



The Arlington Community Services Board
2120 Washington Boulevard
Arlington, VA 22204
(703) 228-4871 FAX: (703) 228-4853



Anne Hermann
ACCSB Chair

September 21, 2016
Sequoia III
2100 Washington Blvd., Auditorium
Arlington, Virginia
7:00 pm – Full Board Meeting

Anita Friedman Interim
Executive Director

Present: Leslie Gosling, Wayne Bert, Judy Deane, Shauna Alonge, Anne Hermann, Atima Omara, Joanne Del Toro, Jay Ternent, Brian Berke

Excused: Frank Haltiwanger, Carol Skelly, Linda Kelleher, Asha Patton-Smith, Jarrod Nagurka

Staff: Anita Friedman, Kelly Mauller, Oliver Russell, John Palmieri

Public Comment(s)

There were no public comments.

CSB Staff Recognition Award

The Regional Older Adult Facilities Mental Health Support Team (RAFT) Program staff and partnering facilities, Avalon Homes and Brookdale Sterling, were nominated to receive the September 21, 2016 staff recognition award.

The RAFT program fills a vital community need for individuals who need assisted living or nursing home level care and are ready to be discharged from a state psychiatric hospital or are at risk of going to a state psychiatric hospital. RAFT is funded by a grant from the state of Virginia and a Federal Block Grant and is administered by Arlington County. The goal of the program is to allow individuals to live in the least restrictive environment possible in a location that is close to home and easily accessible for family and friends (source: <https://aging-disability.arlingtonva.us/programs/raft/>).

The award recipients are as follows:

- RAFT Team – Alice Straker (Program Director), Ndidi Uzowihe, Emilia Barlatt, Kristen Johnson
- Avalon Homes representative – Sandy Rosenblatt
- Brookdale Sterling representative – Chloe Pondexter

Ms. Hermann remarked that it is a great pleasure to honor the RAFT Program staff. Ms. Hermann continued, stating that she is pleased to have the RAFT Program services for Arlington’s Seriously Mentally Ill older adults age 65 and over.

Ms. Hermann turned the floor over to Glenda Blake, Aging and Disability Services Division Chief. Ms. Blake stated that she is very proud of the RAFT Program. She noted that the program started approximately 9 years ago. Ms. Blake introduced and spoke about the extraordinary work of the team.

Ms. Blake introduced Alice Straker, RAFT Program Director; Sandy Rosenblatt, Avalon Homes; and Chloe Pondexter, Brookdale Sterling. Ms. Blake remarked about the collaboration between the partnering facilities and the RAFT Program team. Ms. Rosenblatt and Ms. Pondexter introduced the staff from the facilities.

Ms. Hermann introduced Senator Favola and stated that she has been a tremendous supporter of CSB programs.

Ms. Hermann distributed the certificates of appreciation and thanked the group for their hard work and dedication.

Approval of the July 20, 2016 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the July 20, 2016 ACCSB Full Board meeting minutes. Mr. Bert motioned to approve the minutes, Ms. Deane seconded the motion, and the minutes were approved as amended. The CSB full board does not meet during the month of August.

Presentation: Virginia Hospital Center (VHC) Expansion

Adrian Stanton, VP/CMO, Virginia Hospital Center presented about the VHC expansion plans. Senator Favola was also present for the presentation.

Mr. Stanton stated that VHC is the third largest employer in Arlington and that the largest percentage of VHC employees are Arlington residents. He added that VHC has been operating for over 70 years and is the only hospital in Arlington County. Mr. Stanton stated that VHC offers over \$30 million per year in community benefit.

Mr. Stanton provided an explanation for the proposed expansion of VHC. He stated that VHC has served a significantly higher number of individuals than anticipated in the original planning of the hospital. He added that there has also been a significant increase in the number of births and individuals seen in the Emergency Department. He noted that VHC has the 2nd highest number of births in the commonwealth of Virginia, with Fairfax ranking first. Mr. Stanton stated that VHC is a licensed 350 bed hospital and that the need for beds, in general, has exceeded the capacity.

Mr. Stanton stated that VHC began negotiations with the County for the Edison Complex approximately one year ago when they became aware that DHS would be consolidating to the Sequoia Plaza Complex. He added that since then VHC has entered into a binding agreement with the County to purchase the land but the land will still belong to the County until a decision is made as to how the property will be purchased. He noted that VHC owns 4 smaller parcels of land in the County and would consider a land swap.

