

**Arlington County Community Services Board  
Executive Committee Meeting  
August 11, 2014  
George Mason Center - 2<sup>nd</sup> Floor Conference Room  
6:00 p.m.**

**Present:** James Mack, Anne Hermann, Judith Deane, Shauna Alonge, Carol Skelly, Barbara Jones, Wayne Bert, Erica Jackson

**Staff:** Anita Friedman, Farah Shakour, Kelly Mauller, Glenda Pittman, Michael Peter, Patricia Carroll

The August 11, 2014 Arlington County Community Services Board (ACCSB) Executive Committee meeting was convened by the ACCSB Executive Committee Chair James Mack at 6:00 p.m. The meeting was held at the George Mason Center, 1801 N. George Mason Drive, Arlington, Virginia.

**Presentation: State Legislative Process**

Chair Mack introduced Patricia Carroll, CSB Legislative Liaison to the Arlington County Board. Ms. Carroll explained the process that the County Board Office follows to assemble their legislative package to the State.

The process is as follows:

- The County Board Chairman requests that all of the Boards and Commissions submit their State legislative budget recommendations to the County Board in April of each fiscal year.
- Ms. Carroll meets with the County Board Chair to review the previous fiscal year's recommendations and begins to coordinate meetings with the remaining County Board Members to discuss the recommendations for consideration of inclusion in the County's legislative packet.
- The County Board holds a Public Budget Hearing in November.
- The County Board adopts its legislative package in December.
- The County Board holds work sessions in November and December between the date of the local elections and the date that all draft bills are required to be submitted to the legislative delegation. She noted that draft bills are required to be submitted by the end of the first week of December.
- The General Assembly Delegation holds a Public Budget Hearing at the end December or early January.
- The General Assembly convenes a new session on the 2<sup>nd</sup> Wednesday in January (January 15, 2015). Proposed bills for drafting must be signed and submitted to Legislative Services by noon. She noted that during a short session, the House members may only submit 15 draft bills.
- The General Assembly holds a "Cross-over Day" mid-way through the new session when the House that introduces a bill is passed by that body. All bills must be passed by February 10<sup>th</sup> or the bill is allowed to die.
- The last day of the General Assembly's session is February 28<sup>th</sup>.
- After the General Assembly session ends the Governor either signs, amends or vetoes a bill.
- The General Assembly holds a reconvened session to revise the bills that were amended or vetoed by the Governor.
- Ms. Carroll suggested that the CSB board members meet with Budget Conferee, Senator Howell, to discuss Mental Health advocacy.

Ms. Hermann asked what the deadline is for submitting bills for drafting. Ms. Carroll responded that the deadline for the General Assembly to submit bills for drafting to Legislative Services is the first Monday in December.

Ms. Deane asked if there is a distinction in the procedure between bills that are requesting funding and bills that are requesting changes in laws. Ms. Carroll responded that bills that are requesting funding are a part of the budget process. Governor McAuliffe will announce his revisions to the FY15/FY16 budget on December 17<sup>th</sup> which will become a part of the budget that will be submitted through the General Assembly next year. Members of the General Assembly must submit budget amendments by the first Friday in January.

Ms. Friedman asked if the General Assembly will be holding a meeting to discuss Medicaid expansion. Ms. Carroll responded that a special session will be convened on September 18<sup>th</sup> for the House to discuss Medicaid expansion.

### **Overview and Action Item: State Performance Contract**

Chair Mack introduced Michael Peter, Assistant to the Director, Department of Parks and Recreation. Mr. Peter presented an overview of the CSBs FY15/FY16 State Performance Contract on behalf of Suzanne Lane, Behavioral Healthcare Division (BHD) Operations Support Team (OST) Manager. The Department of Behavioral Health and Developmental Services (DBHDS) and the Arlington County Community Services Board enter into a partnership through the Performance Contract to ensure delivery of state and federally funded services and supports to individuals with mental illness, intellectual and developmental disabilities or substance use disorders.

Mr. Peter presented an overview of the core services provided by the Behavioral Healthcare Division (BHD).

Core services provided by CSB programs:

- Mental Health Services
- Substance Abuse Services - intensive outpatient services have been implemented in the jail
- Intellectual and Developmental Disabilities (IDD) Services

Core services provided outside of CSB programs:

- Emergency services
- Consumer monitoring services
- Assessment and evaluation services
- Early intervention services
- Consumer run services

Mr. Peter reported about the new and revised provisions that were incorporated into the Contract.

The revisions are as follows:

- CSBs must notify the State when beginning a new major service with more than 50% state/federal funding
- CSBs must notify the State when the number of residential crisis stabilization beds changes
- CSBs must participate in the new State psychiatric bed registry
- CSBs must monitor extraordinary barriers to discharge on a regular basis
- CSBs must offer referral information on services for individuals with developmental disabilities(DD) other than Intellectual Developmental Disabilities (IDD)

- If CSBs report unspent state funds of more than 20% in each of the previous two fiscal years, then it must report quarterly to the state on those funds. This is a new provision
- Discharge Assistance Planning (DAP) and Local Inpatient Purchase of Services (LIPOS) funds are now restricted. This is a new provision
- CSBs are now required to discuss (at least annually) integrated, community-based employment services with individuals aged 18 to 64. This is a new provision

Mr. Peter reported that Arlington County was awarded a grant for Crisis Intervention Team (CIT) Security, which will be included annually in the County's base budget, and one-time local funding for a CIT coordinator position.

