



## COMMISSION ON AGING

C/o Agency on Aging, DHS

2100 Washington Blvd. 4<sup>th</sup> Floor, Arlington, VA 22204

TEL 703-228-1700 FAX 703-228-1174; TTY: 703-228-1788

Email: arlaaa@arlingtonva.us

### Meeting Summary

April 18, 2016

**MEMBERS PRESENT:** Linc Cummings, Jim Feaster, Gordon Hasenei, Pamela Hawkins, Cragg Hines, Patricia Sullivan, Laurie Young, Erica Wood, Lena Wang, Arlene Spinelli

**EXCUSED:** Mitch Opalski, Valerie Crotty, Mary Ann Johnson, Joan McDermott, Barbara Favola

**STAFF:** Maimoona Bah-Duckenfield, Gelareh Bassiry, James Baker

**GUESTS:** La Voyce Reid, Bureau Chief, Developmental Disability Services

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- I. **Call to Order and Welcome at 9:40 AM** (Erica Wood)  
Introduced the AARP Age friendly Livable Communities Poster
  
  - II. **Presentation on Department of Justice's Settlement Impact in Arlington by La Voyce Reid, bureau Chief of Arlington's Developmental Disability Services Bureau – See Attached: My Family, My Community Virginia's Waiver Redesign Update Presentation**
  
  - III. **Approval of the March Meeting Minutes**  
Approved unanimously with the following amended changes: Aurora Hills Senior Center is not on the Metro line, it is six blocks from the Metro.
  
  - IV. **Vice Chair's report on behalf of Chair** (Erica Wood)
    - a. **Nels Anderson Resignation**  
Nels resigned unexpectedly. A Certificate of Appreciation signed by the Chair was read.
    - b. **Vacancies - Senior Center Committee Chair, Transit Advisory Committee**  
Vacancy for Senior Center Committee announced due to Nels resignation. This is an important role with the responsibility of visiting all the senior centers and composing a written report on their findings.
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Fran De Silva's term on the County's Transit Advisory Committee ends in July. A request for volunteers was announced.

**c. March 7<sup>th</sup> report on Conversation with Commissioners and the County Board**

Discussion included community engagement forum as an example of best practices. Emphasis on the use of committees, outreach to the community, and use of social media was also discussed. Around 50 representatives were in attendance.

**d. Ideas/Areas of concern for county Auditor**

Newly appointed county auditor, Jessica Tucker was announced. The Audit committee determined the Auditor's first assignment would be the site plan process; detention medical services, and emergency medical transportation fees.

### V. Staff Report

#### ADSD Staff Report

(Maimoona Bah-Duckenfield)

- a. Reviewed the Community Engagement Forum notes and emphasized the importance of promoting the Aging and Disability Services Division Customer Service referral line 703-228-1700. Encouraged Commissioners to contact the Agency on Aging directly with any concerns related to referrals.
- b. Highlighted upcoming special events in the Calendar of Events.
- c. Discussed the details of next month's meeting at the Carlin Senior Residence with an opportunity for Commissioners to participate in the Meals on Wheels delivery.

### VI. Committee Reports

- a. Budget (Erica Wood)  
Budget committee met on March 2nd to review the budget. Budget recommendation included support for Arlington Neighborhood Villages and the Culpepper Garden Assisted Living Residence, and the need for support and implementation of the affordable housing study.  
Mr. Opalski spoke before the county board at its March 30th budget hearing.
- b. Legislative: (Laurie Young):  
Committee met on April 4<sup>th</sup>. Reviewed highlights from the Community Engagement forum. Discussed NVAN platform areas that will be revisited:

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Dental coverage; Medicaid expansion. NVAN will meet on April 19<sup>th</sup>.

Membership (Linc Cummings): With a new vacancy on the Commission, Commissioners were encouraged to make recommendations for membership.

