



The Arlington Community Services Board
1725 N. George Mason Drive
Arlington, VA 22205
(703) 228-4871 FAX: (703) 228-5234



James Mack
ACCSB Chair

Anita Friedman
Interim Executive
Director

September 17, 2014
DHS Stambaugh Building Auditorium
2100 Washington Blvd
Arlington, Virginia
7:00 pm - Full Board Meeting

DRAFT

Present: James Mack, Anne Hermann, Judith Deane, Barbara Jones, Wayne Bert, Linda Kelleher, David Gardner, Carol Skelly, Shauna Alonge, Lee Long, Erica Jackson, Brian Berke, Scott Brannon

Excused: Joanne Del Toro, Keith Whyte, Ann Wroth, David Kidwell

Staff: Anita Friedman, Farah Shakour, Kelly Mauller, Joanna Barnes, Glenda Pittman, Alan Orenstein, Joe Bullock

Public Comment(s)

There were no public comments.

Approval of the July 16, 2014 ACCSB Meeting Minutes

Chair Mack called for a motion to approve the July 16, 2014 ACCSB Full Board meeting minutes. Mr. Brannon motioned to approve the minutes, Ms. Jones seconded the motion, and the minutes were approved with one correction.

Staff Recognition

The Clarendon House Day Program Staff, Behavioral Healthcare Division, received the September 17, 2014 staff recognition award. The award recipients were as follows:

- Becky Wright, Supervisor
- Sharon Austin, Mental Health Therapist
- Emily Brusino, Mental Health Therapist
- Jesse Blount, Human Services Specialist
- Brenda Jones, Human Services Specialist
- Jamie Walters, Human Services Specialist

Dr. Alan Orenstein, Mental Health Bureau Chief, Behavioral Healthcare Division, highlighted the work of the day program staff. He stated that over the past year, the Clarendon House Day Program staff accepted and successfully met the challenge of restructuring a well-established program by developing new skills, changing their roles and successfully implementing new best practice programs for their clients. He stated that because of this, it was a pleasure to support the

nomination. Dr. Orenstein congratulated the Day Program staff on their success. Chair Mack offered his congratulations and conferred the award.

Presentation and Approval: State Performance Contract

Chair Mack introduced Michael Peter, Assistant to the Director, Department of Parks and to present an overview of the CSBs FY15/FY16 State Performance Contract. The Department of Behavioral Health and Developmental Services (DBHDS) and the Arlington County Community Services Board enter into a yearly partnership through the Performance Contract to ensure delivery of state- and federally-funded services and supports to individuals with mental illness, intellectual and developmental disabilities or substance use disorders.

Mr. Peter presented an overview of the core services provided by the Community Services Board (CSB).

Core services provided by CSB programs:

- Mental Health Services
- Substance Abuse Services - intensive outpatient services have been implemented in the jail
- Intellectual and Developmental Disabilities (IDD) Services

Core services provided outside of CSB programs:

- Emergency services
- Consumer monitoring services
- Assessment and evaluation services
- Early intervention services
- Consumer run services

Mr. Peter reported on the new and revised provisions that were incorporated into the Contract.

The revisions are as follows:

- CSBs must notify the State when beginning a new major service with more than 50% state/federal funding
- CSBs must notify the State when the number of residential crisis stabilization beds changes
- CSBs must participate in the new State psychiatric bed registry
- CSBs must monitor extraordinary barriers to discharge on a regular basis
- CSBs must offer referral information on services for individuals with developmental disabilities(DD) other than Intellectual Developmental Disabilities (IDD)
- If CSBs report unspent state funds of more than 20% in each of the previous two fiscal years, then it must report quarterly to the state on those funds. This is a new provision
- Discharge Assistance Planning (DAP) and Local Inpatient Purchase of Services (LIPOS) funds are now restricted. This is a new provision
- CSBs are now required to discuss (at least annually) integrated, community-based employment services with individuals aged 18 to 64. This is a new provision

Mr. Peter reported that Arlington County was awarded a local grant for Crisis Intervention Team (CIT) Security, which will be included annually in the County's base budget, and one-time local funding for a CIT coordinator position.

Mr. Peter presented a comparison between funding that was approved for FY14 to funding that was approved for FY15. He noted that funding approved for FY15 did not increase significantly. He noted that a similar comparison of funding by CSB services also resulted in no significant increase.

Mr. Peter announced that the Performance Contract will be presented at the recessed county board meeting on Saturday September 20th.

Chair Mack called for a motion to approve the CSB State Performance Contract. Ms. Jones motioned to approve the Performance Contract, Ms. Hermann seconded the motion.

Presentation and Approval: IDD Group Home Start-Up Funds

Joanna Wise-Barnes, Intellectual and Developmental Disabilities (IDD) Bureau Chief, Aging and Disability Division, brought a proposal before the CSB Full Board to accept \$1,089,500 of FY14 carry-over funds from the Department of Behavioral Health and Developmental Services (DBHDS) as start-up funds for the development of two group homes for adults with intellectual disabilities transitioning from the state Training Center into the local community. She noted that these are state funds and are not contingent on local funding. She stated that the two group homes will house eight to ten adults with an intellectual disability and that each group home will have four to five beds. The state has asked that both group homes be open and operational by June 30, 2015. She stated that the funds will allow the County to contract with non-profit organizations to operate the two group homes. She noted that services will still be funded by Medicaid waiver funds. She added that acceptance of these funds will build community capacity for the future as well as meeting an immediate need.

