



COMMISSION ON AGING

c/o Agency on Aging, DHS

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MEETING SUMMARY

April 21, 2014

Approved at the May 19, 2014 meeting.

MEMBERS PRESENT: Lincoln Cummings, Molly Davis, Kristi Dudash, Gordon Hasenei, Thomas Kerwin, Joan McDermott, Mitchell Opalski, Andrea Walker, Lena Wang, Erica Wood, Laurie Young

MEMBERS ABSENT: Sheila Hess*, Patrick Hope, Donald Miller* * Excused

STAFF PRESENT: Maimoona Bah-Duckenfield, Glenda Blake, Aaron Kocian, Susan Lane

I. **Call to Order: 9:00 a.m.**

II. **Arlington Neighborhood Villages (ANV) – Carol Paquette, President – See PowerPoint Presentation**

- Ms. Paquette introduced other ANV board members and expressed her appreciation for their integral parts in bringing the launch of ANV to fruition. She discussed: ANV's Mission and Goals; the benefits of the hub and spoke model and how having a central office facilitates county-wide growth; villages that have formed already and their activities; examples of how the ANV can provide solutions in various settings; and next steps for ANV.

National Report on Neighborhood Villages – Candace Baldwin, Capital Impact Partners (CIP), Director of Strategy for Aging in Community – See PowerPoint Presentation

- Ms. Baldwin reviewed: the 40-plus year history of the movement; ways that CIP turns potential into progress; demographics of village members nationwide vs. US demographics; movement expansion in recent years; criticality of village to village networking for successful replication and village operations; statistics about the use of the village model; and the value of villages.

III. **Minutes Approval**

MOTION: Unanimously approved the minutes of the March 24, 2014 meeting as presented.

IV. **Chair's Report**

- A. County Board Budget Hearing: Ms. McDermott presented the four items endorsed by the CoA at the March 25 budget hearing: Wi-Fi for the Lee and Madison senior centers, a one-time \$30,000 for ANV to hire an executive director, an automatic door-opener on at least one bathroom at each senior center, and endorsement of the ART and STAR fare increases.
- B. CoA/LTCRC Joint Meeting: Eleven CoA members attended the meeting. Each commission learned more about the other and started thinking about further collaboration.
- C. Letter from Culpepper Garden Advisory Board: The letter from Ms. Susan Philp, Board Chair, thanked the County Board for the additional funding granted last year over a three year period and the CoA for its support of this funding.
- D. March Public Hearing: Ms. McDermott referred to the hardcopy of the public hearing summary. Also commented it is a good reference on core services and is available online.

The Arlington Commission on Aging, a body of residents experienced in matters concerning older people, advises the Arlington Agency on Aging and the Arlington County Board on aging issues.

- E. New Committee and Liaison Lists: The CoA had liaisons to the Disabilities Advisory Commission and the Pedestrian Advisory Committee. If interested, contact Ms. McDermott.
- F. Breakfast with Libby Garvey: Ms. Garvey invited commissions she supports as a County Board liaison to a morning breakfast to discuss the FY15 budget and other topics. The breakfast was at the same time as the CoA meeting. Regrets were sent.

V. Director/Staff Report

- A. Maimoona Bah-Duckenfield:
 - Older Americans Month is in May. This year's theme is "Safe Today, Healthy Tomorrow," and is focused on fall prevention. Ms. Young will help to promote theme on CoA Facebook page. Several ADSD programs help reduce falls.
 - Ms. Bah-Duckenfield introduced Davis Baird, a Personal Advocate who is volunteering at the Agency on Aging for a few months while he applies to graduate school in Gerontology.
- B. Aaron Kocian:
 - The County Board plans to adopt the FY 2015 budget at their April 22nd meeting.
- C. Glenda Blake:
 - For the FY 2015 budget, merit raises will remain with some cuts to positions and a reinstatement of a hiring slow-down.

