



The Arlington Community Services Board

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James Mack
ACCSB Chair

Cynthia Kemp
Executive Director

September 18, 2013
DHS Stambaugh Building Auditorium
2100 Washington Blvd
Arlington, Virginia
7:00 pm - Full Board Meeting

Members Present: James Mack, Brian Berke, Linda Kelleher, Barbara Jones, Anne Hermann, Judith Deane, Shauna Alonge, Moira Saucedo (via phone), Naomi Verdugo, Scott Brannon, Ann Wroth

Members Excused: David Kidwell, Jenette O'Keefe, Keith Whyte, Brian DeAtley,

Staff Present: Cynthia Kemp, Kelly Mauller, Suzanne Lane, Joe Bullock, Joanna Barnes

Public Comment(s)

There were no public comments.

Chair Mack welcomed new CSB Full Board Member Ann Wroth to the meeting. He stated that Ms. Wroth heads the volunteer hotline at the National Alliance for the Mentally Ill (NAMI) and brings a wealth of experience to the Board. Ms. Wroth has been with NAMI for eight years. Ms. Wroth stated that she is excited to be on the Board.

Staff Recognition

Mario Alejandro, Therapist, ACT Unit in the Arlington County Detention Facility, Substance Abuse Bureau was nominated to receive the September 18, 2013 CSB staff recognition award. Mr. Alejandro was nominated by Bill Briggs, Mental Health Therapist and HIV/AIDS Specialist and Nancie Connolly, Supervisor, Substance Abuse Case Management. Ms. Connolly stated that Mr. Alejandro is an incredible professional and a very skilled clinician. Mr. Briggs stated that Mr. Alejandro was the first person he met when he was hired and that he has learned a lot from him. He stated that Mr. Alejandro's experiences have carried over into his own work, as clients in some of the groups that Mr. Alejandro led previously mention Mr. Alejandro's excellent work. Dr. Joe Bullock, Bureau Chief, Substance Abuse Services, commended Mr. Alejandro for his contributions to the Substance Abuse Division's team over the past five years. He noted that he is very professional and encourages other staff to think "outside the box" and brings value to his work. Staff in the Substance Abuse Division attended the meeting in support of Mr. Alejandro. Chair Mack thanked Mr. Alejandro and conferred the award.

Special ACCSB Member Recognition

Ms. Naomi Verdugo, Child and Youth Committee Chair was recognized with an Advocacy and Leadership Award for excellent service to the children and families of Arlington. Chair Mack stated that he appreciates Ms. Verdugo and her nine year contribution to the CSB. He noted that Ms. Verdugo is extremely knowledgeable about CSB Programs and will remain on the Child and Youth Committee as a powerful and effective advocate. CSB Full Board Member terms are for three consecutive three year terms. A waiting period of one year is then required to be re-instated to the Board. Ms. Kemp stated that Ms. Verdugo's first meeting was at the CSB Annual Retreat nine years ago. Ms. Kemp stated that Ms. Verdugo has been on a mission since then to improve services for children and adolescents with Serious

Emotional Disturbance and Substance Use issues in Arlington. Ms. Kemp noted her persistence stating that Ms. Verdugo has made a huge impact on CSB services. Ms. Verdugo stated that services have improved but that there is always room for further improvement. She added that Ms. Alonge will be leading the Child and Youth Committee and commended the work of Ms. Stowe and Mr. Wallace.

Approval of the June 19 and July 17, 2013 ACCSB Meeting Minutes

ACCSB Chair Mack called for the review and approval of the minutes for the June 19, 2013 CSB full board meeting. The Members reviewed the minutes. Chair Mack called for a motion to approve the minutes. Ms. Verdugo motioned to approve the minutes, Ms. Hermann seconded the motion and the minutes were approved with no corrections.

ACCSB Chair Mack called for the review and approval of the minutes for the July 17, 2013 CSB full board meeting. The Members reviewed the minutes. Chair Mack called for a motion to approve the minutes. Ms. Verdugo motioned to approve the minutes, Ms. Jones seconded the motion and the minutes were approved with no corrections.

Presentation: Preliminary FY15 CSB Local Budget Priorities including feedback from DHS/CSB Public Hearing

Chair Mack gave a brief overview of the hearing and reported that there were five presenters as follows:

- Norman Hill, a peer counselor, presented on supported housing, education and employment, and access to services.
- Joan McDermott, Chair of the Arlington Commission on Aging, presented on funding the Vertical Village. The purpose of the service is for older adults to be able to age in place. Mr. Mack stated that Ms. McDermott also proposed establishing a handyman service to help older homeowners who cannot afford to make small home repairs and to facilitate aging in place.
- Betsy Brown, Co-chair of the Ready Coalition (R.E.A.D.Y.), presented on continuing to support the reduction of drug and alcohol use among younger people.
- Barbara Gomez from the Partnership for Children Youth and Families, expressed thanks to the Department of Human Services (DHS) for the mental health services provided at Carlin Springs Primary School.
- Brent Bailey, Regional Director, Fellowship and Health Resources, commented that the Medicaid rate for Mental Health support services is likely to be reduced by 43%. Ms. Kemp explained that the reason for the reduction is that the Department of Medical Assistance Services (DMAS) is in the process of changing the criteria for support services, focusing on skill building and reducing the rates.
- Written comments were also submitted (*Included in Member Packet*).