Chair Mack asked about the local funding source. Ms. Barnes responded that the funding will be drawn from AHIF funds appropriated by the Community of Planning and Housing and other non-profits.

Mr. Gardner asked if Arlington will pay a financial penalty if the two group homes are not open and operational by the June 30, 2015 deadline. Ms. Barnes responded that the County Board will vote on the details of the agreement in October or November. She noted that any penalties would be agreed upon by the County's attorneys and the State's attorneys in the final agreement.

Ms. Kelleher asked how the non-profit organizations will bid on the contract to operate the group homes. Ms. Barnes responded that the County Purchasing Office will inform the CSB about the selection process. She added that several non-profit organizations are already aware that a contract will be offered for bidding.

Chair Mack called for a motion to accept the proposal. Ms. Skelly motioned to accept the proposal and Ms. Kelleher seconded the motion.

Discussion: FY 16 Preliminary Local Committee Budget Priorities

Chair Mack reported that the standing committees have submitted their preliminary FY16 local budget priorities. He stated that the priorities will be brought before the full board for approval at the October 15th CSB full board meeting. Chair Mack explained to the members that the County Board does not approve its local budget until April. Any revisions or feedback should be emailed to Ms. Shakour prior to the October 6th Executive Committee meeting.

The FY16 preliminary local budget priorities are as follows:

Mental Health (MH) Committee

- Psychiatric Services Provider – population served: adults and older adults with mental illness
- Crisis Intervention Center (CIC) – population served: adults with mental illness
- Crisis Intervention Team (CIT) Coordinator – population served: adults with mental illness
- Mental Health Peer Supports – population served: adults with mental illness

Substance Abuse (SA) Committee

- Peer Recovery/Recovery Support Staff – population served: adults with substance abuse disorders
- Arlington Jail Addictions, Corrections and Treatment (ACT) Unit Case Management - population served: adults with substance abuse disorders
- Drug Court Substance Abuse Counselor - population served: adults with substance abuse disorders
- Mental Health Therapists in the Jail (Substance Abuse Committee special support) - population served: adults with substance abuse disorders

Child and Youth (CY) Committee

- Behavior Intervention Services (BIS) Provider – population served: caregivers and teachers of children with behavioral challenges (80% of children served range in age from 3 to 10)
- Resource Development Dollars

Intellectual and Developmental Disabilities (IDD) Committee

- No requests at this time

Discussion: CSB Annual Retreat

Chair Mack announced that the Annual CSB Retreat is scheduled for Saturday October 18, 2014 from 9:00 a.m. to 2:30 p.m. in the George Mason Center (GMC) Auditorium. He stated that County Board Member and CSB Liaison, Mary Hynes, is not available to speak on October 18th and asked the members if they would like to seek another lunchtime speaker or delay the retreat until October 25th. The members agreed to delay the retreat until October 25th. Ms. Shakour will inquire if Ms. Hynes would be available to speak on October 25th.

The topics for discussion are as follows:

- Housing panel
- Department of Behavioral Health and Developmental Services (DBHDS) update on current statewide initiatives, vision of the new commissioner and the impact on CSBs
- Lunchtime speaker: Mary Hynes, Arlington County Board – County Board priorities for FY16 and beyond

Special initiatives and committee updates:

- Mental Health First Aid – new initiative for the upcoming year
- Mental Health Group Homes – new initiative for the upcoming year
- Young Adult Group Homes – new initiative for the upcoming year
- Older Adult Services – new initiative for the upcoming year
- Autism services – new initiative for the upcoming year
- Virginia Hospital Center (VHC) and commitment hearings – an update will be provided
- Drug Court – an update will be provided
- Juvenile Court liaison – an update will be provided
- PACT Advisory Group - new initiative for the upcoming year

Presentation: Affordable Housing Workgroup Update

Ms. Kelleher presented an update on the Affordable Housing Study conducted by the Affordable Housing Workgroup. She stated that the purpose of the study is to create a shared community vision of Arlington's affordable housing as a key component of community sustainability. She noted that the scope of the study is to define housing needs, examine strategies and programs to address housing needs and housing, principles, goals and targets.

Ms. Kelleher noted that the three affordable housing principles are to have:

- A comprehensive plan element that defines policy
- An Implementation framework that defines programs, tools and targets
- A monitoring and evaluation plan that establishes reporting requirements

Ms. Kelleher reported that the Affordable Housing Study Committee is currently working on several projects:

- Assessing County programs
- Conducting reviews of neighboring jurisdictions' programs
- Creating a housing needs analysis consisting of demographics, trends, comparisons and forecasts

Ms. Kelleher stated that the community can become involved by:

- Learning more about affordable housing
- Reading past meeting notes and documents
- Subscribing to study updates
- Attending upcoming meetings
- Sharing ideas with the Affordable Housing Workgroup

Ms. Kelleher announced that a Community Forum is being held on September 22nd beginning at 6:30 p.m. at Washington Lee High School and that a Community Workshop is being offered on October 11th at Fairlington Community Center. Both events will focus on affordable housing policy.