- c. Public Information and Outreach (Gordon Hasenei):  
Committee met last week. A few members plan to attend Law Day. Discussed future plans for the Aging and Disability's Division Centenarian event. Announced the 50+ expo at the Sheraton hotel today and Senior tech is looking for a new space.
- d. New Media/Technology (Laurie Young):  
Promoted the Community engagement forum on facebook, it reached 1000 people, which was up by 30% since last year. The next post will be the passage of the Older Americans Act this month.
- e. Senior Centers No report
- f. Strategic Planning (Erica Wood):  
Committee did not meet since last Commission meeting. Meeting with Amber Nightingale Sultane focused on strategy for moving forward with the AARP Age friendly community application.
- g. Supportive Services and Housing (Erica Wood):  
Met on March 29<sup>th</sup> and completed the handyman brochure. It was distributed at the April 9th home show. The committee is continuing to discuss outreach to the realtor community and Arlington Independent Media.
- h. Transportation (Cragg Hines):  
Plan on meeting with the transportation authority in Arlington for a tour on June 21 or 28<sup>th</sup>. Committee is looking for projects to address social isolation. They are looking to discuss dangers at specific intersections and improving safety at these intersections; sidewalk issues; and emergency preparedness for persons with a disability and wheelchair users.

### VII. Liaison Reports

- a. Alexandria Commission on Aging (Erica Wood for Mitch Opalski) :
  - The Department of Planning and Zoning presented. Brick sidewalks will no longer be allowed for any new projects outside of the historic district of Old Town, unless they are set on smooth concrete.
  - Alexandria has already done the strategic planning for the Age Friendly Community Initiative. It is called Alexandria of Our Future, a livable

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community for all Ages.

- City Manager has recommended a one cent tax rate increase up to a three cent increase. There were no reductions to services for older adults.
  
- b. Alliance for Senior Programs (Norton Beckerman):  
Each Senior Center has their own advisory committee and handles their own fundraisers. It was determined that the Alliance will now handle all fundraising and provide banking services for the senior centers.
- c. Disability Advisory Commission (Mary Ann Johnson): The meeting will be held later on today.
- d. Interchurch Community Health Initiative (Pamela Hawkins): No report.
- e. Arlington Neighborhood Village (ANV) (Patricia Sullivan): They have ample funding and are at 160 members. They are also working on recruiting more volunteers.
- f. Community Development Citizens Advisory Council (CDCAC) (Linc Cummings): Toured non-profits who support county programs. They are all doing a great job and there is enough funding this year to support almost all of them.
- g. Emergency Preparedness Advisory Commission (Valerie Crotty): No report.
- h. Long-Term Care Residences Commission (Erica Wood): Met on April 13th at Regency Care Nursing Center; heard remarks from the staff, and had a tour of the facility. Since Regency Care has taken over Potomac Genesis, it has brought up the rating on Medicare's 5 Star rating from one star to four stars.
- i. Pedestrian Advisory Committee (Jim Feaster): There are changes in the Neighborhood Conservation Program - five foot sidewalks were not approved, instead it will be the default of four foot sidewalks. This program is driven by residents and property owners.
- j. Senior Adult Council: (Vacant)
- k. Steering Committee/Older Persons (Lena Wang):  
In the last meeting, Delegate Patrick Hope gave updates on the 2016 Virginia Assembly legislation that passed. The next meeting will be May 20<sup>th</sup>.
  
- l. Transit Advisory Committee (Fran DeSilva):  
They are still in the first phase of collecting information.  
Findings:
  - Buses should come more often
  - Need more weekend service
  - Change existing bus route to improve north-south connections

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- Off-board face collection.

The advisory committee reported on the new Star policy which took effect on March 28.

- m. Arlington Advanced Care Planning Initiative (Joan McDermott):  
Approximately 50 people attended the End of Life Conversation workshop on April 9<sup>th</sup> at Marymount University. The Conversation Project was influenced by columnist Ellen Goodman.

### VIII. Old Business

No report.

### IX. New Business

No report.

### X. Announcements and Public Comment

Announcements include:

- Virginia Hospital Center's Senior Health Department's Mall walker program will move to Pentagon City Mall every Tuesday and Thursday morning. Kick off will begin on May 3<sup>rd</sup>.
- Announcement of new Community Gardens in Arlington. A community garden on Glebe and Lang Street gives people with disabilities to garden.
- Law day on May 5<sup>th</sup> 2-4:30 PM at the Courthouse
- Book event "Disrupt Aging" on April 21 at 7PM at Arlington Central Library

**Next meeting – Monday, May 16, 2016 at the Carlin Senior Residences**

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