VI. Committee Reports

- Budget (Mitch Opalski): The process for the FY 2015 budget is complete. Ms. McDermott testified and the CoA letter to the County Board was delivered.
- Legislative (Joan McDermott): There is still no budget due to Medicaid Expansion. For the NVAN platform, the Financial Exploitation civil penalties bill passed both houses. No-excuse absentee voting did not pass. The Krupicka joint resolution on villages was tabled; the Department for Aging and Rehabilitative Services will provide support to villages. With no budget yet, funding for the Area Agency on Aging, Medicaid Expansion, and Guardianship is unknown. Delegate Hope's Long-Term Care workforce study was tabled. RAFT's additional \$100,000 request for mental health was not in either budget. Commonwealth Coordinated Care, a program to coordinate care for Medicare/Medicaid Dual-Eligibles, will begin here on May 1. The Virginia Senate is recommending Market Place Virginia to expand Medicaid. If a budget is not approved by June 30, the state government will shut down.
- Membership (Linc Cummings): Welcomed newest member Cragg Hines. Some terms on the CoA are ending in September, applications are being accepted. Interviews will occur in June, for submission to the County Board in August, with appointments in September to start in October.
- Public Information and Outreach (Gordon Hasenei): The Speakers Bureau flyer has helped to increase outreach requests. Presentation numbers are up from last year. The committee started work on a PowerPoint presentation to encompass ADSD services, OSAP services, and Long-Term Care resources, coordinating with the Long-Term Care Residences Commission to avoid duplication.
- New Media (Laurie Young): Ms. Young posted a photo on the CoA's Facebook page of Ms. Paquette and Ms. Baldwin presenting. On April 5, she posted a photo of ANV board members opening the office, which has been seen by 51 people so far. There is an average of two posts per week. The page's "likes" are at 197.
- Senior Centers (Tom Kerwin): The Aurora Hills report was distributed. Recommendations include: replacing flooring with tripping hazard issues, adding signage to help people find the senior center, and abatement of extremely limited parking. Funding of \$1.46 million is in the Capital Improvement Plan (CIP) for improvements at Aurora Hills in FY 2016. There is an attempt

underway to get this moved up to FY 2015.

- Supportive Services and Housing (Erica Wood): Steve Gurney from Guide to Retirement Living will share ideas on aging in place with the committee at their April meeting. He has agreed to post the committee's "Seven Steps for Aging in Place." Ms. Wood thanked Mary Lee Byrd and Sheena Jaffer for their hard work and noted that they are great examples of non-commission members doing CoA work via committees. Ms. Walker noted that the Assistive Technology (AT) subcommittee is working on their suitcase to take out for presentations.

VII. Liaison/Meetings Reports

- Alexandria Commission on Aging (Linc Cummings): After discussing budget reductions, each member spoke with a member of the City Council about concerns.
- Arlington Interfaith Council (Molly Davis): Dr. Davis will attend her first meeting on April 21.
- Arlington Neighborhood Villages (ANV) (Andrea Walker): While the MoA with DPR/OSAP is under consideration, ANV cannot advertise any of the advantages they hope it to bring. The CoA is invited to ANV's official opening on May 6 at Rural Electric from 6-8 p.m. Please RSVP directly to ANV.
- Community Development Citizens Advisory Council (CDCAC) (Linc Cummings): In March, they had a bus tour of six affordable housing properties supported by CDCAC grants.
- Emergency Preparedness Advisory Commission (Kristi Dudash): At the April meeting they will have a hazardous materials overview and discuss the issue of being unable to reach 911 during power outages.
- Long-Term Care Residences Commission: (Lynnwood Sinnamon)The April meeting was at Manor Care nursing home. Manor Care would like to get more community involvement. Commission Chair, Tom Fonseca, sent a letter to County Board Liaison, Libby Garvey, and DHS staff expressing the commission's concerns about Cherrydale's failure to follow regulations in reporting Norovirus outbreaks.
- Senior Adult Council (Andrea Walker): As a new travel director was hired, the council wants the overnight travel program reinstated. They are discussing the Sunset Swing and a 55+ Fitness Day.
- Steering Committee (Lena Wang): The May 16 meeting program will be about Medicaid and the Medicaid Waiver program.
- Transit Advisory Committee (Fran DeSilva): Discussed increases in the Metro budget at the April meeting. A presentation on the Columbia Pike Streetcar Return Investment Study was given. The next meeting will discuss more on the street car project.
- Vertical Village (Molly Davis): Dr. Davis is working on the final report to the county, as county funding is ending. There is a team working on sustainability strategies and additional funding opportunities through Volunteers of America. The program is expected to continue.

