

ARLINGTON COMMISSION ON AGING

UNIVERSAL DESIGN: HOMES FOR ALL AGES

A Video by the Arlington Commission on Aging ©

Is your home designed so that people of any age, ability or size can easily and comfortably use it? Universal design homes are aesthetically pleasing, readily usable by all – and adapt to changing needs over a lifetime.

The Arlington Commission on Aging produced a short (6 min) video on universal design in homes.

The video intersperses lively interviews with a certified aging in place specialist, a design build contractor, a homeowner and a realtor with displays of universal design features in the entrance, kitchen, bathroom, and other living spaces. The video is aimed at the public, homeowners and home buyers, realtors, home builders and architects – anyone interested in creating or modifying a home environment in which all people can live safely and easily.

See the video at:

YouTube link, <https://youtu.be/X4sRwslED6o>

Vimeo link (you can download the video from this site) - <https://vimeo.com/221343165>

Facebook: <https://www.facebook.com/ArlingtonCommissionOnAging>



Step-Free Entrance

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THE ARLINGTON COMMISSION ON AGING OFFERS THESE STEPS TO AGE IN YOUR HOME

1. PLAN AHEAD

Make home modification part of your retirement planning. Does your home meet your needs now—and will it continue to meet your needs over time?

2. MODIFY YOUR HOME FOR EASY ACCESS FOR A LIFETIME

Assess your home for changes needed to provide a comfortable, safe and independent environment for aging in place.

- See the **Home Fit Guide** from AARP aarp.org/livable-communities/info-2014/aarp-home-fit-guide-aging-in-place.html or call 1-888-681-2277.
- Learn about **Smart Choice Homes** at aging-disability.arlingtonva.us/universal-design.
- Have a **Certified Aging in Place Specialist (CAPS)** assess your home and recommend changes to support your needs and lifestyle at any age. Find a CAPS: nahb.org/directory.

3. IDENTIFY FUNDING SOURCES

- Find out about low-cost loans through the **Virginia Assistive Technology Loan Fund Authority**, atifa.org or call 1-866-835-5976.
- Use the **Virginia Livable Homes Tax Credit** dhcd.virginia.gov/lhtc.

4. FIND SUPPORT SERVICES

- Find in-home support services through the **Arlington Aging and Disability Services Division**, aging-disability.arlingtonva.us or call 703-228-1700.
- Join the **Arlington Neighborhood Villages (ANV)** which offers many support services at arlnvil.org or call 703-509-8057



Step-Free Entrance



Universal Design Bathroom