Mr. Stanton provided an overview of the Master Facility Plan timeline:

- January 2017 - Submit Certificate of Public Need (COPN) application for beds
- January 2017 - Begin County site planning 4.1 process
- Ongoing 2017 - Meetings with community and community task force
- May 2017 - County decision on hospital property
- 4th Quarter 2017 - COPN ruling/approval
- 4th Quarter 2017 - Decisions on campus master facility planning
- 1st Quarter 2018 - Execution of Edison property acquisition
- 3rd Quarter 2018 - Earliest construction start for Edison site

Mr. Stanton opened the floor for questions.

Ms. Deane stated that the CSB has had concerns about the Mental Health Ward at VHC for many years, in particular the underground site of the ward and the shortage of beds. She said the Board believes that the proposed expansion of VHC offers a unique opportunity to address these concerns. For this reason the CSB has written letters to the County Board and the hospital over the past year and have asked to be involved in the planning process from the very beginning. She asked Mr. Stanton to provide statistical data on the capacity crunch in the Mental Health and the Substance Abuse wards. Mr. Stanton responded that he does not have specific capacity numbers, but he acknowledged that the Mental Health ward has a need for more beds and said that the issue needs to be addressed soon, and may be tackled before the renovation.

Ms. Deane asked if statistics are available showing the number of individuals on the waiting list for a psychiatric bed. Mr. Stanton responded that statistics are not available, but that he would be willing to take written questions from the CSB and try to provide further information. .

Mr. Stanton stated that letters of support from the community would be beneficial in advocating for the need for additional psychiatric beds. Senator Favola stated that she is assisting VHC on the project and that the COPN process is a public process. She agreed that it would be beneficial for the CSB to hold a public forum so that the hospital could hear concerns raised by families.

Ms. Deane asked about plans for providing psychiatric beds for children as part of the expansion. Mr. Stanton responded that VHC partners with INOVA Children's Hospital, noting that VHC does not have a pediatric ward but can provide basic services to children. Senator Favola asked if Ms. Deane was referring to youth or individuals younger than 12 years of age. Ms. Deane responded that she is mainly referring to youth over the age of 12, since this is a population that has a hard time finding appropriate hospital beds. Mr. Stanton stated that VHC will not have a designated pediatric unit built in the expansion.

Ms. Omara asked if early intervention services are provided for individuals with a developmental disability. Mr. Stanton responded that he did not know because he is not involved in the clinical areas. Ms. Omara asked if VHC provides trauma care counseling. Mr. Stanton responded that he does not know. Senator Favola stated that VHC has partnerships with many other providers, and that if VHC cannot provide a specific service, individuals are referred to other care facilities.

Ms. Gosling asked if the expansion plan includes demolishing all of the buildings in the Edison Complex. Mr. Stanton responded that the entire Edison Complex would be demolished.

Ms. Deane asked whether a decision had yet been made about creating a separate section in the emergency department for individuals undergoing a psychiatric emergency. Mr. Stanton responded that it has not, and that a discussion about creating a separate Mental Health waiting area could be part of the forum.

The members, Mr. Stanton and Senator Favola agreed that forum should be held in the near future, to discuss specific concerns regarding possible expansion of services.

Ms. Hermann thanked Mr. Stanton for his presentation.

Ms. Hermann proposed scheduling the separate forum for November. The members agreed that the forum would be sponsored by the CSB and participants would be recruited via the CSB committees and subcommittees, NAMI and other interested parties. The forum would focus on mental health and substance abuse treatment at VHC, and would not touch on other expansion issues, such as parking, etc.

The members agreed to develop specific questions for Mr. Stanton to address and send them to Mr. Stanton before the forum Mr. Russell volunteered to assist in researching any statistical data that may be needed.

Proposal: CSB Executive Director/Deputy Director Position

Anita Friedman, DHS Director, presented a proposal to integrate the role of the CSB Executive Director and the DHS Deputy Director position. It was noted that a change in the position of the CSB Executive Director would require a change in the Memorandum of Agreement between the CSB and the County Manager. Ms. Friedman asked the members if they would be supportive of pursuing the proposal. The members agreed to support the proposal.

Ms. Friedman announced that the recruitment process to fill the vacant BHD Division Chief position has started.

Annual Legislative Delegation Forum: Talking Points/New Date

The Legislative Delegation Forum is a meeting to discuss legislative and budget priorities with the Virginia General Assembly members representing Arlington.

