



**The Arlington Community Services Board**  
**Sequoia III**  
**2120 Washington Boulevard**  
**Arlington, VA 22204**  
**(703) 228-4871 FAX: (703) 228-4853**



**Anne Marie C. Hermann**  
**ACCSB Chair**

**May 17, 2017**  
**Sequoia III**  
**2120 Washington Blvd. Room 112**  
**Arlington, Virginia**  
**7:00 pm - Full Board Meeting**

**Anita Friedman Interim**  
**Executive Director**

**Present:** Wayne Bert, Anne Hermann, Leslie Gosling, Brian Berke, Jay Ternent, Joanne Del Torro, Linda Kelleher, Cherie Takemoto, Frank Haltiwanger, Judy Deane, Jenette O'Keefe, Asha Patton-Smith, Adele McClure, Dori Mitchell

**Excused:** Carol Skelly, Atima OMara, Shauna Alonge

**Staff:** Kelly Mauller, Oliver Russell

**Public Comment(s)**

There were no public comments.

**CSB Staff Recognition Award**

- America Caro, Supervisor Treatment on Wheels (TOW), Homeless Case Management, Client Services Entry, was nominated to receive the May 17, 2017 CSB staff recognition award. Ms. Caro was nominated by Kelly Nieman, Assistant Supervisor, Forensic Case Management, Client Services Entry. Ms. Nieman and Grace Guerrero, Supervisor, Forensic Case Management, spoke about Ms. Caro. Ms. Nieman stated that Ms. Caro began her career with BHD in the Substance Abuse Bureau and was then promoted to be the first Drug Court Therapist. She added that Ms. Caro is now the Supervisor for Homeless CSE Management Services and the TOW Program. Ms. Nieman spoke about Ms. Caro's accomplishments over the years.

Ms. Guerrero stated that Ms. Caro is a very organized and compassionate member of the team. Ms. Guerrero added that Ms. Caro's work follows through every point of the homeless structure, the criminal justice structure and the emergency services structure.

Ms. Caro stated that she enjoys her job and working with her team and clients. She added that she is very grateful.

- Sandy Clark, Supervisor, Mental Health Team A, was also nominated to receive the May 17, 2017 CSB staff recognition award. Ms. Clark was nominated by Carol Sacks, Supervisor, Mental Health Team B. Ms. Sacks stated that she is honored to work with Ms. Clark. Ms. Sacks added that Ms. Clark has worked with young adults for many years and assisted in growing the young adult programs.

Ms. Clark stated that she has been with the County for 32 years. She added that she is happy to provide services to the citizens of Arlington County.

- Chair Hermann recognized former CSB Chair, Jim Mack, for his service and dedication to the CSB. Mr. Mack thanked Chair Hermann and stated that he will continue as a member on the Substance Abuse Committee.

### **Welcome**

Chair Hermann welcomed newly appointed CSB members Adele McClure and Dori Mitchell. Chair Hermann asked Ms. McClure and Ms. Mitchell if they would like to introduced themselves.

Ms. McClure stated that she is honored to be a part of the CSB Board. She added that she is looking forward to working with the CSB members and contributing to their advocacy. She noted that she is currently a member of the Substance Abuse Committee.

Ms. Mitchell stated that she has a great interest in advocating to enhance CSB services in the County. She added that she is honored to be able to work with the CSB Board.

Chair Hermann reminded the members that tonight is Brian Berke's last meeting and thanked him for his service to the CSB. Mr. Berke stated that it has been an honor to work with the CSB Board.

### **Approval of the March 22, 2017 Meeting Minutes**

Chair Hermann called for a motion to approve the March 22, 2017 ACCSB Full Board meeting minutes. Mr. Berke motioned to approve the minutes, O'Keefe seconded the motion, and the minutes were approved as amended.

### **Approval of the April 19, 2017 ACCSB Meeting Minutes**

Chair Hermann called for a motion to approve the April 19, 2017 ACCSB Full Board meeting minutes. Ms. McClure motioned to approve the minutes, Ms. Deane seconded the motion, and the minutes were approved as amended.

### **Substance Abuse Bureau Assessment**

Mr. Russell, Assistant BHC Division Chief, presented an update about the Substance Abuse Bureau Assessment of services. He stated that interviews to obtain feedback about substance abuse services were held with stake holders and members of the Substance Abuse Committee. The CSB Executive Committee agreed that the entire full board should be given an opportunity to respond to the survey questions.

The questions and responses are as follows:

1. What are the CSB's priorities for substance abuse services?
  - Prevention services in child/family, accessed in schools
  - Clear path to intake
  - School psychologists and communities know how to make referrals
  - Co-occurring informed services for DD and MH populations
2. What services do you think should be available that are not currently available?
  - More support groups
  - More outreach
  - Specific programs geared towards the unique needs of young adults

- Utilize peer counselors more
3. What are the concerns about current substance abuse services?
    - Census going down year to year, why?
    - Do we have adequate services for the opioid epidemic?
    - More support/expansion of drug court
  4. Are there other areas within SA that need to be addressed?
    - Discharge too quickly, zero tolerance
    - Consider renaming services (“Substance Use” suggested)
    - Consider outcomes measure other than completion of a program (stages of change instead?)
  5. What is working well?
    - Jail-ACT
    - Drug court
    - The comprehensive needs assessment being conducted currently
    - Police cross-trained in mental health, works well with substance use issues as well
  6. Are there new trends (modalities, regulations) that will impact SA services in the future?
    - ARTs (being implemented soon)

Mr. Russell asked the members to email him with any additional comments.

### **Strategic Planning Process**

Mr. Russell stated that the Strategic Planning Process will be discussed at the June 12<sup>th</sup> Executive Committee.

