

EARLY PREVENTION AND PARENT EDUCATION

PROGRAM MISSION

To prevent family distress, dysfunction, violence, and out-of-home placements of children by providing coordinated and effective educational opportunities for parents.

The following are the programs in this area.

- **Parent Education** promotes appropriate practices for parents that result in healthy children and families, by providing parenting classes primarily to at-risk families, providing community education, online parent and public education, and participating in initiatives to strengthen and support Arlington families.
- **Project Family** strengthens families by enhancing the parenting skills of parents/caregivers from pre-birth up to age five. Parents come with their children to the classes. Project Family optimizes the children's growth, development, and health education, helps children develop skills and knowledge for school readiness, and makes the proper referrals to appropriate community resources Project Family is a partnership with the League of Latin American Citizens (LULAC) Council 4606.

PROGRAM FINANCIAL SUMMARY

	FY 2007 Actual	FY 2008 Revised	FY 2009 Proposed	% Change '08 to '09
Personnel	\$164,735	\$174,919	\$195,679	12%
Non-Personnel	191,781	216,964	214,521	-1%
Total Expenditures	356,516	391,883	410,200	5%
State Share	116,149	77,916	77,916	-
Total Revenues	116,149	77,916	77,916	-
Net Tax Support	\$240,367	\$313,967	\$332,284	6%
Permanent FTEs	3.0	2.0	2.0	
Temporary FTEs	-	-	-	
Total Authorized FTEs	3.0	2.0	2.0	

Financial Details by Program

	FY 2007 Actual	FY 2008 Revised	FY 2009 Proposed	% Change '08 to '09
Parent Education	\$134,776	\$158,833	\$177,016	11%
Project Family	221,740	233,050	233,184	-
Total Expenditures	356,516	391,883	410,200	5%
Total Revenues	116,149	77,916	77,916	-
Net Tax Support	\$240,367	\$313,967	\$332,284	6%

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SIGNIFICANT BUDGET HIGHLIGHTS

- ↑ Personnel expenditures include normal salary increases, an increase in employer retirement contributions to maintain full funding of the retirement fund, and a ten percent increase in employer health insurance rates. In addition, an entry-level employee left this program and one of the positions is now filled by an employee who is paid at a significantly higher step.

PERFORMANCE MEASURES

Parent Education

Critical Measures	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate	FY 2009 Estimate	FY 2009 Target
Percentage of families with no repeat instances of child abuse or neglect within one year of completing the program	97%	97%	100%	100%	98%	100%	100%
Percentage of group participants who report or demonstrate attempts to increase family and personal safety	100%	100%	100%	100%	100%	100%	100%

Supporting Measures	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate	FY 2009 Estimate	FY 2009 Target
Percentage of participants showing improved parenting skills after assessment	89%	96%	86%	85%	90%	90%	90%
Percentage of parents who reported family relations may improve since receiving services	92%	89%	85%	73%	90%	90%	90%
Percentage of parents who rated the classes as excellent or very good	90%	90%	92%	95%	93%	95%	95%
Number of participants participating in programs developed by Coordinator	193	176	215	339	215	250	250
Number of participants completing all programs	165	140	182	264	185	185	185
Percentage of group participants who report or demonstrate understanding of the impact of violence on their children	100%	100%	100%	100%	100%	100%	100%
Percentage of parents who reported that the classes taught them helpful parenting skills	99%	99%	98%	100%	99%	99%	100%

- The percentage of families with no repeat instances of child abuse or neglect within one year of completing the program includes findings of abuse and neglect as well as family assessments.
- For the percentage of group participants who report or demonstrate understanding of the impact of violence on their children, the outcome is based on those participants who attended five or more group sessions.
- For the percentage of group participants who report or demonstrate attempts to increase family and personal safety, the outcome is based on those participants who attended five or more sessions.
- The number of participants in programs developed by the Coordinator includes participants in prevention and intervention based classes and workshops.

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Project Family

Supporting Measures	FY 2004 Actual	FY 2005 Actual	FY 2006 Actual	FY 2007 Actual	FY 2008 Estimate	FY 2009 Estimate	FY 2009 Target
Percentage of mothers in prenatal classes who demonstrated knowledge of prenatal class content	96%	98%	95%	96%	95%	95%	98%
Number of parents who attend 11 or more classes	120	145	150	152	140	100	140
Total number of class sessions offered	572	640	695	520	450	400	400
Number of families referred to community services	190	180	158	125	120	100	100
Percentage of families referred to community services	50%	43%	40%	40%	40%	40%	40%
Number of mothers in prenatal classes who demonstrated knowledge of prenatal class content	152	152	134	120	120	120	130
Number of families who completed a prenatal class or at least 4 infant or early childhood classes	380	420	396	370	350	300	370
Number of children meeting 70 percent or more of age appropriate developmental milestones	N/A	N/A	N/A	266	250	206	266
Percentage of children meeting 70 percent or more of age appropriate developmental milestones	N/A	N/A	N/A	86%	83%	83%	86%
Number of parents/caregivers meeting 70% or more of parenting objectives	N/A	N/A	N/A	196	166	166	196
Percentage of parents/caregivers meeting 70 percent or more of parenting objectives	N/A	N/A	N/A	82%	82%	82%	84%

- Project Family is a voluntary program for parents or caregivers. Consistent attendance (participation in 11 sessions or more) is an indication of customer satisfaction. Parents or caregivers are limited to attend two classes a week.
- The closing of Arlington Mill for renovation may decrease the number of classes, families, and parents served in FY 2009. Project Family has seven out of thirteen classes a week at Arlington Mill.
- Project Family continues to fine tune and adapt the in-depth evaluations tools: "The Record of Developmental Milestones for children 0-5 years" checklist and the "Parent/caregiver Evaluation" checklist.