Review of the CSB Committee FY15 Preliminary Local Budget Priorities

Ms. Kemp stated that the FY15 local budget priorities from the committees will be approved at the November 2013 meeting. Ms. Hermann and Ms. Deane gave a brief overview of the Mental Health Committee's (MH) preliminary priorities. Ms. Jones gave a brief overview of the Intellectual Disabilities Committee's (ID) preliminary priorities. The Children and Youth Committee (CY) is not requesting any new funding. Mr. Mack gave a brief overview of the Substance Abuse Committee's (SA) preliminary priorities. The members discussed the draft priorities. Ms. Kemp noted that the Committees will continue to review the local budget priorities.

Presentation: FY15 Fee Schedule Recommendations

Suzanne Lane, CSB Operations Support Manager gave a presentation on the Administrative Committee's FY15 Fee Schedule recommendation that was approved by the Executive Committee at the September 9, 2013 meeting (*Refer to Handout*). The recommendation is for the CSB Full Board to recommend to the County Board that fees for CSB services for FY15 remain at the current levels. She noted that on July 1, 2013 the minimum fee for CSB services increased from \$4.00 to \$5.00 and that a drug screening/urinalysis

fee of \$5.00 was implemented. Chair Mack motioned for approval of the recommendation from the board members. The members agreed to the recommendation.

FY13 ACCSB Annual Report

Ms. Shakour distributed a draft of the FY13 ACCSB Annual Report. She gave an overview of some of the highlights that will be incorporated into the report including funding that was awarded to CSB programs, the progress of those programs and stories of success in recovery. Ms. Skakour will email the draft report to the members for review and requested that feedback and suggestions be sent to her by September 27th.

DRAFT CSB Housing Report Outline Overview

Ms. Kelleher, ACCSB Member and Co-Chair of the Housing Committee presented an overview of the draft CSB Housing Report Outline (*Included in Member Packet*). She reported that the Affordable Housing Work Group is holding a public forum (*Refer to Handout*) on September 26th from 6:30 p.m. to 8:30 p.m. at the Navy League Building Auditorium located at 2300 Washington Boulevard. The forum is being held to present an update on the Affordable Housing Study, present a preliminary data report and to share ideas on affordable housing principles. Ms. Kelleher presented an overview of the categories included in the CSB 2013 Housing Needs Report drafted by Ms. Shakour.

- Housing Study Overview
- Evidence-based Practices for Housing and Housing Services
- Existing Resources – Housing Types and Support and Financial Services for Housing
- Housing Supply Needs of CSB Clients
- Housing Service Needs of CSB Clients
- Special Populations
- Recommendations

Ms. Shakour stated that the report will not be prepared in time for inclusion in the annual report. She explained her research on the study and gave an overview of the current changes to the outline. Ms. Shakour requested that suggestions and comments be sent to her by September 27th. Ms. Deane asked if a Single Room Occupancy (SRO) and a Studio Apartment are the same thing. Ms. Kelleher responded yes.

Preliminary CSB Annual Retreat Agenda

Ms. Kemp reviewed the draft agenda for the CSB Annual Retreat scheduled for October 26, 2013 from 9:00 a.m. to 2:30 p.m. in the Stambaugh Building lower level auditorium (*Refer to Handout*). She announced that Mary Ann Bergeron, Executive Director, Virginia Community Services Board (VACSB) will be in attendance to speak about work plan strategies and Mary Hynes, County Board Member and CSB Liaison, will be the keynote lunchtime speaker. The members will review the retreat agenda and provide feedback to Ms. Skakour by September 27th. The members gave suggestions for discussion topics that they would like to hear about from Ms. Hynes.

County Hiring Slow Down and ACCSB Vacancies Overview

At the Executive Committee's request, Ms. Kemp reported about the County-wide hiring slow down. She reported about recently hired positions, vacant positions and how the positions will be filled and positions under recruitment. She noted that positions are being filled at an approximate rate of 25% per quarter.

ACCSB Executive Director's Report

- Ms. Kemp gave a report on the group homes for July and August 2013. She reported that there were 11 incidents this month, the lowest number on record, and that two of the incidents were deaths in the Intellectual and Developmental Disabilities (IDD) homes. Ms. Kemp reported that in 2012 there were 331 incidents and in 2013 the number of incidents was significantly lower at 213 incidents. The decrease in incidents is primarily due to staff correcting their over-reporting of minor incidents to the State.

