

**Arlington County Community Services Board**  
**Executive Committee Meeting**  
**Sequoia Plaza 3**  
**2120 Washington Blvd.**  
**Room 112**

January 9, 2017

**Present:** Anne Hermann, Carol Skelly, Judy Deane, Asha Patton-Smith, Jim Mack, Wayne Bert

**Absent:** Shauna Alonge, Jenette O'Keefe

**Staff:** Anita Friedman, Oliver Russell, Kelly Mauller

The January 9, 2017 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by ACCSB Executive Committee Chair Anne Hermann at 6:00 p.m. The meeting was held at the Sequoia III Building, 2120 Washington Boulevard, Room 112, Arlington, Virginia 22204.

**Approval of the December 5, 2016 Executive Committee Minutes**

Chair Hermann called for a motion to approve the December 5, 2016 ACCSB Executive Committee meeting minutes. Ms. Skelly motioned to approve the minutes, Ms. Deane seconded the motion, and the minutes were approved as amended.

**Follow-up Discussion: Virginia Hospital Center (VHC) Meeting**

Chair Hermann opened a discussion about the follow-up meeting with VHC held on January 5<sup>th</sup>, to the forum held on November 28, 2016, for members of the community and family members of individuals receiving services to present testimony about their experiences with mental health and substance abuse services treatment while at VHC. Ms. Hermann stated that the CSB was well represented by CSB members, two of the County Board members and County staff.

The committee discussed several points of discussion from the meeting including:

- Relocating the psychiatric ward to an appropriate above ground space
- Increasing the number of adult mental health psychiatric hospital beds
- The anticipated expansion of the parking garage

Ms. Deane has volunteered to chair a committee to address concerns about the VHC expansion, including next steps and advocacy (Refer to Handouts). Ms. Deane presented several draft recommendations to present to VHC for inclusion in the proposed expansion plan.

- Agree to open a minimum of 15 additional adult psychiatric beds, in single occupancy rooms, within two years and commit to opening additional beds to meet demand if utilization rates rise above 80% for a sustained period according to CSB statistics.
- Commit to relocating the psychiatric unit to an appropriate above ground location to be configured in line with best practices.
- Staff the Emergency Department (ED) with a mental health clinician and designate a separate suite of rooms attached to the ED sufficient to serve patients of all ages.

- Open an inpatient psychiatric ward to treat children and adolescents with serious mental illness.

As next steps:

- Ms. Deane will revise the recommendations to VHC.
- Mr. Russell will speak with VHC to inquire about scheduling a tour of the psychiatric ward unit.
- The committee will schedule meetings with members of the County Board.

### **FY18 Local Budget Priorities**

Mr. Russell, BHC Assistant Division Chief, provided an update on the draft CSB FY18 local budget recommendations (Refer to Handout).

### **Developmental Disabilities (DD) Committee:**

- 2.2 additional support coordinators needed to handle increased caseloads associated with the State's waiver redesign, including: (1) additional waiver slots received from the State; and (2) workload associated with the designation of CSBs as the "front door" for all DD services, including services and oversight previously handled by other agencies.
- \$50,000 in one-time money to fund a consultant study of unmet employment needs for individuals who want community-based employment.
- \$15,000 in one-time money to cover legal fees for families willing to become guardians for their loved ones, but who cannot afford the legal expenses. 10 families are currently waiting for assistance from the County Attorney's office with guardianship applications. In addition to funds, a change is needed in county procedure to allow these individuals to get help from community attorneys.

### **Mental Health (MH) Committee:**

- Jail Diversion: 1 MH Therapist to divert individuals at bond hearings (or work with the prospective MH docket) (\$86,000 plus benefits)
- Expansion of adult MH residential beds (10 beds at \$17,000/bed estimated)
- 1 MH Therapist case manager for the Community Support Teams (\$86,000 plus benefits)
- 1 MH Therapist case manager for the young adult services (\$86,000 plus benefits)
- 1 MH Therapist for Emergency Services (\$100,170 including benefits)
- 1 MH Therapist and 1 Case Manager for ADSD/SAMH to work at Mary Marshal (\$108,000 and \$82,536 respectively including benefits, totaling \$190,536)

### **Child and Family Committee:**

- 1 additional BIS (Behavioral Intervention Specialist) worker (Spanish Speaking) (\$86,000 plus benefits)

### **Substance Abuse:**

- (Substance abuse is currently undergoing a comprehensive review of services. At this time, changes in staffing patterns have not been proposed. Funding may be required at a later date, however, for additional staffing, trainings, or additional studies of services, as appropriate. For this reason, the Substance Abuse Committee is deferring its requests till a later date.)

Mr. Russell will follow up regarding recommendations that may have been proposed in the DHS Directors Budget recommendations to the County Manager.

### **Brief Updates/Information**

- ✓ Chair Hermann reported that the Arlington County Legislative Public Hearing was held on January 5<sup>th</sup> at 6:30 p.m. in County Board room 300, located in Courthouse Plaza, 2100 Clarendon Boulevard. Mr. Nagurka and Ms. Skelly presented on behalf of the CSB.
- ✓ Chair Hermann reported that she and Ms. Skelly presented at the Regional Public Hearing on the State budget held by the House Appropriations and Senate Finance Committees of the Virginia General Assembly on January 4<sup>th</sup>. She stated that individuals presented about changes to the Developmental Disability (DD) Waivers, the shortage in public psychiatric hospital beds and the need for increased affordable housing, among other topics.
- ✓ Mr. Russell provided an overview of the draft CSB Reporting Measures Report (Refer to Handout). The report includes data on service volume, access to services and engagement and compliance. The committee reviewed the report and provided feedback about how to possibly improve reporting the data.
- ✓ Mr. Russell announced that an RFP for a new Electronic Health Record (EHR) will be sent out in the near future. The new EHR will replace the current Cerner EHR system.
- ✓ Ms. Deane reported that she will be attending a Housing Arlington event on Tuesday. She stated that she will speak about the CSB's concerns regarding the VHC expansion and ask for the groups support in advocating for improvements.
- ✓ Ms. Hermann reported that she has been invited to speak about the VHC expansion with the Culpepper Gardens Advisory Council on Tuesday.

### **Upcoming Items for CSB Full Board Meeting on February 22, 2017**

- ✓ Jessica Sleep, Mental Health Therapist III and Youth Transition Clinical Coordinator, Team A, was nominated to receive the January 25, 2017 CSB staff recognition award.
- ✓ Mr. Russell will provide a Group Home Report, if necessary.
- ✓ Mr. Bert will report out about the Mental Health Criminal Justice Review Committee (MHCJRC).
- ✓ Mr. Russell will provide a brief update about the VACSB Legislative conference.
- ✓ Ms. Deane will report out about the Mental Health Group Home Committee.
- ✓ Chair Hermann will ask if there are updates from any of the other CSB Ad Hoc Initiative Committee.

### **Adjournment**

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Hermann at 8:00 p.m.

Respectfully submitted by Kelly Mauller.