the ID committee, there will be a discussion about whether or not to skip the event next year and pick it up again in 2015.

Fiscal Year 2014 CSB Budget Requests to the County Board – Barbara Jones, Moira Saucedo

There were 12 speakers from the CSB who publicly presented the CSB's budget priorities for next year to the County Board. CSB members also met individually with County Board members.

Staff Reports

Therapeutic Recreation Office – Becky Suttell

Ms. Suttell distributed a hand-out titled *Therapeutic Recreation Spring Classes for Adults with Disabilities – 2013*. She also announced that the TR Office will hold a feedback event on May 11 from 10:00 a.m. - 12:00 p.m. for parents/guardians of adults with disabilities. This will be the same day/time as a joint fitness/feedback event of their two social clubs and will help map out the future desire of TR programs.

IDDS – Joanna Wise Barnes

On February 27th and 28th, IDDS staff hosted two more **open sessions for training center families**. None attended the morning session; two families attended the evening session.

Joanna reported on the **regional meeting with Donald Fletcher, the independent reviewer of the settlement agreement between Virginia and the U.S. Department of Justice**. It was held on March 18th and attended by all HPR II ID directors, two CSB executive directors (including Cindy Kemp of Arlington), and two regional CSB staff members. The meeting was positive. When ID directors described challenges specific to No VA for discharging training center residents to the community, in particular community resources, Mr. Fletcher responded with an understanding based on similar experiences during his career.

The March 22nd **State Developmental Services Council meeting** was reviewed by Joanna. Virginia Department of Behavioral Health and Developmental Services (DBHDS) staff members made announcements to ID directors, including the following two. By mid-May they plan to select a company

that will conduct a study of Virginia's ID and DD Waivers, including their structures and rates. Monies from the sale of State Training Centers will be placed into a trust fund and will be available to assist with creating more capacity to serve people in communities.

Four announcements came from DBHDS during the **Regional Management Group meeting** on March 29th. DBHDS Commissioner James Stewart attended as did Deputy Commissioner Olivia Garland. The study of Virginia's Waivers (rates and structure) will be submitted to the Center for Medicare and Medicaid Services (CMS) by April 2014. Exceptional rates for ID Waiver residential services should be in place by October 2013, as a stop-gap until Virginia's Waiver revisions are approved by CMS. DBHDS is meeting with current Waiver providers and potential providers from out of state in an effort to generate more community capacity for those discharging from training centers. HPR II ID directors volunteered to DBHDS to pilot a START program (Systemic Therapeutic Assessment Respite Treatment) for children in this region.

New Business

Ann Kelly sadly announced the passing of a Diamond Transportation Services van driver who had operated the run to the Community Integration Center at Woodmont for two years. The driver's name was John Ford, and Ann reported that he was well-respected by families and many others in the ID community.

The next meeting of the ID committee will be Wednesday, May 1st at 6:30 p.m. in room C on the lower level of the DHS building, 2100 Washington Blvd, Arlington VA 22204 in the Sequoia Complex.

Minutes were approved by the committee at the meeting on May 1, 2013.