

Arlington Community Services Board (CSB) – Children and Youth Committee
October 5, 2015

Committee Present: Shauna Alonge (Co-Chair), Asha Patton-Smith (Co-chair), Janine Finnell, Linda Staheli, Earl Conklin, Naomi Verdugo (phone), Frank Haltiwanger (new member), Joanne DeToro and Maria Thomas (CR²).

Child and Family Services Division (CFSD) Staff: Sharon Lawrence (Behavioral Health Bureau Chief), Violetta Battle (Intake Supervisor), Kacey Sistare, Linh Nghe (Prevention Supervisor), Christian Haase, Laura Ragins (BIS Supervisor), and Bonita Parker (Special Projects Manager, minutes).

- 1. Call to order:** The meeting was called to order at 6:35 p.m.
- 2. Minutes:** There were technical difficulties saving the minutes last month, so unfortunately the September meeting minutes are unavailable.
- 3. Program Review:** Several CFSD Behavioral Health Bureau staff described their work as the committee reviewed the CSB CFSD Program Review Table for this year.

Centralized Intake Services. Violetta Battle described in detail for the Committee BHB Intake processes and services including eligibility requirements and other community resources. The committee confirmed the number of FTEs and staff.

Regional Crisis Stabilization Services. Maria Thomas described for the Committee CR² services. It was noted that the biggest barrier for CR² has been staffing limitations. Ms. Thomas also noted that CR² recently received a grant that will allow increased services. It was noted that the Clients Served noted on the Program Review Table should be changed to 302. The Committee again requested Arlington County specific data.

Intensive Care Coordination. Linh Nghe and Laura Ragins described for the Committee current BHB services that are more appropriately referred to as Targeted Case Management, distinguishing those services from the services currently included in the Program Review Table as Intensive Care coordination. Intensive Care Coordination is more appropriately called High Fidelity Wrap-around services now, which BHB doesn't currently offer. The Program Review Table will be modified now to reflect current services as well as modified should High Fidelity Wrap-around Services become available.

Behavioral Health Outpatient Treatment Services. Violetta Battle, other supervisors and staff described the services available through BHB including anger management, DBT, and a new group for adolescent females put together by Kacey Sistare. It was noted that BHB staff include LCSWs, LPCs as well as LMFTs. On the Program Review Table, Clients Served should be reported as 325 – 350.

Detention-based Services. Laura Ragins described the work of Sheila Guzman at the Juvenile Detention Center and Fredy Martinez as court liaison.

Youth Transition Case Management. Kaceyia Sistare described her work with youth aged 14 to 18 year olds. A Committee member also noted that Bree Mathers as a potential speaker or resource on body image and other topics for teen girls.

Behavior Intervention Services (BIS). Laura Ragins described BIS services that target parents for a reasonable cost of \$75. These services are not currently available in Spanish. The question was posed as to whether or not Spanish speaking parents could be redirected to Philips. A Committee member also noted that NAMI has services that are similar but not one-on-one that may be available for referrals of parents.

Budget Priorities:

Discussion regarding DHS creating a Spanish speaking staff position for the BIS program. There is also a need for additional staff to establish a team to provide High Fidelity Wrap-Around Services. Given Beth's service redesign effort described during the retreat, the committee agreed to follow up at the next meeting.

Substance Abuse Prevention and Early Intervention. Linh Nghe and Christian Haase described prevention services for the Committee. Prevention includes 2 FTEs, but one is to be filled. There is a ten-page report describing prevention services and handouts regarding Mental Health First Aid and Behavioral Health Wellness were provided for Committee members. ASIST and a new regional program for suicide prevention, SPAN, were also described to the Committee. Committee members were given water bottles that include the web address for the new program, www.suicidepreventionva.org. SPAN is not funded by Arlington County and is monitored by Fairfax, the locality where it is housed. In discussing suicide, it was noted that the most vulnerable populations remain older white males, LGBTQ and veterans.

Suicide:

Discussion regarding the one page Suicide Prevention flyer that DHS and APS worked on jointly that provides contact info for referral sources. The Arlington Partnership for Children Youth and Families are finalizing the flyer to begin distribution by November 4, 2015.

The committee requested that Earl Conklin explore staff training on suicide prevention for the Juvenile Detention Center.

4. **Monthly Statistics:** The monthly statistics were reviewed and discussed. The Committee would like to add to the monthly statistics Arlington County specific data from CR². When reviewing data related to tele-psychiatry, it was noted that medicine can be prescribed via tele-psychiatry using secured equipment.
5. **November Meeting:** Earl Conklin has looked into the Committee visiting the Juvenile Detention Center in November. He is awaiting confirmation. If the Committee doesn't visit the detention center, the meeting will be held at Sequoia I.

Meeting adjourned at 8:35 p.m.

Next meeting: Monday, November 2nd, 6:30 p.m., the Juvenile Detention Center or lower level room A at the DHS Stambaugh/Sequoia I building.