VIII. Old Business: None.

IX. New Business:

Three items were introduced for discussion on the new charter format required by the County Board. The Commissioners had to vote whether to change to the County Board's recommended charter language or submit their new charter keeping what is in the CoA bylaws. These items were:

1. Term Length under Membership pg. 2, 4th paragraph: The new county charter suggests: "Members will be appointed for two-year terms, and with reappointment, shall be permitted to serve no more than six (6) consecutive years (unless term limits directed by the State)." The Commission discussed whether to adopt the suggested terms or to stay with their bylaws, which state: "Each Commission member shall serve a three-year term, and may be

reappointed by the County Board to a second consecutive three-year term.” **MOTION:** The motion was made, seconded and unanimously approved to submit their updated charter with term lengths as in their current bylaws.

2. Election or Nomination of Chair under Chair, Vice Chair and Committees pg. 3, 1st paragraph: The new county charter suggests: “The County Board shall appoint a Chair or the Group shall forward a nomination to the Board who shall serve as Chair to lead the efforts of the Advisory Group.” The Commission discussed whether to adopt the suggested procedure or to request keeping their current system of electing their own officers as their bylaws state: “The Chair shall be elected at the October meeting from among the Commission membership. The Chair shall serve for a one-year term. No member shall serve more than three consecutive one-year terms as Chair. The Vice-Chair shall be elected at the October meeting from among the Commission membership. The Vice- Chair shall serve for a one-year term. No member shall serve more than three consecutive one-year terms as Vice-Chair.” **MOTION:** The motion was made, seconded and approved by a vote of nine (9) for and one (1) against to keep the election of officers as in their current bylaws.
3. Meeting Attendance under Membership pg. 3, 3rd Paragraph: The new county charter suggests “A member of the Commission who fails to attend three (3) meetings in a single year without providing advance notice to the Chair, or staff, may be asked to resign his or her remaining term on the Commission. The Commission Chair, after consultation with the County Board liaison, shall notify the member if such an action is warranted.” The Commission’s current bylaws state “A member of the Commission who fails to attend two (2) consecutive meetings of the Commission without having notified in advance the Commission Chair, or Agency staff, of a legitimate reason for the absence will forfeit his or her remaining term on the Commission. The Commission Chair shall notify the member concerned and the County Board of the forfeiture of the member’s term.” There was an extended discussion. **MOTION:** The motion was made, seconded and approved by a vote of five (5) for and four (4) against to submit their updated charter with the new county charter suggested language. Then there was a motion to reconsider this vote. **MOTION:** The motion was made, seconded, and approved with six (6) for, (one) 1 against, and one (1) abstention to reconsider the previous vote on the meeting attendance wording to submit in the updated charter. After further discussion, the motion to go with the new county charter suggested language was voted on again. **MOTION:** The motion was made, seconded and disapproved by a vote of three (3) for, four (4) against, and one (1) abstention to submit their updated charter with the new county charter suggested language. Therefore, the updated charter will be submitted with the language for unexcused absences as in the current CoA bylaws.

X. Announcements and Public Comment

- Ms. Wood noted that her voting precinct was not prepared for curbside voting. She wrote to the voter registrar, who responded that she will get the issue resolved. Ms. Wood asked if this is an issue the CoA wants to pursue. Ms. McDermott suggested that it be raised under New Business at the May meeting.

The meeting was adjourned at 11:20 a.m.