



The Arlington Community Services Board
Sequoia III
2120 Washington Boulevard
Arlington, VA 22204
(703) 228-4871 FAX: (703) 228-4853



Anne Marie Hermann
ACCSB Chair

January 25, 2017
Sequoia III
2120 Washington Blvd. Room 112
Arlington, Virginia
7:00 pm – Full Board Meeting

Anita Friedman Interim
Executive Director

Present: Wayne Bert, Anne Hermann, Carol Skelly, Cherie Takemoto, Frank Haltiwanger, Atima Omara, Judy Deane, Linda Kelleher, Jarrod Nagurka, Jenette O’Keefe, Joanne Del Torro, Brian Berke

Excused: Jay Ternent, Shauna Alonge, Leslie Gosling, Asha Patton-Smith

Staff: Anita Friedman, Kelly Mauller, Oliver Russell

Public Comment(s)

There were no public comments.

Chair Hermann introduced guest attendee Adele McClure.

CSB Staff Recognition Award

Jessica Sleep, Mental Health Therapist Team A and Youth Transition Clinical Coordinator, was nominated to receive the January 25, 2017 staff recognition award. Ms. Sleep was nominated by Sandy Clark, Mental Health Supervisor, Team A. Ms. Clark commended Ms. Sleep for her outstanding work with young adults. She noted that Ms. Sleep coordinates orientations for new families, performs work with Arlington County public schools, and supervises an art therapy group among many other duties. Ms. Sleep thanked the CSB members and Ms. Clark for their support.

Approval of the December 14, 2016 ACCSB Meeting Minutes

Chair Hermann called for a motion to approve the December 14, 2016 ACCSB Full Board meeting minutes. Mr. Haltiwanger motioned to approve the minutes, Mr. Nagurka seconded the motion, and the minutes were approved as amended.

FY18 Preliminary Local Budget Priorities

Mr. Russell, Assistant BHC Division Chief, opened a discussion about the draft CSB FY18 local budget priorities. The members discussed the following recommendations, in tentative priority order, for presentation to the County Board members for inclusion in the County’s FY18 budget:

1. **Developmental Disability Services**

Support of 2.2 FTE caseworkers for new clients under the changed waiver system
Estimated Cost: \$220,000

2. Mental Health Services

1FTE position in Emergency Services to work full time with VHC in order to assist in the assessment, treatment and discharge planning for CSB clients

Estimated Cost: \$100,170

3. Child and Family Services

.5 FTE Bilingual In-take Specialist to work with Spanish speaking children and families

Estimated Cost: \$50,085

4. Mental Health Services

Group Housing Placements for 6 individuals under the Extended Kensington Model

Estimated Cost: \$17,000 per person/ 6 beds/ per year = \$102,000 per year

5. Mental Health Services/Developmental Disability Services

One time funding for a consultant to perform a study on the needs of young adults with autism spectrum and mental health issues, and how they could best be served

Estimated Cost: \$75,000

6. Substance Abuse Services

The Substance Bureau of the Behavioral Healthcare Division has taken on a large-scale program evaluation of SA services in the county. The evaluation will engage clients, family members and community stakeholders. The team will do a thorough analysis to determine gaps in services, areas for improvement and other needs. After the evaluation is completed, priorities will be developed and the Bureau will work with the Substance Abuse CSB Committee to target these priorities. The CSB will play a fundamental role in developing priorities and pursuing them.

7. Developmental Disability Services

Request that County legal procedures be amended to support guardianship applications for CSB clients with developmental disabilities.

After considerable discussion, the members agreed to defer the prioritization of the recommendations to the CSB Executive Committee with the exception of the 2.2 FTE caseworkers for Developmental Disability Services. The members unanimously agreed to bring this recommendation forward as their highest priority.

VHC Forum Next Steps

Chair Hermann opened a discussion about the next steps as a follow up to the meeting with VHC held on January 5th. The next steps are as follows:

- CSB membership on the Site Plan Review Committee (SPRC)
- The Certificate of Public Need (COPN) request
- Set up meetings with County Board members

Ms. Deane stated that she and Ms. Omara have been recommended to serve on the SPRC. Their appointments have not yet been confirmed.

Mr. Russell stated that VHC is in the process of finalizing their COPN request for general beds to the State. He added that, once the application is received by the State, VHC is required to schedule a public hearing within in 60 days. He noted that VHC and Fairfax INOVA are both applying for bed expansion. He further noted that the public hearing is anticipated to occur at the beginning of March. Mr. Russell stated that the CSB will be able to

submit documentation and reports, regarding the bed expansion, at the public hearing and possibly present spoken testimony. The public hearing will be held locally in our region.

Report Out on ACCSB Retreat Initiatives

- ✓ Mr. Bert reported out about the Mental Health Criminal Justice Review Committee (MHCJRC).
 - Arlington County Police Captain, Adrienne Quigley, is recruiting additional Crisis Intervention Team (CIT) trainers to provide advanced CIT training.
 - The Police have implemented a system to notify officers when the amount of time an individual can be detained is about to expire.
 - Emergency Services psychiatric and security staff are now holding quarterly meetings with VHC staff to discuss concerns around commitment hearings, transfer of custody and any other concerns regarding VHC and BHD communication.
 - Courtney Nobles, Emergency Services Discharge Planner, is working directly with Western State Hospital to observe Arlington County clients being served at the hospital. The average length of stay at Western State Hospital is 70 days. There are currently 7 Arlington clients being served by Western State Hospital. There are discussions being held throughout the state about how to serve individuals in their own locality.
 - Kelly Nieman, Discharge Planning Supervisor, is in the process of researching prosocial activities for individuals incarcerated in the jail.

- ✓ A report was not provided about the Young Adult Committee.

Informational Items

- ✓ Mr. Russell provided a brief update about the January 2017 VACSB Legislative Conference (Refer to Handout). Ms. Skelly attended as well. Mr. Russell stated that Secretary Hazel and VACSB Executive Director, Dr. Barber, spoke about challenges in the overall healthcare system.

- ✓ Chair Hermann thanked Mr. Nagurka and Ms. Skelly for presenting testimony during the Arlington County Legislative Public Hearing that was held on January 5th.

- ✓ Chair Hermann reported that she and Ms. Skelly presented at the Regional Public Hearing on the State budget held by the House Appropriations and Senate Finance Committees of the Virginia General Assembly on January 4th.

- ✓ Chair Hermann announced that invitations will be sent out for the annual Program of Assertive Community Treatment (PACT) staff appreciation luncheon scheduled for February 16th. The luncheon is sponsored by the PACT Advisory Committee.

- ✓ Chair Hermann announced that the annual Offender Aid and Restoration (OAR) breakfast will be held on March 1st from 7:45 a.m. to 9:00 a.m. at the Crystal Gateway Marriott located at 1700 Jefferson Davis Highway in Arlington. She added that the breakfast is free and that donations are welcome.

- ✓ Due to time constraints, Mr. Russell will provide an overview of the draft CSB Reporting Measures Report (Included in Member Packet) at the February 22nd full board meeting.

Adjournment

The Arlington County Community Services Full Board meeting was adjourned by Chair Hermann at 9:10 p.m.

Respectfully submitted by Kelly Mauller