

EARLY PREVENTION AND PARENT EDUCATION

PROGRAM MISSION

To prevent family distress, dysfunction, violence, and out-of-home placements of children by providing coordinated and effective educational opportunities for parents.

The following are the programs in this area.

- **Parent Education** promotes appropriate practices for parents that result in healthy children and families, by providing parenting classes primarily to at-risk families, providing community education, and participating in initiatives to strengthen and support Arlington families.
- **Project Family** strengthens families by enhancing the parenting skills of language minority parents of infants and children up to age five and helping children develop skills and knowledge for school readiness. Services are provided through a partnership with the League of United Latin American Citizens (LULAC) Council 4606. The program is for families from pregnancy through the child's first five years of life, with an emphasis on Spanish-speaking and at-risk families.

PROGRAM FINANCIAL SUMMARY

	FY 2005 Actual	FY 2006 Adopted	FY 2007 Proposed	% Change '06 to '07
Personnel	\$129,790	\$140,949	\$215,992	53%
Non-Personnel	216,998	238,552	241,394	1%
<b>Total Expenditures</b>	<b>346,788</b>	<b>379,501</b>	<b>457,386</b>	<b>21%</b>
State Share	103,575	127,916	127,916	-
<b>Total Revenues</b>	<b>103,575</b>	<b>127,916</b>	<b>127,916</b>	<b>-</b>
<b>Net Tax Support</b>	<b>\$243,213</b>	<b>\$251,585</b>	<b>\$329,470</b>	<b>31%</b>
Authorized FTEs	2.0	2.0	3.0	
Funded FTEs	2.0	2.0	3.0	

Financial Details by Program

	FY 2005 Actual	FY 2006 Adopted	FY 2007 Proposed	% Change '06 to '07
Parent Education	\$130,069	\$151,543	\$221,385	46%
Project Family	216,719	227,958	236,001	4%
<b>Total Expenditures</b>	<b>346,788</b>	<b>379,501</b>	<b>457,386</b>	<b>21%</b>
Total Revenues	103,575	127,916	127,916	-
<b>Net Tax Support</b>	<b>\$243,213</b>	<b>\$251,585</b>	<b>\$329,470</b>	<b>31%</b>

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SIGNIFICANT BUDGET HIGHLIGHTS

- ↑ Personnel and FTE increases due to reallocation of Human Services Aide position (1.0 FTE) from the CSA program to the Parent Education program. Personnel expenses also reflect a two percent market pay line adjustment, a 10% increase in employer health insurance costs, and an increase in employer retirement contributions to maintain full funding of the retirement fund.

PERFORMANCE MEASURES

Parent Education

	FY 2002 Actual	FY 2003 Actual	FY 2004 Actual	FY 2005 Actual	FY 2006 Estimate	FY 2007 Estimate	FY 2007 Goal
Percentage of families with no repeat instances of child abuse or neglect within one year of completing the program	99%	95%	97%	97%	97%	97%	98%
Number of families showing improved parenting skills after assessment	143	139	164	129	120	125	125
Percentage of participants showing improved parenting skills after assessment	80%	86%	89%	96%	89%	92%	92%
Percentage of group participants who report or demonstrate understanding of the impact of violence on their children	N/A	100%	100%	100%	100%	100%	100%
Percentage of group participants who report or demonstrate attempts to increase family and personal safety	N/A	100%	100%	100%	100%	100%	100%
Percentage of parents who reported that the classes taught them helpful parenting skills	N/A	N/A	99%	99%	98%	98%	99%
Percentage of parents who reported improved family relations since taking classes	N/A	N/A	92%	89%	91%	91%	93%
Percentage of parents who rated the classes as excellent or very good	N/A	N/A	90%	90%	91%	91%	93%
Number of participants participating in programs developed by Coordinator	223	166	193	176	185	185	190
Number of participants completing all programs	140	140	165	140	148	154	162
Number of participants in programs supported by Coordinator	91	192	78	85	85	87	88

- The percentage of families with no repeat instances of child abuse or neglect within one year of completing the program includes findings of abuse and neglect as well as family assessments.
- For the number of families showing improved parenting skills after assessment, the outcome is based on 129 participants who took both a pre- and post-test. The FY 2006 estimate was revised based on fewer participants in the program.
- For the percentage of group participants who report or demonstrate understanding of the impact of violence on their children, the outcome is based on those participants who attended 5 or more group sessions.
- For the percentage of group participants who report or demonstrate attempts to increase family and personal safety, the outcome is based on those participants who attended 5 or more sessions.

**EARLY PREVENTION AND PARENT EDUCATION**

- For percentage of parents who reported improved family relations since taking classes, the lowered outcome for FY 2005 reflects service to the most difficult and serious family situations that require longer term intervention.
- The number of participants in programs developed by the Coordinator decreased due to vacancy of a half-time parent coordinator position for most of FY 2005 and extended leave for a new half-time parent coordinator in FY 2006.
- The decrease in the number of participants completing parent education is due to their extreme crisis creating their inability to commit to program completion.
- The number of participants in programs supported by the Coordinator includes participants in domestic violence support group plus three school based parent workshops.

**Project Family**

	FY 2002 Actual	FY 2003 Actual	FY 2004 Actual	FY 2005 Actual	FY 2006 Estimate	FY 2007 Estimate	FY 2007 Goal
Number of children reaching at least one age-appropriate developmental milestone	400	400	213	192	190	190	190
Number of children meeting all developmental milestones using the "Record of Developmental Milestones Evaluation Tool "	N/A	N/A	92	82	80	90	90
Number of parents who met all observable parenting objectives in infant or early childhood classes	N/A	253	69	104	104	104	109
Number of mothers in prenatal classes who demonstrated knowledge of prenatal class content	150	120	152	152	150	150	150
Percentage of mothers in prenatal classes who demonstrated knowledge of prenatal class content	90%	89%	96%	98%	96%	96%	98%
Number of parents surveyed who report that the program enhances their effectiveness as parents	N/A	N/A	364	380	350	350	360
Number of parents who attend 11 or more classes	N/A	N/A	120	145	130	130	145
Total number of class sessions offered	500	498	572	640	640	600	640
Number of families who completed a prenatal class or at least 4 infant or early childhood classes	N/A	356	380	420	350	350	400
Number of families referred to community services	250	181	190	180	175	175	180
Percentage of families referred to community services	42%	51%	50%	43%	40%	40%	40%

- The number of children reaching at least one age-appropriate developmental milestone reflects the number of children meeting 70% or more age appropriate developmental milestone.