

DID YOU KNOW?

Opioids are most commonly prescribed to teens following sports injuries or wisdom tooth surgeries.

70%

of opioids prescribed after surgery go unused.

Every **10 minutes** a child visits the ER for medication poisoning.

20-25%

of teens report taking prescription meds from family without permission

71.5% of teenagers using prescription opioids take them for an unintended purpose

90%

of addictions start in teen years

75% of individuals who misuse opioids started by taking prescribed medications

Safe opioid use

- Ask doctor questions and for any alternatives
- Take only as prescribed
- Store out of reach of children - free lock boxes available (lockandtalk.org)
- Dispose any unused at permanent drop boxes in Arlington



Ask your doctor:

- **What are the side effects?**
- **When can I/my child switch to over the counter pain relievers?**
- **How can I recognize signs of misuse?**

Learn more at www.onearlington.org