Mr. Peter presented a comparison between funding that was approved for FY14 to funding that was approved for FY15. He noted that funding approved for FY15 did not increase significantly. He noted that a similar comparison of funding by CSB services also resulted in no significant increase.

Mr. Peter stated that the State Performance Contract will be brought before the CSB Full Board for approval at the September 17<sup>th</sup> Full Board meeting.

#### **Approval of the July 7, 2014 Executive Committee Minutes**

Chair Mack called for a motion to approve the July 7, 2014 ACCSB Executive Committee meeting minutes. The committee reviewed the minutes. The committee agreed to defer approval of the minutes until the September 8<sup>th</sup> Executive Committee meeting in order to receive clarification about the mental health group home transition plan presented by Dr. Alan Orenstein, Mental Health Bureau Chief.

#### **Update: Mandatory Outpatient Treatment Discussion with Barbara Favola**

Ms. Friedman reported that she and CSB representatives from Arlington, Fairfax-Falls Church and Loudoun County attended a meeting on August 6<sup>th</sup> at Senator Favola's home to discuss proposed legislation to enable local mental health teams to petition the court for Mandatory Outpatient Treatment (MOT) Orders under special circumstances. Florence Fee, cofounder of No Health Without Mental Health (NHMH) was also in attendance. The mission for No Health Without Mental Health is to redefine society's understanding of the term "health" to include mental health and physical health as equal, essential, inseparable components of overall health. And thereby eliminate the social stigma that now surrounds mental disorders. The organization has a branch in San Francisco, California and locally in Arlington. Ms. Friedman stated that Mandatory Outpatient Treatment (MOT) is an intensive community based treatment system for individuals that are court mandated to live in the community. She reported that a Judge can mandate that an individual receive treatment in the same manner that they would mandate an individual to be detained. She stated that this would occur when an individual has had extensive contact between the CSB, the jail and/or the hospital, resulting in a negative outcome, but does not reach the criteria level for commitment. She noted that each of the three CSBs that attended the meeting practice (MOT) in different ways. She stated that the state of Virginia has MOT in place but that in Arlington it has only been mandated twice. The committee discussed the proposed legislation.

Ms. Hermann noted that the discussion was around adults 18 years of age and older.

Ms. Deane stated that there is a nationwide group called Treatment Advocacy Center located in Arlington that strongly advocates for outpatient treatment. Ms. Deane will email a link to the Center's website to the committee.

Ms. Friedman reported that Cindy Koshatka, Regional Projects Manager, Northern Virginia Regional Management Group (RMG) will be holding a meeting with regional CSBs Emergency Services and discharge planning staff on August 28th to discuss the MOT process.

Ms. Barnes asked how the courts determine who receives MOT services. Ms. Friedman responded that MOT is court ordered and that there is set criteria for determining who will receive services.

Ms. Jones asked what is currently being done for individuals who would qualify for MOT if the legislation is passed. Ms. Friedman responded that there have only been two instances of MOT in Arlington County. She noted that Arlington County prefers to refer an individual to committed treatment services rather than outpatient treatment where the individual may or may not comply with their treatment plan.

Ms. Friedman stated that Senator Favola would like to schedule a follow up meeting in September to discuss whether MOT changes in Code should move forward and what resources are needed, or make a budget amendment.

#### Conclusions:

- Members who are interested in pursuing advocacy for the proposed legislation should contact Ms. Hermann
- The proposed legislation from Senator Favola will be emailed to the CSB full board members for distribution to advocacy groups
- Staff feedback will be directed to Leslie Weisman, Bureau Chief, Client Services Entry
- Feedback from CSB advocacy groups will be directed to Ms. Friedman
- Ms. Koshatka will send the results of the RMG meeting on August 28<sup>th</sup> to Ms. Friedman and the regional CSB Executive Directors
- Ms. Friedman will distribute the results of the RMG meeting to Ms. Weisman who will be the point person for developing an advocacy model for MOT
- Ms. Weisman will incorporate the results of the staff feedback, the results of the RMG meeting and the information that will be collected by the CSB into an advocacy package prior to the meeting with Senator Favola in September
- The CSB Executive Committee will meet after the Labor Day holiday and prior to the meeting with Senator Favola to discuss advocating for MOT

#### **Brief Updates/Information**

Ms. Friedman provided an update on the hiring of the new BHD Division Chief/ACCSB Executive Director position. She stated that the firm hired by the County to recruit for the position has received many nationwide applications. She noted that the applications will be reviewed by the firm and the most qualified applications will be forwarded to DHS Director, Susanne Eisner, for a preliminary assessment. The applications chosen by the Director will then be brought before the CSB for review.