Ms. Hermann stated that the Legislative Delegation Forum directly conflicts with the Public Senate Finance Committee meeting again this year. She added that the Executive Committee suggested changing the meeting date to Monday November 14th to accommodate Arlington's Legislators. The meeting is scheduled from 6:00 p.m. to 7:00 p.m., one hour prior to the CSB full board meeting, at the Sequoia Plaza I Building located at 2100 Washington Boulevard in the lower level auditorium.

The members discussed talking points and potential speakers for the presentations to the legislators.

The committee agreed to present about the following topics:

- Additional psychiatric hospital beds in the State Hospitals - An urgent and long-standing problem that needs to be addressed by the General Assembly is the shortage of psychiatric hospital beds – both private and public – in Northern Virginia specifically and in the state overall.
- Adequate affordable housing with additional support services - Adequate housing, with supports, remains a pressing issue for many CSB clients, since the overwhelming majority of them live on Social Security and have incomes in the bottom tenth percentile. Arlington County has done more than most jurisdictions to provide affordable housing supports, but the cost of housing in the area is so high that additional support is needed.
- Medicaid Expansion - This would enable the CSB to be reimbursed for more of the services it provides, and would ensure that a larger number of our clients receive the health care they desperately need.
- At the CSB Executive Committee meeting, Ms. Skelly stated that Developmental Disabilities Services may have topics to discuss.

Review: Annual Retreat Draft Agenda

Chair Hermann announced that the CSB Annual Retreat will be held Saturday October 29, 2016 at the Sequoia I Building in the lower level auditorium from 9:00 a.m. to 2:30 p.m.

The committee discussed the following draft agenda items (Included in Member Packet):

1. CSB Code of Conduct, Values, Memorandum of Understanding and Next Steps
2. Virginia Hospital Center Expansion Briefing

3. Services Priorities: Developmental Disabilities, Child and Family, Mental Health and Substance Abuse
4. Luncheon Speaker: County Board Member Christian Dorsey
5. Employment Services
6. Community Outreach

Ms. Hermann asked the members for preliminary approval of the retreat agenda. The members approved the agenda as it stands, at this time.

Ms. Mauller has contacted the County Board Office to inquire about the availability of Mr. Dorsey to attend the retreat during agenda items 2, 3 and 4.

New Board Members

Ms. Hermann announced that Jenette O'Keefe and Cherie Takemoto will be appointed as full board members by the County Board Office on September 27th. Ms. O'Keefe previously served on the CSB Executive Committee and Full Board and is Co-chair of the Substance Abuse Committee. Ms. Takemoto is a member of the Developmental Disabilities Committee.

Ms. Hermann added that a meeting has been scheduled to meet with another potential candidate in October.

Review: Draft FY16 CSB Annual Report

Ms. Mauller, BHC Division Administrative Assistant, referred the members to the draft FY16 CSB Annual Report (Included in Member Packet). She asked the members to provide feedback and comments. The Annual Report will be brought before the full board for final approval at the October 19th meeting.

Report Out on ACCSB Retreat Initiatives

Ms. Hermann reported out about the Mary Marshall Assisted Living Residence (MMALR).

- A new director of nursing has been hired.
- The Harvest Fest held in August was a huge success. Several CSB members attended. Long-time residents were recognized and a celebration was held for the 5 year anniversary of MMALR.

Informational Items

Ms. Deane announced that the National Recovery Month Celebration is scheduled for Wednesday September 28th from 6:30 p.m. to 8:00 p.m. at Bus Boys and Poets located at 4251 Campbell Avenue in Arlington. This year's theme is "Our Families, Our Stories, Our Recovery".

Mr. Palmieri announced that the Arlington County Public Health Division (ACPHD) is undertaking a community assessment process for the purpose of better understanding the following:

- The health status of the community including risk factors, mortality and morbidity and, social determinants of health
- What is important to the community with regard to health and quality of life
- How well the public health system is meeting the essential services
- What forces may be at play that can either provide opportunities to improve health or may be a challenge to improving the health of residents

As part of that assessment ACPHD will survey Arlington residents to determine priorities related to factors associated with quality of life and health along with surveying for a number of other health, sociological and economic related issues for which there is not enough adequate data from other sources.

ACPHD would like the opportunity to conduct a focus group with up to 10 or 12 members of the Community Services Board or subcommittees. Anyone interested in joining the focus group should contact Josephine Peters, Planning and Education Chief, at 703-228-5597.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:00 p.m.

Respectfully submitted by Kelly Mauller