- Ms. Kemp gave an overview of the final fiscal year-end financial report. Ms. Kemp reported that CSB programs should be at 100% for the year and ended at 90% for the fiscal year. She stated that a department wide committee has been established to review administrative processes related to revenue. The committee will recommend changes to the processes that will make the process more efficient and effective. She stated that this is important to ensure that this revenue source continues.
- Ms. Kemp reported that the Department of Behavioral Healthcare Developmental Services (DBHDS) Audit Team will be on site at Arlington the week of October 21st - 25th, 2013. The audit will cover three areas; financial management, human resources and operational/administrative processes.
- Ms. Kemp announced that Arlington's National Recovery Month Event is being held September 25, 2013 from 6:30 p.m. to 8:30 p.m. in the Arlington County Central Library Auditorium located at 1015 N. Quincy Street (*Included in Member Packet*). Pete Early, former Washington Post reporter, is the keynote speaker. Other speakers include Honorable Louise M. DiMatteo, Arlington County Drug Court Judge; Leslie Weisman, Bureau Chief, Client Services Entry; and Michelle Hawkins, Member, Offender Aid and Restoration Advocacy Program.
- Ms. Kemp reported that the Call Screening Data has been finalized (*Included in Member Packet*).
- Ms. Kemp reported that a Housing Initiative is underway to provide housing with intensive supports for persons with Serious Mental Illness (SMI) who are homeless or in the jails. She stating that she is seeking general agreement from the board for expansion of the Permanent Supported Housing (PSH) initiative that the CSB advocated for in the FY14 General Assembly Regional Recommendations. The members agreed to fully support the initiative.
- Ms. Kemp announced that the Department of Behavioral Healthcare and Developmental Services will be holding public meetings to discuss transitioning people with intellectual and developmental disabilities from the Training Centers and into the community (*Refer to Handout*). The meetings will be held in eight sites across the State beginning September 23rd. Two sessions will be held at each location; one from 3:00 p.m. to 5:00 p.m. and one from 6:00 p.m. to 8:00 p.m. The meeting in Manassas is scheduled for October 9th at the Holiday Inn, Manassas Battlefield, 10424 Balls Ford Road and the meeting in Alexandria is scheduled for October 10th at West Potomac High School, Room 507, 6500 Quander Road.

ACCSB Chair's Report

- Chair Mack reported that the CSB Recruitment Flyer for new CSB members is finalized (*Included in Member Packet*). He noted that with the addition of Ann Wroth to the board, there are currently three remaining vacancies on the CSB and four remaining when Ms. Verdugo finishes her term in October. He stated that the board is seeking new and diverse members and persons who may be interested in joining the Children and Youth or Administrative committees. He requested that the board speak to and recommend persons who may be interested. Cindy has interviewed a candidate who has applied for membership through the County Board.
- Chair Mack stated that the CSB is still seeking a CSB Representative to serve on the Community Development Citizen Advisory Committee (CDCAC). He suggested that one of the new members could be recruited for this purpose.
- Chair Mack announced that the Arlington CSB Legislative Delegation Forum will be held November 20, 2013 one hour prior to the CSB Full Board meeting in the Stambaugh Building, Lower Level Auditorium beginning at 6:00 p.m. He stated that the board will be reviewing the State General Assembly Recommendations developed in collaboration with the Legislators. Senator Howell, Senator Favola, Delegate Lopez and Delegate Krupicka have accepted the invitation to attend the meeting. Staff liaisons will need to arrive by 6:00 p.m. or wait until the full board meeting begins at 7:00 p.m. He noted that preparations will begin for the meeting in October.

Report Out on ACCSB Retreat Initiatives

Ms. Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).

- A new Head Nurse and an Office Manager have been hired. The new Head Nurse will begin September 23, 2013. The new Office Manager is Reuben Lopez.
- Full licensing has been approved for one year.
- MMALR is accepting two new residents per month.
- Delegate Lopez, accompanied by several Advisory Council Members, took a tour of the residence.
- Fox Rehabilitation Services has a physical presence at the residence to handle physical, occupational and speech therapy.
- The residents have created a new wish list. Ms. Hermann will email the list to Ms. Shakour for distribution.

Informational Items

Ms. Hermann announced that September is Older Virginians Mental Health Month.

Ms. Hermann announced that the Arlington and Alexandria Commissions on Aging are holding a candidate forum to discuss aging issues at the Fairlington Community Center Friday October 25, 2013 from 10:00 a.m. to 11:30 a.m.

Ms. Deane suggested scheduling another family orientation, citing that they have been very well received.

Adjournment

The Arlington Community Services Board meeting was adjourned at 9:15 p.m.

Respectfully submitted by Kelly Mauller.