Ms. Shakour reported out about the FY14 Permanent Supportive Housing (PSH) Tables. She stated that the tables represent a breakdown of the number of group homes in a residential setting, broken down by disability area and include an accounting of the Mary Marshall Assisted Living Residence (MMALR). She noted that the residences are 94% CSB occupied. Ms. Shakour will email the PSH Tables to the Executive committee once they are completed and copies will be included in the full board packets for the September 17th meeting.

Ms. Shakour stated that she has received the submissions from staff and is in the process of drafting the FY14 CSB Annual Report.

Ms. Friedman reported that a client with Intellectual and Developmental Disabilities (IDD) that was receiving services and living in an independent, individual, residential setting has passed away. She noted that the cause of death is unknown at this time.

Chair Mack announced that the Legislative Delegation Forum will be held for one hour prior to the November 19, 2014 CSB Full Board meeting from 6:00 to 7:00 at the Stambaugh Building located at 2100 Washington Boulevard in the Auditorium. Mr. Mack stated that Delegate Brink has retired from the General Assembly and has accepted the position of Deputy Commissioner for Aging Services in the Department of Aging and Rehabilitative Services. Mr. Mack reported that a special election will be held on August 19th to replace his seat. He stated that there are two candidates running for election; Richard Sullivan (D) and David Foster (R). The executive committee agreed to schedule an orientation for the winner of the special election in early September.

Chair Mack announced that Dr. Asha Patton Smith will be joining the Child and Family Committee. Ms. Smith, a pediatric psychiatrist, was referred to the committee by Ms. Alonge.

Ms. Friedman distributed the meeting notes from the briefing by Community Residences (CR) about the transition of the residents residing at the Roosevelt Street Mental Health Group Home to the Kensington Street apartment building. Ms. Deane and Ms. Hermann attended a tour of the Kensington Street apartment building.

#### **Upcoming Items for CSB Full Board Meeting on September 17, 2014 (No August meeting)**

- ✓ Ms. Friedman announced that Michael Peter, Director of Budget and Finance, Department of Parks and Recreation, will present a review of the CSB's State Performance Contract.
- ✓ Ms. Friedman announced that Linda Kelleher, CSB Liaison to the Housing Study Working Group will present an update on the Affordable Housing Workgroup.
- ✓ Ms. Friedman announced that Leslie Weisman will report out about Mental Health First Aid.
- ✓ Ms. Friedman announced that an update will be provided about the discussion with Senator Favola on Mandatory Outpatient Treatment (MOT).
- ✓ Chair Mack announced that the Clarendon House Day Program staff, will receive the September 17, 2014 staff recognition award.
- ✓ There will be a Group Home Report presented if necessary.
- ✓ There will be a monthly Financial Report presented if necessary.
- ✓ Chair Mack will ask the members if they would like any updates from the CSB Ad Hoc Initiative Committees.
- ✓ Ms. Hermann will report out on the Mary Marshall Assisted Living Residence (MMALR).

#### **Announcements**

- ✓ Ms. Hermann reported that she attended a Northern Virginia Aging Network (NVAN) presentation conducted by the National Institute on Aging about adults 80 years old and

older that have a high quality of health. Ms. Hermann asked the members to contact her with the names of anyone who may be interested in participating in the study.

- ✓ Ms. Hermann announced that NVAN has scheduled a legislative breakfast on October 1st. She noted that former Delegate, Robert Brink will be one of the speakers. Mr. Brink is the newly appointed Deputy Commissioner for Aging Services in the Department of Aging and Rehabilitative Services.
- ✓ Ms. Hermann announced that Older Virginians Mental Health will be observed in September.
- ✓ Ms. Hermann announced that Eileen Keane, Senior Adult Mental Health Services, and Ruth Reagan from the Regional Older Adult Facilities Mental Health Support Team (RAFT) will be giving a presentation at NVAN.
- ✓ Ms. Hermann announced that the Commission on Aging will be holding a Legislative Forum on aging.
- ✓ Ms. Hermann thanked Ms. Jones for the donations that she provided to the Mary Marshall Assisted Living Residence (MMALR).
- ✓ Mr. Bert reported out on an article in the Times Dispatch about an organization that is advocating to provide mental health training to churches, civic associations and other community entities to be able to better assist individuals in the community with mental illness. He stated that he met with Ms. Deane, Ms. Hermann and Ms. Weisman to discuss how the CSB could support this type of advocacy in Arlington. He stated that Ms. Weisman provided the group with an overview about Mental Health First Aid, a State sponsored program that has recently been implemented in Arlington County. He noted that Ms. Weisman suggested that it may be beneficial for the CSB to show support of the program in an administrative capacity and assist with developing a targeting strategy for disseminating information to the community.

Ms. Friedman responded that several staff in Emergency Services have already received Mental Health First Aid training and are now certified to train other staff. She noted that Ms. Weisman will present about the training at the September 17<sup>th</sup> CSB Full Board meeting. She stated that in order to become a certified Mental Health First Aid Trainer, staff are required to participate in three trainings per year.

Ms. Deane asked how many hours are needed to complete each training session. Ms. Shakour responded that each training session is eight hours.

The Arlington County Community Services Board Executive Committee meeting was adjourned by Chair Mack at 8:15 p.m.

Respectfully submitted by Kelly Mauller.