### **Working/Tracking Calendar for Upcoming Fiscal Year**

Mr. Russell referred the members to the draft CSB Tracking Calendar for the upcoming fiscal year (Included in Member Packet). The intent of the calendar is to keep fiscal priorities on track. Ms. Mauller stated that the tracking calendar is a working document and can be edited as necessary.

### **CSB Annual Awards Ceremony**

Chair Hermann opened a discussion about this year’s Annual June Awards Ceremony. The ceremony will be held one hour prior to the June 21<sup>st</sup> CSB full board meeting, beginning at 6:00 p.m., in the Sequoia I building, lower level auditorium. The members reviewed and approved this year’s nominations (Included in Member Packet). Ms. Mauller will notify the award recipients.

### **Report Out on ACCSB Retreat Initiatives**

Ms. Hermann introduced guest Laura DeMaria. Ms. DeMaria has expressed an interest in joining the CSB.

Ms. Deane reported about the Mental Health Group Home Committee (MHGHC).

- The CSB’s local budget request for six additional group home beds was not approved in the County budget
- The RFP for the ICRT, managed by the region and not by Arlington County, is moving forward. Mr. Russell added that the RFP is scheduled to go into effect July 1<sup>st</sup>
- The RFP for the group homes is also moving forward
- The committee will meet again in September

## Informational Items

- ✓ Chair Hermann opened a discussion about the approved FY17 County Budget. Mr. Russell stated that the County authorized the hiring of 2.2 FTE Developmental Disabilities caseworkers for new clients under the changed waiver system, but did not approve funding for the positions. Further details will be provided as available.
- ✓ Mr. Russell reported out about the VACSB Development and Training Conference held May 3<sup>rd</sup> through May 5<sup>th</sup>. He stated that there were several presentations including a session on trauma, autism, same day access, and the Commonwealth Coordinated Care (CCC) Plus Program. CCC Plus is a new State initiative that will begin on July 1<sup>st</sup> of this year. The purpose of CCC Plus is to improve health outcomes in targeted populations and contain costs. Mr. Russell will forward his notes from the conference to the members.

Mr. Russell encouraged the members to attend 1 of the 4 annual VACSB meetings.

- ✓ Mr. Russell provided a Group Home Report. He noted that comparison data from 2016 and the % of change from 2016 to 2017 has been included in the report. The report includes data on service volume (measured by month), access to services and engagement and compliance. The members discussed the report.
- ✓ Chair Hermann and Ms. Deane provided an update about the Virginia Hospital Center (VHC) Expansion. Chair Hermann stated that a letter was sent to County Board Member, Jay Fissette about the written report that the CSB received from the Board of Director's meeting of the Health Systems Agency of Northern Virginia (HSANV) regarding the need for additional psychiatric beds at VHC. She added that a separate letter was sent to County Board Members, Christian Dorsey and John Vihstadt, requesting a meeting to receive and update on the County's conversations with VHC.

Chair Hermann noted that the CSB is planning to participate in the site review process and will be meeting with representatives of VHC and the Arlington Mental Health Alliance (AMHA).

Chair Hermann reported that she, Ms. Deane and Mr. Russell are scheduled to meet with Mr. Dorsey and Mr. Vihstadt on May 25<sup>th</sup>.

Ms. Deane provided a brief overview of the VHC expansion plans up to this point in time.

- ✓ Chair Hermann announced that Deborah Warren, the new Deputy Director/CSB Executive Director will begin on June 12<sup>th</sup>; the same date as the next Executive Committee meeting. She added that a meet-and-greet will be held at 5:30 p.m. just prior to the beginning of the meeting. All CSB members are welcome to attend. Anyone wishing to attend, should RSVP to Ms. Mauller by June 2<sup>nd</sup>.
- ✓ Chair Hermann announced that County Board candidate, Eric Gutshall won the local Democratic Primary.
- ✓ Ms. Deane announced that the PACT Advisory Council is holding its Annual PACT Luncheon Picnic on Wednesday, June 14<sup>th</sup> from 11:30 a.m. to 1:00 p.m. at Barcroft Park, 4200 S. Four Mile Fork Run Drive. The picnic is being held in honor of the PACT Team, PACT clients, members of Clarendon House and Group Home members. She noted that United Social Sports will provide games.
- ✓ Ms. Gosling reported that SAMHSA hosted a special recovery workshop for the Clarendon House participants. She noted that there were approximately 40 attendees.

- ✓ Ms. Gosling announced that VOCAL will be holding their annual conference in Newport News, Virginia next week. VOCAL is Virginia's statewide network of people who embrace their mental health challenges and work together to heal communities. VOCAL is 100% peer run; managed and staffed entirely by peers (source: [vocalvirginia.org](http://vocalvirginia.org)).
- ✓ Ms. Takemoto asked if there is an action plan to perform a study on autism service needs. Chair Hermann responded that an action plan has not yet been implemented and asked the members for suggestions. Ms. Deane suggested creating a work committee across the Mental Health and Developmental Disabilities Services Divisions. Ms. Takemoto and Mr. Haltiwanger expressed an interest in being a part of the committee.
- ✓ Mr. Ternant announced that the Mental Health Criminal Justice Review Committee (MHCJRC) recently celebrated 14<sup>th</sup> years of mental health and criminal justice collaboration. He added that one of the committee's achievements this year was the 25<sup>th</sup> CIT training conducted in January for 21 participants. Mr. Ternant stated that, since the program's beginning, approximately 525 officers have been trained in CIT. Mr. Berke stated that Dallas Leamon is the new CIT Coordinator.

### **Adjournment**

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 8:35 p.m.

Respectfully submitted by Kelly Mauller