Ms. Jones asked if the County has any requirements or guidelines for developers to build accessible units for individuals with disabilities. Ms. Kelleher responded that, to the best of her knowledge, new units are required to be built in accordance with accessibility guidelines.

Presentation: Mental Health First Aid

Joe Bullock, Substance Abuse Bureau Chief, Behavioral Healthcare Division, presented on Mental Health First Aid training. He reported that CSB staff throughout the state are participating in the training. He stated that the Mental Health First Aid model is a course for non-professional individuals about mental illness and addiction, how to reduce the stigma surrounding mental health and addiction and how best to support individuals experiencing mental illness. He noted that there are two versions of the model - one for adults and one for young adults under the age of 18. He added that staff are required to complete three training sessions in order to become certified. He stated that staff attending the training are not prevention specialists.

Ms. Kelleher asked about the target audience for the program once it is fully launched. Mr. Bullock responded that an invitation to the training will be distributed to organizations throughout the community.

ACCSB Executive Director's Report

- ✓ Ms. Friedman reported that the County is continuing to conduct interviews for the BHD Division Chief/ACCSB Executive Director position.
- ✓ Ms. Friedman announced that Dr. Justine Larson, Medical Director, Behavioral Healthcare Division is resigning effective December 12th.
- ✓ Ms. Friedman stated that a group home report will be presented at the October 15th CSB full board meeting.
- ✓ Ms. Friedman reported that revenue for Medicaid reimbursement is currently above target at 108%.

- ✓ Ms. Friedman announced that September is National Recovery Month. National Recovery Month is sponsored nationwide by the Substance Abuse and Mental Health Services Administration (SAMSHA). The theme this year is Speak Up, Reach Out. Lizabeth Schuch, BHD Recovery Manager, is coordinating a Speak Up, Reach Out event. The event will be held September 24th at Bus Boys and Poets from 6:30 p.m. to 8:00 p.m. (*Included in Member Packet*). Individuals in recovery will tell their stories in various formats (speaking, video, poetry, etc.).
- ✓ Ms. Friedman reported that Leslie Weisman, Bureau Chief, Client Services Entry, in collaboration with CSB staff, CSB members, Treatment Advocacy Center staff, NAMI representatives, a consumer staff member and the Arlington Public Defender and Sentencing Advocate developed a document to provide feedback and recommendations on Mandatory Outpatient Treatment (MOT) code and code language revisions (*Included in Member Packet*).
- ✓ Ms. Friedman announced that September is Hunger Action month and, in Arlington, it is Affordable Housing month. An event will be held for both on Tuesday September 30th from 7:00 p.m. until 9:00 p.m. at the Unitarian Universalist Church of Arlington located at 4444 Arlington Boulevard.

ACCSB Chair's Report

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 19, 2014 CSB Full Board meeting from 6:00 to 7:00 at the Stambaugh Building, located at 2100 Washington Boulevard, in the Auditorium.

The Executive committee agreed to the following topics and presenters:

- Intellectual and Developmental Disabilities (IDD) Services: Ms. Skelly and Ms. Jones
- Substance Abuse Services: Mr. Mack
- Child and Family Services: Ms. Alonge
- Housing: Ms. Deane
- Discharge Assistance Planning (DAP): Ms. Hermann and Ms. Deane
- Regional Older Adult Facilities Mental Health Support Team (RAFT): Ms. Hermann

Chair Mack announced that the Department of Human Services/Community Services Board (DHS/CSB) Public Forum on the budget will be held September 29th in the George Mason Center (GMC) auditorium located at 1801 N. George Mason Drive beginning at 6:00 p.m.

Chair Mack announced that newly elected Delegate Sullivan has agreed to meet with Committee Chairs to discuss CSB services. The meeting will be held at Delegate Sullivan's home on September 22nd at 6:00 p.m.

Report Out on ACCSB Retreat Initiatives

Ms. Hermann reported that she is unable to provide an update about the Mary Marshall Assisted Living Residence (MMALR) because the Advisory Committee did not hold a meeting this month. She will provide an update at the October 15th CSB Full Board meeting.

Informational Items

- Ms. Hermann announced that September is Older Virginians Mental Health month.
- Ms. Hermann will email the information for the NVAN Legislative breakfast scheduled for October 1st to Ms. Mauller for distribution to the CSB members. She noted that former legislator to Arlington County, Mr. Bob Brink, will be presenting the keynote address.

- Ms. Hermann announced that the 28th Annual Care Givers Conference about caring for individuals with dementia is scheduled for November 11th in Alexandria.
- Ms. Alonge asked if the CSB could be provided regular updates of the number of individuals on the Extraordinary Barriers List (EBL). The members agreed and the staff will provide updates on a monthly basis.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Jim Mack at 9:30 p.m.

Respectfully submitted by Kelly Mauller